

Total Defence (TD) Puzzle

List of 52 Actions

Dated 2 Mar 2020

| Military Defence | | | |
|--|---|--|--|
|  <p>Show appreciation and respect for military personnel in uniform when one encounters them</p> |  <p>Project a positive image of the SAF as a disciplined and credible national institution</p> |  <p>Keep fit and be operationally ready at all times</p> | |
|  <p>Take training seriously</p> |  <p>Support and encourage loved ones who are serving National Service</p> |  <p>Train hard for the Individual Physical Proficiency Test (IPPT)</p> |  <p>National Servicemen must be committed to serving the nation, take their training seriously and be operationally ready at all times.</p> |
|  <p>SAF Regulars and National Servicemen must be committed to safeguarding our land, sea and air security and keeping Singapore safe, strong and sovereign.</p> | | | |
| Civil Defence | | | |
|  <p>Learn Emergency Preparedness skills (e.g., firefighting)</p> |  <p>Be trained in life-saving skills like First Aid to help others in need</p> |  <p>Be vigilant and look out for suspicious persons or activities</p> | |

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| <p>Donate blood so that we have an adequate supply for national emergencies</p> | <p>Be trained in life-saving skills like CPR-AED to help others in need</p> | <p>Report suspicious persons or activities to the authorities</p> | <p>Be active first responders in times of emergency</p> |
| <p>Provide assistance to those in need in an emergency</p> | <p>Promote cybersecurity awareness and media literacy</p> | <p>Stay vigilant against public threats and report suspicious people and activities to the security forces.</p> | |

Economic Defence

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|---|---|--|--|
| <p>Embrace lifelong learning and acquire new skills for adaptability</p> | <p>Practice good cyber-security habits (e.g., securing our internet-connected devices and networks)</p> | <p>Save for a rainy day and invest wisely</p> | <p>Conserve water and adopt environmentally-friendly practices</p> |
| <p>Prepare for business continuity in the event of a national emergency</p> | <p>Embrace industry transformation and new technologies for productivity and expansion</p> | <p>Businesses need to be prepared and put in place measures that can help them deal with economic disruptions and restructure in a complex and uncertain economic environment.</p> | <p>Work with unions, trade associations and chambers and the Government to explore new opportunities for growth, deepened skills training and strong digital capabilities.</p> |
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Be digitally ready and use technology to improve efficiency while managing challenges from a shrinking workforce.

Embrace and leverage technology to improve efficiency.

Social Defence



Engage in volunteer work to help the needy and underprivileged



Appreciate and participate in the traditions and cultures of other races



Befriend people of different ethnicities, faiths, beliefs and practices



Build strong bonds with fellow citizens over common Singaporean experiences



Actively help those who need assistance



Have a meal and bond with friends of different races



Build strong bonds with fellow citizens over activities



Bond with friends and neighbours over Singapore's local fare.



Make friends with people of different ethnicities, faiths and beliefs, and participate in activities together (e.g. games, sports, bird watching etc). Bond with neighbours through games and activities at our common spaces (e.g. playgrounds, void decks).



Helping one another regardless of race, religion or self-interest (e.g. helping a lost child find her parents, proactively offer help to the injured)

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Digital Defence



Strengthen digital readiness among Singaporeans. Equip everyone, including the less digitally savvy, with access to technology, as well as the skills, motivation, and confidence needed to use that technology meaningfully and safely. Make digital literacy a part of everyday life, equip people with basic digital skills and know-how for everyday activities.



Practice good cyber hygiene such as using anti-virus software and good strong passwords, enabling two-factor authentication, looking out for signs of phishing, keeping software updated to better protect personal information and social media accounts so as to prevent cybercrime and the manipulation of digital identities.



Attend courses and workshops to equip ourselves with basic digital skills and know-how for everyday activities.



If you come across inaccurate information, report them and point them out to those who might have spread the inaccurate information unknowingly.



Use social media discerningly and responsibly to prevent and reduce the spread of deliberate online falsehoods, e.g. fact-check with official sources when encountering questionable information.



Stand up against deliberate online falsehoods that undermine Singapore's interests.

Psychological Defence



Take personal pride in being Singaporean.



Understand our history and the principles that have helped Singapore succeed.



Pledge to stay united and keep Singapore strong and special.

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|  <p>Verify information read online and speak up against mistruths.</p> |  <p>Stay informed and updated on current affairs concerning Singapore via reliable sources.</p> |  <p>Participate in activities (e.g. sports) that promote shared understanding and a sense of belonging amongst Singaporeans.</p> |  <p>Support and cheer for Singapore and fellow Singaporeans.</p> |
|  <p>Be proud of our national accomplishments (e.g. academic success, technical expertise, sporting or artistic achievements).</p> |  <p>Take personal pride in being Singaporean. Greet and know our neighbours better.</p> | | |