



# **ACCORD Achievement Report for 2022 - 2024**

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# ACCORD Planning Retreat 2022

ACCORD members came together on 13 October 2022 and discussed initiatives to kickstart the two-year term. At the retreat, members brainstormed initiatives to address four focus areas: (1) Total Defence - Getting Singaporeans to take action (Will to Act); (2) Increasing Women's Support and Playing a Role in Defence; (3) Increasing Pre-enlistees' physical fitness and psychological resilience (Will to Fight); and (4) Increasing Support for NS from Pre-enlistees, NSF's and Families.

The top voted initiatives for each focus area and their status updates are as follows:

**TOTAL DEFENCE**  
GETTING SINGAPOREANS TO TAKE ACTION (WILL TO ACT)

**ACCORD**  
Advisory Council on Community Relations in Defence

**TOP IDEAS:**

**1 HAVE KIDS PLAY ENERGY/FOOD SAVING GAMES IN SCHOOL**

CREATES A SENSE OF REALITY & HELPS KIDS RELATE BETTER TO HOW PEOPLE SURVIVED

**2 ORGANISE "DILEMMAS" DISCUSSIONS AMONG UNI STUDENTS & PROPOSE ACTIONS/ SOLUTIONS**

TO SHIFT MINDSETS! & BUILD CRITICAL THINKING IN STUDENTS

DEFENCE IS PART OF OUR LIVES - WHY NOT HAVE KIDS WRITE ABOUT IT?

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**CREATE PODCASTS**  
ON THE DIFFERENT ELEMENTS THAT MAKE UP TOTAL DEFENCE

**HAVE A GAME WITH PINK MESSAGES TO SURVIVE HOW ONE GETS INFLUENCED**

**EXPERIENTIAL EVENTS** LIKE AN **ESCAPE ROOM** TO EXPLORE A SOFTER APPROACH TO SHARE TD VALUES

**ORGANISE DILEMMA DISCUSSIONS** AMONG UNIVERSITY STUDENTS.

**START MAKING NON-OBVIOUS TD RELEVANT TO SINGAPOREANS** E.G. FOOD SECURITY

**EXPERIENTIAL GAMES**

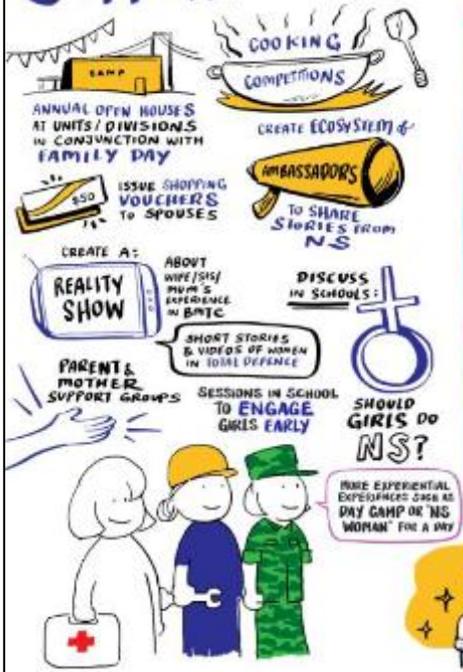
FOOD & WATER SECURITY

EMERGENCY PREPAREDNESS

**TD GOSPLAY COMPETITION** TO SIMULATE CRISIS SITUATION

**INCLUDE ISSUES LIKE FOOD SECURITY** INTO SCHOOL CURRICULUM & HIGHLIGHT BROADER ISSUES SUCH AS **SUSTAINABILITY** THAT RESONATES

# INCREASE Women's SUPPORT & PLAY A ROLE IN DEFENCE

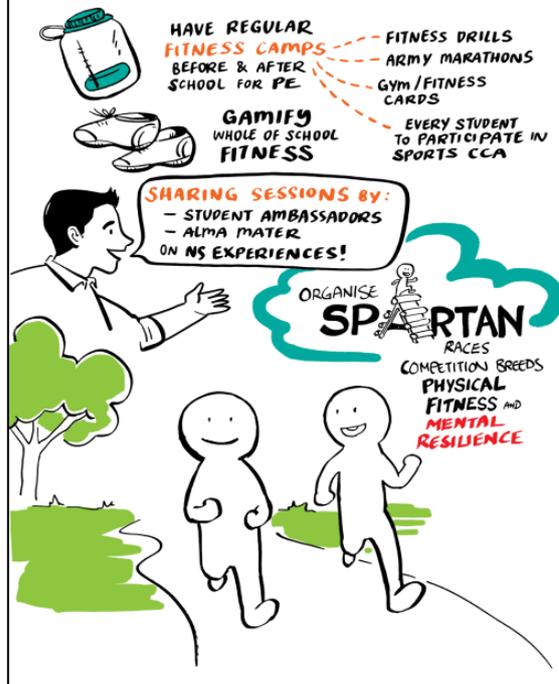


## TOP IDEAS:

- 1 COOKING COMPETITION BY NSF's FOR THEIR MOTHERS**  
WE NEED EMOTIONAL CONNECTION TO IMPROVE VALUES, KNOWLEDGE & EXPERIENCES
- 2 BMTIC REALITY SHOW ABOUT WIFE /SISIER/ MOTHER'S EXPERIENCES**  
TO HELP BRIDGE DIFFERENCES  
BROADEN THE DEFINITION OF TOTAL DEFENCE & PROFILE WOMEN IN OTHER PILLARS
- 3 SUPPORTIVE WOMEN'S AWARDS "NS SHEROS"**  
TO HIGHLIGHT WOMEN AS ROLE MODELS OTHER WOMEN CAN FOLLOW
- 4 SHOPPING VOUCHERS FOR WOMEN**  
THE WHOLE FAMILY GETS TO BE PART OF THINGS TOGETHER!

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# INCREASE PRE-ENLISTEES' PHYSICAL FITNESS & PSYCHOLOGICAL RESILIENCE (WILL TO FIGHT)



## TOP IDEAS:

- 1 ORGANISE INTERSCHOOL SPARTAN COMPETITION**  
MORE PEER MOTIVATION TO STAY FIT  
SHIFT MINDSET TO THINKING WHAT'S GOOD FOR THE UNIT, TEAM, COUNTRY
- 2 PE APP TO TRACK FITNESS LEVELS**  
FITNESS STANDARD CHECKLIST FOR PRE-ENLISTEES
- 3 GAMIFY PRE-ENLISTMENT**  
BUILD CAMP TRAINING INTO THE SCHOOL CURRICULUM  
BUILD GRIT & RESILIENCE BY TRAINING PEOPLE TO LOOK AT THE WORLD IN A CERTAIN WAY

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# INCREASE SUPPORT FOR NS

FROM PRE-ENLISTEES, NSF<sub>s</sub> & FAMILIES



## TOP IDEAS:

1 **PODCAST/ VIDEO SERIES OF THE EVERYDAY NSMAN STORIES**



2 **SOCIAL MEDIA AMBASSADORS SHARE NS EXPERIENCES**



3 **GRASSROOTS/ NEIGHBOURHOOD SEND-OFF PARTIES**



Focus Areas	Top Ideas	Status Updates
(1) Total Defence - Getting Singaporeans to take actions (Will to Act)	Organise Dilemmas Discussion among Uni Students and Propose Actions/Solutions	<b>Completed.</b> Dilemma discussions were woven into the TD Table Top Exercises for all IHLs and the Unis would explore including dilemma discussions in the "Singapore: Imagining the Next 50 Years" module.
	Have kids play energy/food saving games in schools	<b>Completed.</b> Over 352 MOE Schools and nine Institutes of Higher Learning took part in Exercise SG Ready where disruptions of power, food supply, water, cyber as well as evacuation drills are simulated.
(2) Increase Women's Support and Play a Role in Defence	Cooking Competition by NSF's for their Mothers	<b>Completed.</b> SAFRA leveraged on Mother's Day 2023 to encourage our national servicemen to prepare a meal for their mothers/spouse to show appreciation and recognition of women's support for NS.
	BMTC Reality Show about Wife/Sister/ Mother's Experiences	<b>Completed.</b> Through WBC23, we leveraged on social media influencers to create content and share their experiences of the boot camp on their own socials. We will continue to engage women through the next WBC.
	Supportive Women's Awards "NS SHERos"	<b>Completed.</b> The refreshed TDA will now include individual awards to recognise exemplary individuals, including women and all support pillars, who have supported NS and TD.
	Shopping Vouchers for Women	<b>Closed.</b> The WG explored the suggestion to extend WSNS campaign benefits to NSmen's support pillars with vendors. However, the expansion should dilute the focus on recognition for NSmen.

Focus Areas	Top Ideas	Status Updates
(3) Increase Pre-enlistees' physical fitness and psychological resilience (Will to Fight)	Organise Interschool Spartan Competition	<b>Closed.</b> All Polys, ITEs have POL-ITE sports competitions while MOE schools conduct their respective sports competitions. It is assessed that no additional sport competition is required.
	PE APP to Track Fitness Levels	<b>Closed.</b> There is no existing fitness app that could be leveraged on to track fitness specifically for pre-enlistees.
	Gamify Pre-enlistment	<b>Closed.</b> The suggestion has been relayed to NSPD and Army for their consideration.
(4) Increase Support for NS from Pre-enlistees, NSFs and Families	Podcasts/Video Series of Everyday NSman stories	<b>Completed.</b> So Drama! Entertainment produced the Total Defence Award broad-based support video highlighting community support for NS. SAFRA amplified the video via their social media.
	Social Media Ambassadors share NS Experiences	<b>Completed.</b> Social media influencers from SGAG and TSL who attended WBC, posted content on their platforms sharing their experiences, engendering stronger support for NS.
	Grassroots/Neighbourhood Send-off Parties	<b>Closed.</b> The WG discussed and assessed that the current format of engaging families to send off their sons to BMTC would still be the preferred modality.

On top of the six newly implemented initiatives, the workgroups continued to work on existing initiatives to achieve ACCORD's desired outcomes of (a) strengthening community support for defence and National Service (NS); (b) enhancing support, appreciation and recognition of National Servicemen (NSmen); and (c) encouraging all Singaporeans to play their part to support defence, NS and Total Defence.

# ACCORD Councils' Key Achievements

During this two-year term,

**ACCORD Employer & Business (E&B) Council** recognised 347 business partners for supporting NS and NSmen at the Total Defence Awards Dinner 2022 and 2023. The council also engaged businesses, reaching approximately 57,000 NSmen through Trade Associations & Chambers (TACs) to strengthen support for NS. To increase recognition of transferable skills acquired during NS and enhance support for the professional development of NSmen, the council established two inaugural skills-based Memorandums of Understanding (MOUs) to offer concessionary rates for NSmen and NS Mark (Gold) companies to upskill, reskill and promote life-long learning.

**ACCORD Family & Community (F&C) Council** engaged over 1,000 Singaporean families through Pre-NS Talks. The council also expanded efforts to increase support for NS abroad, engaging over 2,000 pre-enlistees and their loved ones both in Singapore and 14 overseas countries through virtual visits to the Basic Military Training Centre. The outreach to increase the community and women's support for NS and advocacy for NS and TD nearly doubled. Initiatives like We Support NS Campaign saw an increase from 285 to 572 participating merchants, while the Defence Immersion Programme for Women attracted 222 participants in 2023.

**ACCORD Educational Institutions (EI) Council** prepared over 11,500 pre-enlistees (in Foreign System Schools and Privately Funded Institutions, as well as in all MOE Schools, ITE and Polys) for NS through conducting NS Info Sharing Sessions. The Council also engaged more than 13,000 students in the Institutes of Higher Learning to play their part for TD by taking part in Table-Top Exercises. The council also engaged over 3,000 post-NS youths to strengthen their commitment to Singapore and encouraged them to play their part for TD through related programmes driven by the universities and National Youth Council Youth Leadership.

**Total Defence 40** also saw a strong participation from ACCORD significantly contributing to the success of the inaugural Ex SG Ready Total Defence Exercise and TD40 Convention.

# ACCORD

## KEY ACHIEVEMENTS FOR 2022 - 2024

### ACHIEVED OUTCOMES

- Strengthened community support for defence and National Service (NS).
- Enhanced support, appreciation and recognition of Operationally Ready National Servicemen.
- Encouraged Singaporeans to play their part to support defence, NS and Total Defence (TD).

### EMPLOYER & BUSINESS



**57,000**

NSmen were reached through Trade Associations & Chambers to strengthen support for NS.



**347**

Businesses were recognised for their support for NS.



**2**

Memorandums of Understanding were signed to facilitate upskilling and reskilling of NSmen.

### FAMILY & COMMUNITY



**>2,000**

Pre-enlistees and their loved ones benefitted from Virtual Visits to BMTC.



**>1,000**

Singaporean Families were engaged through Pre-NS Talks.



**From 285 to 572**

The number of merchants supporting the We Support NS campaign doubled.

### EDUCATIONAL INSTITUTIONS



**>13,000**

Students from Institutes of Higher Learning were engaged through Table-Top Exercises.



**>11,500**

Pre-enlistees in educational institutions were prepared for NS through NS Info Sharing sessions.



**>3,000**

Post-NS youths were engaged to strengthen their commitment to Singapore.

Total Defence 40 also saw a strong participation from ACCORD significantly contributing to the success of the inaugural Ex SG Ready Total Defence Exercise and TD Convention.

# Overview of ACCORD E&B Achievements

## Engaging through Trade Associations & Chambers in Strengthening Support and Advocacy for NS

**2023 SAF DAY REDEDICATION CEREMONIES**

**Zonal Combined**

354 NSmen from 228 companies

**In-House**

DSTA      SICCI

**COLLATION OF STORIES ON EMPLOYERS' SUPPORT**

**28 stories**

**Publicity Channels**

**ACCORD members & alumni**

## Recognising NS training, Skills & Supporting Professional Development of NSmen

**MEMORANDUM OF UNDERSTANDING (MOU) WITH KEY PARTNERS**

**Upskill & Reskill**

**AETOS SHRI**  
Powering Human Capital

**Learn relevant skills in Security and HR**

**SUPPORTIVE EMPLOYERS NETWORKING SESSION**

128 employers and business owners from 92 companies registered

Panelists shared on how employers can participate as stakeholders in the Defence of Singapore.

**Mr Danish Lukawski**  
Founder of DANAMIC

**Mr Charlton Ong**  
VP, People & Culture of Singtel

**Ms Christina Tin**  
MD, CTES Consulting Pte Ltd

## Commemorating Total Defence 40

**EXERCISE SG READY**

**TOTAL DEFENCE CONVENTION**

**Mr Sim Gim Guan**  
Exec Dir, SNEF

Mr Sim shared valuable insights on how employers could increase their readiness to mitigate the challenges posed by crises and disruptions.

# Details of ACCORD E&B Achievements

1. **Inaugural MOU with AETOS and SHRI.** ACCORD (Employer and Business) Council established its inaugural Memorandum of Understanding (MOU) with AETOS and Singapore Human Resource Institute (SHRI) to offer opportunities for NSmen to upskill, reskill and learn the relevant Security and HR knowledge. These skills-based collaborations are in support of life-long learning as well as to accredit our servicemen's training and skillsets in recognition of the transferable skills acquired during their NS. While these efforts support our administrative support assistants, security troopers and NSmen who are currently in the HR and security industries, opportunities are also availed to NSmen who are considering career switch. **Under the 2-year MOU, AETOS and SHRI are offering concessionary rates for selected courses, training, programme, events and services to NS Mark (Gold) accredited entities. Concessionary rates are also extended to our NSmen in recognition of their service and contributions to the nation.**



Fig.1. Inaugural MOU Signing Ceremony for ACCORD Employer & Business (E&B) Council with AETOS on 27 Oct 2023



Fig.2. Inaugural MOU Signing Ceremony for ACCORD Employer & Business (E&B) Council with SHRI on 27 Oct 2023

2. **Supportive Employers Networking Session and Dialogue Session with SMS Heng on 2 Feb 2024.** The Supportive Employers Networking & Dialogue Session was a collaboration between ACCORD (E&B) Council and the Singapore

National Employers Federation on 2 Feb 2024. The dialogue was **chaired by** Co-Chairmen of ACCORD (E&B) Council **SMS Heng and Mr Kok Ping Soon**. The dialogue was a success because it allowed for valuable sharing between the participants and TDA recipients on their perspective and support for NS. **A total of 128 participants registered for the session.**



Fig.3. Supportive Employers Networking Session and Dialogue Session with SMS Heng on 2 Feb 2024

3. **2023 SAF Day Zonal Combined Rededication Ceremony (CRC)**. SMF, SCCC, ASME and NUH organised the annual SAF Day Zonal Combined Rededication Ceremony at 4 locations on 30 Jun 2023, as part of strengthening outreach and engagement effort. Organisers were also able to invite their business partners as well as companies located in their zones to participate in CRC to commemorate SAF Day. **The CRCs are meaningful because NSmen, their employers and civilian colleagues are present when NSmen reaffirm their pledge of loyalty and dedication to Singapore and the SAF.**



Fig.4. SAF Day Zonal Combined Rededication Ceremony on 30 Jun 2023

4. **Collation of Stories on Employer Support.** Employers and NSmen were encouraged to send in submissions on how their company or superiors have supported them in fulfilling their NS commitments. A total of 52 stories were received and 28 stories were curated into a series of infographics based on 5 different themes: Advocating support for NS, Raising Awareness of NS, Recognising NS Achievements, Supportive Fitness Culture as well as Supportive Work Culture. To increase the reach of these stories and **encourage more companies to adopt these supportive initiatives, the infographics were uploaded to the Employers' website, posted on social media platform and disseminated to our TACs network, ACCORD members including E&B alumni, TDA recipients & NS Mark/ NS Mark (Gold) accredited companies.**



*Fig.5. Collation of Stories on Employer Support*

5. **Strengthening Outreach and Engagement Efforts through TACs/Businesses.** As part of E&B Council Work Group 1's outreach and engagement efforts in partnering TACs and Businesses to strengthen and advocate support for NS and Total Defence (TD), business partners and employers were invited to visit SAF Camps for Army Capabilities Visit in 2023 & 2024, IMDEX2023, SAF Day Parade 2023, TACs Networking and Fireside Chat with MOS Low Yen Ling on 21 Jul 23 as well as SCCCI SME Expo from 20 to 21 Aug 23. **ACCORD (E&B) Council will continue to widen outreach and engagement efforts to advocate support for NS and TD.**



Fig.6. (Clockwise) Employers' Visit to Army Capabilities Visit 2023, SAF Day Parade 2023, TACs Networking and Fireside Chat with MOS Low Yen Ling, SCCC SME Expo 2023, Employers' Visit to Army Capabilities Visit 2024 and IMDEX2023.

6. **Ground-up support for Exercise SG Ready.** As part of the exercise, Singapore Business Federation (SBF) spearheaded a good portion of Total Defence (TD) activities within their building from 15 to 29 Feb 24. These TD activities comprised turning off: (a) the water supply for toilets at Level 9 (Sky Garden), (b) aircon for medical and office lift lobbies at Level 9 and (c) the water feature at Level 3. Singapore National Employers Federation (SNEF) also launched an in-house phishing exercise to their staff on recognising phishing attempts and strengthening their cybersecurity awareness. **These efforts were important, not because they were part of commemoration for TD40 but because they signified a willingness to exhibit ground-up support for Total Defence and to take practical steps to increasing businesses' readiness for crises and disruptions.**

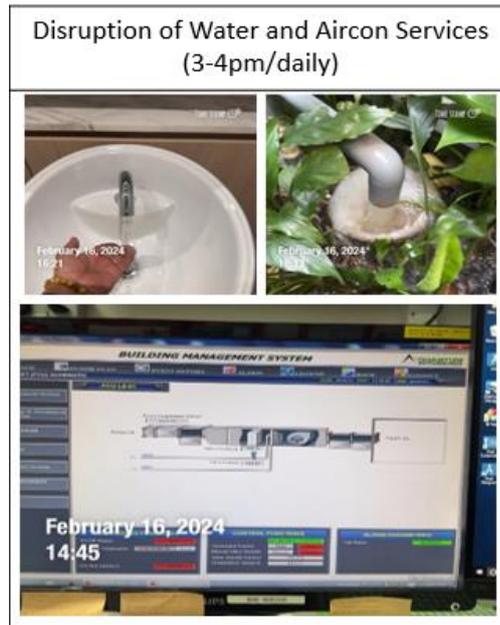


Fig.7. SBF's participation for Exercise SG Ready from 15 to 29 Feb 24

**7. Total Defence (TD) Advocacy Efforts.** In support of 40<sup>th</sup> anniversary of Total Defence (TD40) this year, Mr Sim Gim Guan (ED, SNEF) shared insights and perspectives to TD practitioners who lead TD engagement efforts. **This was invaluable as his views shed light on how employers could increase their readiness to mitigate the challenges posed by crises and disruptions. Mr Sim also shared steps that employers could take to further their own readiness and contribute to TD at the TD40 Convention held on 25 April 24 at NUS Shaw Foundation Alumni House.**



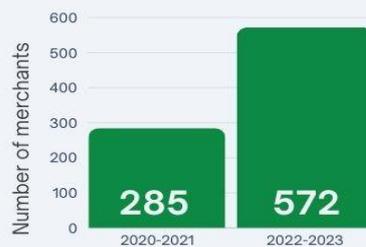
Fig.8. Mr Sim Gim Guan speaking as a panellist on how businesses can contribute to TD at TD40 Convention

# Overview of ACCORD F&C Achievements

## Engage grassroots, community and women's group on advocacy for NS and TD

### WE SUPPORT NS CAMPAIGN

100% increase in merchants, business and retailers showing support for NS.



### DEFENCE IMMERSION PROGRAMME

222 participants attended DIP in Nov-Dec 2023.



**53%** interested in volunteering



**52%** interested in pursuing a career with the SAF

## Engaging parents and pre-enlistees for NS and engendering their support NS and TD

### PRE - NS TALKS

More than 1000 pre-enlistees and their parents have been engaged



**6 Sessions**



**> 1,000 Pre-enlistees and parents**

### OUR NS FAMILY CAMP

65 participants came together to salute our NSmen and thank them for their contributions.



**65 participants**

from



**23 families**

## Support for TD40

### ADVOCACY FOR TOTAL DEFENCE

ACCORD members advocated on the importance of NS and TD during media interviews



**Mr Don Wee**  
Member, ACCORD (Main)  
MP for CCK GROs



**Ms Trina Liang**  
Co-Chair, ACCORD  
F&C Council



**Ms Zuraidah Abdullah**  
Chief Director  
Yayasan MENDAKI



**Ms Tan See Leng**  
Executive Director  
Heartware Network

### EXERCISE SG READY

More than **800** partners participated a ran simulated disruptions of power, water or food supply.



**110 Tenants across 7 Clubhouses**



**4 Integrated Hubs**



**Ran water, power and cyber simulated disruptions**

# Details of ACCORD F&C Achievements

1. **Our NS Family Camp.** Tailored for families, including NSmen, Singaporeans, Permanent Residents, and foreigners, the camp featured NS-inspired activities such as the donning of camo, outdoor shelter building, and route marches. The inaugural *Our NS Family Camp* took place on 27 - 28 May 2022, marking the first of two camps organised during the term. This maiden event, a collaborative effort between SAFRA and the Army Open House 2022 (AOH22), saw 85 participants from 18 families. Building on this success, the second run of *Our NS Family Camp: BMT Family Edition* was co-organised by ACCORD F&C Workgroup 1 and SAFRA Yishun on 1 - 2 Dec 2023. Attended by 65 participants from 23 families, the camp culminated in a **Passing Out Parade (POP)**, where attendees came together to **honour our past and present NSmen and expressing gratitude for their contributions.** Both camps underscored NS as the cornerstone of Singapore's defence and security and highlighted the importance of Support for NS (S4NS) by the NSmen's families.



Fig.1. Senior Minister of State (SMS) for Defence Zaqq Mohamad launched the Our NS Family Camp @ AOH22



Fig. 2. Photos taken at the Our NS Family Camp 2023: BMT Family Edition

2. **Pre-NS Talks.** In collaboration with SGFamilies, F&C Workgroup 1 conducted Pre-NS Talk sessions tailored for the parents of pre-enlistees, aiming to allay concerns related to enlistment and NS. The sessions featured a diverse panel of speakers including ACCORD and SGFamilies representatives, as well as NSFs and their parents. These speakers candidly shared their personal NS journeys and actively participated in the Q&A segments to address the audience’s queries. In this term of ACCORD, F&C Workgroup 1 scaled the initiative by collaborating with CaringSG to reach out to parents of pre-enlistees with special needs, particularly those likely to join BMT School 5 (e.g. ADHD, Autism Spectrum Disorders). Started since September 2020, a total of 14 Pre-NS talk sessions has been conducted quarterly, every year. **More than 2,000 pre-enlistees and their parents have been engaged through these Pre-NS Talks and have garnered positive feedback for their informative and reassuring sessions.**

This session is helpful to prepare my child for enlistment.

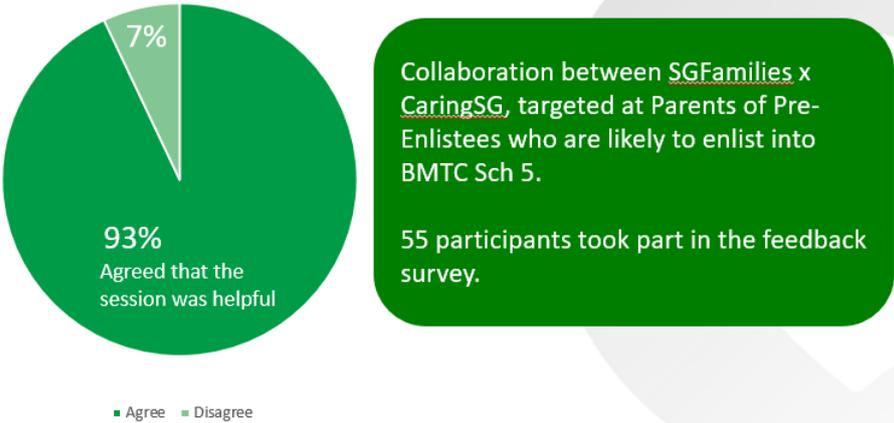


Fig. 3. 93% responded that the Pre-NS Talk held on 17 March 2024 helped in their child’s enlistment.



Fig. 4. Collation of photo taken at the Pre-NS Talks held this term.

3. **Virtual Visit to Basic Military Training Camp (BMTC).** Beginning in 2020, F&C Council members have worked with MINDEF/SAF to organise virtual visits to Basic Military Training Centre (BMTC) for over 2,000 pre-enlistees, permanent residents, new citizens and overseas Singaporeans. The session in Jun 23 was attended by 87 pre-enlistees and their family members from 14 countries, with the majority from the Asia-Pacific region such as Australia and Hong Kong. **100% of the parents of pre-enlistees indicated that the session has helped them understand the importance of National Service and increased their support for their son's participation in NS.**



Fig 5. Publicity artwork of the virtual BMTC Visit held in June 2023

4. **We Support NS (WSNS) Campaign.** F&C Workgroup 2 rallied the community to show appreciation for NSmen and reinforce the importance of NS and Commitment to Defence through the We Support NS (WSNS) Campaign. Besides the display of heart-warming notes of appreciation from various communities, the campaign had also garnered discounts and benefits for NSmen. **Notably, from 2020 to 2021 and 2022 to 2023, there was a remarkable 100% surge in the number of merchants, businesses and retailers who actively demonstrated their support for NS through tangible and practical ways.**

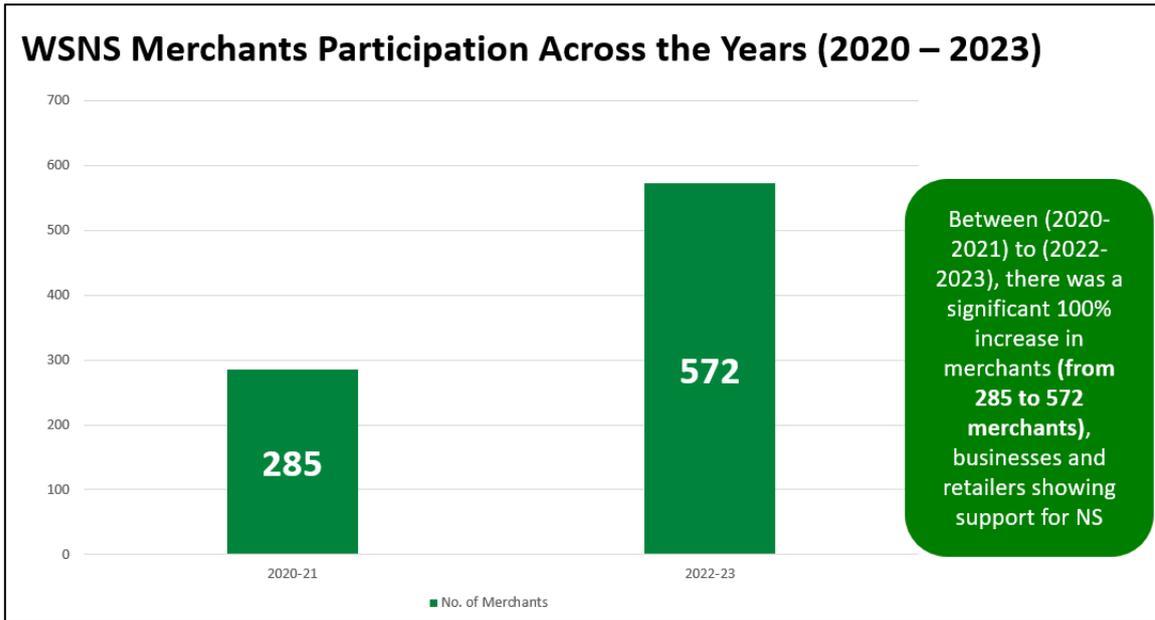
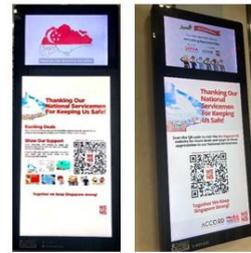


Fig 6. Comparison of the merchants onboard WSNS over the three years



**SAFRA's Appreciating NSmen Video Competition** garners more than 662,000 views, 13,000 engagements and encouraged appreciative messages from the public.



**PA** supported with the screening of the WSNS poster on over 22,000 Digital Display Panels (DDPs) across 33 divisions in Singapore. The poster was displayed 400 times daily.



**SAFRA's Appreciating NSmen Art Jam** was supported by Association of Early Childhood and Training Services (ASSETS). More than 30,000 pre-schoolers from 300 centres island-wide participated in showing appreciation to NSmen



**PA** incorporated NS and TD elements to the art activities held at the PAssionArts Festival in Jul – Sep 23.



Youths from **Heartware Network** penned appreciative messages on 1,800 keychains and presented to NSFs & NSmen who were contributing to NDP



**SFCCA, SINDA and MENDAKI** designed social media content to show appreciation and amplified WSNS content.

Fig. 7. WSNS initiatives by F&C Workgroup 2 members

5. **Defence Immersion Programme (DIP) for Women and Women’s Boot Camp (WBC)**. This term, F&C Workgroup 2 expanded the WBC into a full Defence Immersion Programme (DIP) for Women, offering female participants a firsthand glimpse into the operations by taking a dip into the experience of the Army, Navy, Air Force and the Digital and Intelligence Service (DIS). This new initiative was held from November to December 2023, attracting the participation of 222 women, which more than doubled the initial capacity.

The programme aimed to provide women with a better understanding of SAF capabilities and how individuals can play a larger role in supporting TD and NS. The Women’s Boot Camp is one of the programmes offered to engage women under the DIP initiative. As a lead-up to the commemoration of Total Defence 40 (TD40) in 2024, 105 participants of the WBC, DIP (Navy) and DIP (Air Force) also took part in the Total Defence Table-Top Exercise (TD TTX). This exercise facilitated discussions on the impact of pertinent contemporaneous issues affecting Singapore, encouraging reflection on how individuals, communities and businesses can increase their readiness for crises and disruption.

**Out of the 222 participants involved in the programme, 53% expressed interest in volunteering to support Total Defence, while 52% indicated interest in pursuing a career with the SAF.** The alumni of the WBC were also actively engaged to show their support for TD and NS and 29 contributed in various ways, such as assisting as facilitators of the TD Table-Top Exercises. **The DIP programmes had increased over 95% of the participants’ commitment to Singapore, commitment to defence and commitment to NS.**

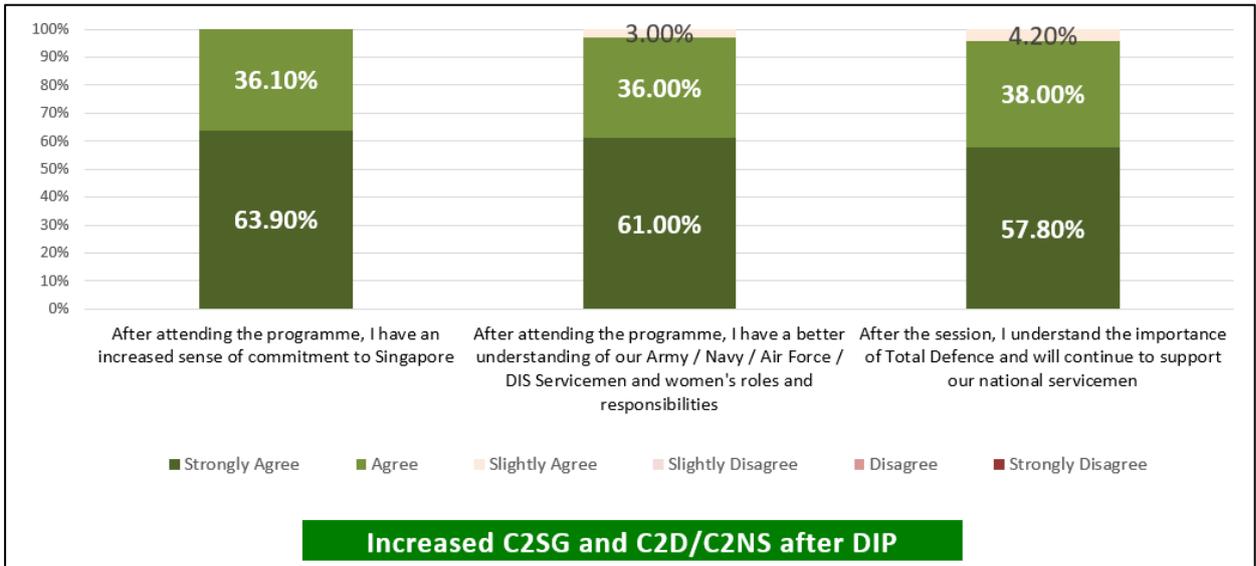


Fig 8. Feedback responses from DIP participants indicating that the programmes had been effective in achieving its objectives of increasing participants’ commitment to Singapore and NS.

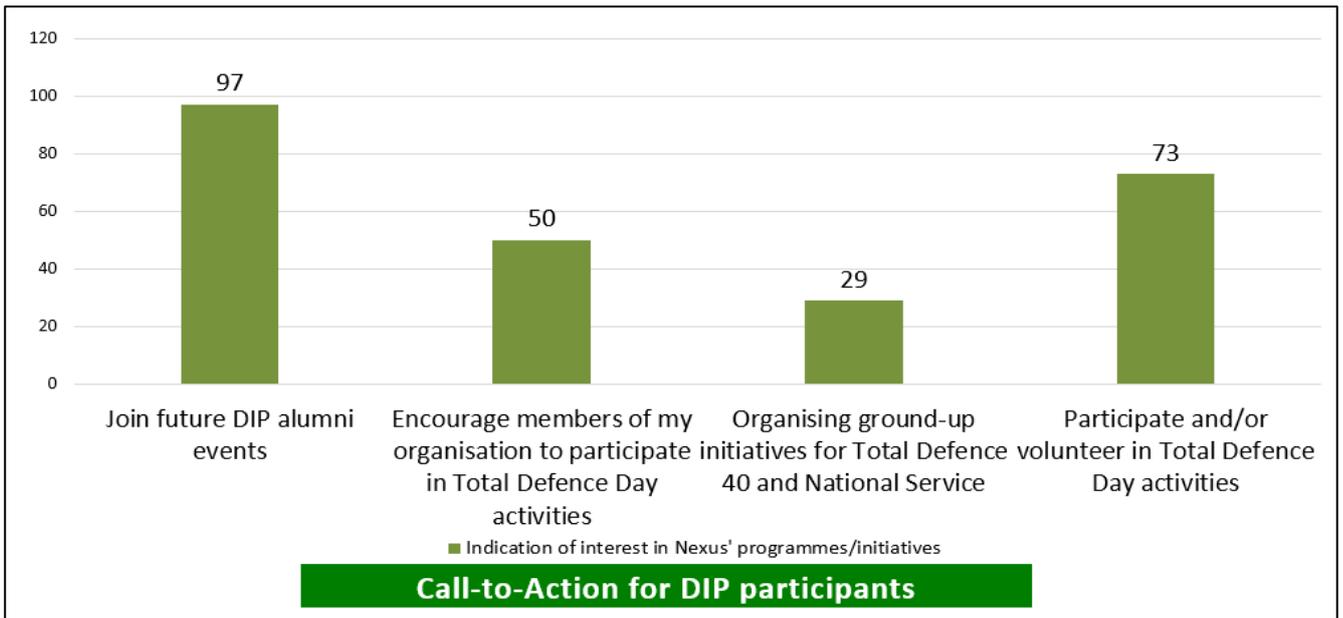


Fig 9.. Feedback responses from DIP participants showed that participants are willing to volunteer and contribute towards TD and NS.

6. **Participation in Ex SG Ready.** In support of Total Defence 40 (TD40), members of the F&C Council leveraged their networks and resources to garner strong support within their networks and communities to participate in Exercise SG Ready. **More than 840 educational, community, commercial and government buildings participated across the two-week period and ran simulated disruptions of power, water or food supply.**



Fig 10. SAFRA Punggol Evacuation Drill.

SAFRA supported by mobilising more than 110 tenants across the seven clubhouses to participate in the exercise. Additionally, SAFRA also organised public engagements and outreach efforts titled “Total Defence @ SAFRA 2024 Ready in Unity” to increase Singaporeans’ readiness and resilience for crisis and disruptions. Alongside activities like Evacuation and Disruption Simulation Exercises at the seven

clubhouses, TD40 Online Quiz and Emergency Ready games, SAFRA also partnered with Red Cross to conduct CPR-AED workshops for more than 2,000 participants.



Fig. 11. One Punggol's Fire Drill.



Fig. 12. C2DA Talk at SAFRA

The People's Association's Integrated Hubs (Heartbeat@Bedok, Wisma Geylang Serai, One Punggol and One Tampines Hub), along with Singapore Federation of Chinese Clan Association (SFCCA) and Yayasan MENDAKI, organised a range of disruption activities such as water, power and cyber simulated disruptions, in support of the exercise.

ORGANISATION	SUPPORT BY COUNCIL MEMBERS
SAFRA	<ul style="list-style-type: none"> <li>Mobilised more than 110 tenants across seven clubhouses</li> <li>Conducted public engagements and outreach efforts titled "Total Defence @ SAFRA 2024 Ready in Unity"</li> <li>Conduct evacuation and simulated disruption exercises at seven clubhouses</li> <li>Ran online and physical activities such as TD40 Online Quiz, Emergency Ready games</li> <li>Conducted CPR-AED workshops for more than 2,000 attendees</li> </ul>
People's Association	<ul style="list-style-type: none"> <li>Heartbeat@Bedok – Conducted simulated water and civil disruptions</li> <li>One Tampines Hub – Conducted simulated water, power and civil disruptions</li> <li>Wisma Geylang Serai – Conducted simulated water and civil disruptions</li> <li>One Punggol – Conducted simulated water, food, cyber and civil disruptions</li> </ul>
Yayasan MENDAKI	<ul style="list-style-type: none"> <li>Conducted simulated water, power and cyber disruptions</li> </ul>
Singapore Federation of Chinese Clans Associations	<ul style="list-style-type: none"> <li>Conducted simulated water and power disruptions</li> </ul>
Heartware Network	<ul style="list-style-type: none"> <li>3 HWN volunteers supported the simulated power disruption at Esplanade MRT station</li> <li>20 HWN volunteers took part in the Psychological First Aid workshop by Red Cross</li> </ul>

Fig. 13. Summary of the Exercise SG Ready conducted by members.

Alumni from the WBC also responded to the call-to-action and demonstrated their support for TD. Among them 13 alumni volunteered as facilitators for TD TTX sessions conducted for NYC and DIP while seven signed up with Red Cross to obtain certification as Psychological First Aid providers.

## 发挥“役”技之长

将服役经验与专业知识结合，自我增值之余，造福社会。

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**故事一**  
用科技抢救更多生命

CPT (Dr) NS) Lee You Jun 上尉 (战备军人) 相信科技能让医疗发挥更大效用。在服役期间参与新医疗数码系统的开发，并在进入医院工作后继续钻研科技，造福大众。



新加坡科技院的 Lee You Jun，希望将更多科技应用到医疗服务，提高医疗效率。

这名28岁的上尉在2022年2月完成国民服役，成为国立大学医学组织集团 (NUHS) 放射科住院医师。

就在他被派到民防部队服役期间，民防部队、卫生部和国家科技局联合开发了一个医疗网络信息整合系统 (Operational Medical Networks Information Integrator, 简称OMNIH)，而他正好是参与开发的团队成员之一。

什么是OMNIH? 不妨想象一下，一名病人刚闹心脏病发作，在救护车争分夺秒地赶往医院途中，车上的医护人员已在第一时间用患者的血压、脉搏等生命迹象，以及是否是否药物过敏等关键资料传送到远方，以便急诊室准备好给患者所需设备和药物，把握住黄金治疗时间。这种实时协调，就归功于OMNIH。

该系统在2021年6月推出，它被救护车病例记录数字化，并与医院急诊室的病例记录整合。Lee You Jun 对于能参与这个整合过程，引以为豪。当然，这在很大程度上有赖于团队的努力。

他在职责是监控系统运作的情况，收集各方反馈，改进流程。他说：“我接受的医学培训，加上自修的一些科技知识，让我能够衔接两个领域推进工作。”

“作为医生，我看过很多分秒必争的场景，即使只差一秒，结果也可能不同。能够参与这项系统的开发，提高救人的效率，我很自豪。”

事实上，Lee You Jun 从小就对科技所吸引。他：“当年在游戏机或诺基亚手机上玩游戏时，就对一个小小的机身可以存储如此多的信息而深深着迷。至于现在的科技更是今非昔比了。”

身为放射科住院医师，他对科技在医疗上的应用有深切体会。“机器操作和人工智能在医疗领域日益发挥作用，但

机器终究是机器，医疗中仍然非常需要人性化的那一面。”

他喜欢放射科广泛的接触面。这意味着这一职业可能的不只是个跳出患者，下一班来的可能是个胃镜的检查，他形容“工作一点也不起劲”，并希望在完成住院医师培训后，将来能协助指导放射科医生团队的新人。

他深信把科技融入我们的工作和生活中，能让我们在日新月异的时代与时俱进，不会脱节。但他同时也认为绝不可盲目追求科技化。“有一个误解是，技术只会给组织带来积极变化。事实上，如果不能明智合理地应用科技，只会带来更多的风险而不是解决方案。这不仅对工作没什么帮助，还会浪费资源。”

**故事二**  
学习国际搜救知识

LTA (NS) Wang Mingkang 中尉 (战备军人) 是民防救援工程师，隶属民防部队第41搜救中队，负责在救灾现场为搜救人员提供“保护伞”。

所谓“保护伞”，是架工程师在救援人员正式开始搜救前，先派人搭建围堵的事故现场检查结构的安全性，并在必要时搭建支撑架，最大程度地确保搜救人员的安全。

作为救援工程师，Wang Mingkang 了解建筑结构以及建筑在不能承受的力下，常见的倒塌模式和形态。他也能制定应对计划，监测和评估建筑物的结构支撑，以确保其他稳定性。

为了深入了解救灾现场的搜救工作，他曾参加为期一周的救援工程师课程，深入学习国际城市搜救 (Urban Search and Rescue, 简称USAR) 的相关知识。课程的一个环节是进入一个倒塌事故的模拟场景，在新加坡



从民防救援工程特别训练班，Wang Mingkang 持续发展自己的专长，贡献社会。

Fig 14. Regular TD articles on SFCCA's ONENESS

# Overview of ACCORD EI Achievements

## SUPPORT FOR NATIONAL SERVICE (NS)

**11,000**

JC, Poly, ITE  
Pre-enlistees Engaged

**85%**

said that they are  
**better prepared for NS**  
after the Session.

NS INFO-SHARING  
SESSIONS



**546**

Pre-enlistees & their  
families engaged through  
local and overseas NS  
Coordinator networks in  
the FSS/PFIs.

more than **96%**

said that they have a  
**better understanding of NS**  
after the Session.

## SUPPORT & PLAY THEIR PART FOR TOTAL DEFENCE (TD)

**13K**

JC, Poly, ITE students  
participated in the  
Total Defence Table-  
top Exercise (TD  
TTX)



more than **98%**

of participants reported  
greater understanding of  
the need for unity and  
resilience in times of crisis

### ENGAGE YOUTHS (POST-NS) TO PLAY THEIR PART FOR TD

#### NYC Youth Leader Programme

**137** / 309 youth leaders  
stepped up to be  
TD volunteers

#### Imagining SG in Next 50 Years



...are inspired to

- ✓ Contribute to SG's advancement
- ✓ Support SG in challenging times

Joint Uni  
Webinar **4,220** undergraduates  
attended 4 student-led  
TD-themed Webinar

## SUPPORT FOR TD40

### Exercise SG Ready Participation

**> 350**

Mainstream Schools  
(Primary, Secondary, Pre-U)

**18** Special Education  
Schools

**10** Institutes of  
Higher Learning



Power Shortage



Food Shortage



Fire Drill



Water Shortage



Phishing

### TD40 Convention

Co-organised by



**> 250**

Attendees from  
the People, Private  
and Public Sectors

### Brickland TD Food Security Exercise

**286** Volunteers

**> 600** Beneficiaries

Led and Supported by:



Mr Don Wee, ACCORD (Main)  
MP for Chua Chu Kang GROs



Ms Alice Seow, ACCORD (EI)  
Principal of ITE College West

# Details of ACCORD EI Achievements

1. **NS Info Sharing For Pre-enlistees.** ACCORD EI Workgroup 1 and Workgroup 2 continued with the successful initiative of the NS Info Sharing sessions in 2023 for all the JCs, Polys, ITE, FSSs and PFIs.

a. **Engaging Pre-Enlistees in JC, Polys and ITE.** In 2023, **all 22 JC-IP schools successfully conducted the NS Info Sharing session for their students**, while the ITE and Polys each conducted their annual Joint-ITE and Joint Poly NS Info Sharing sessions respectively. Apart from the positive feedback from pre-enlistees, more than 75% of female participants said that there is an increase of awareness of what their male peers would undergo in NS and agreed that they would likely want to play a role in protecting and defending Singapore. **In total, over 11,000 students attended the NS Info Sharing Sessions and 85% agreed that they were better prepared for NS after attending the sessions.**

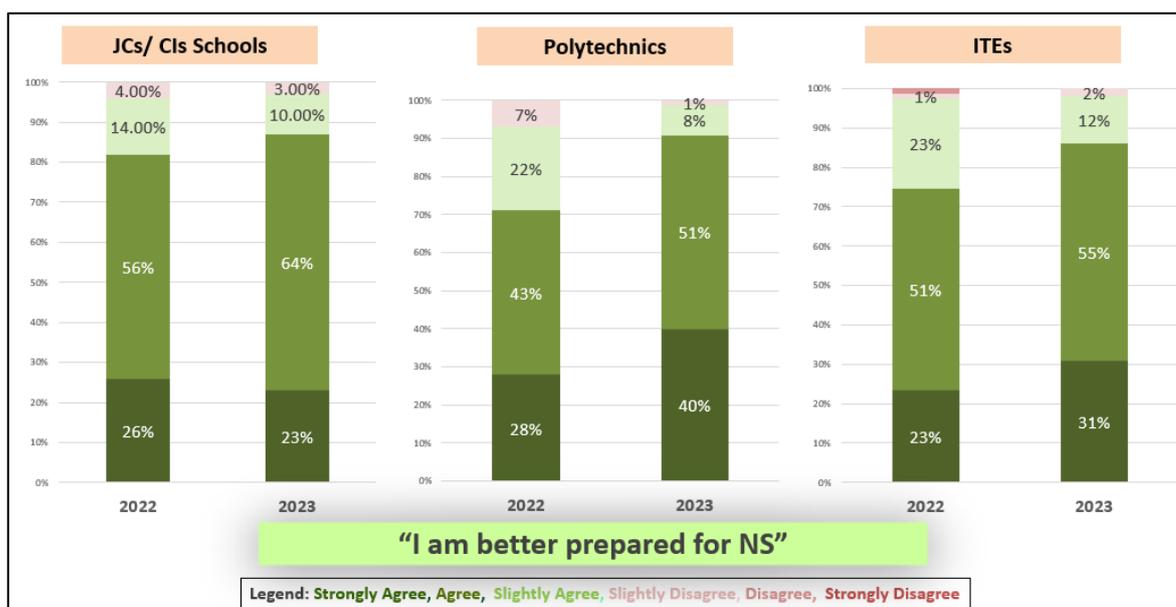


Fig.1. Feedback from pre-enlistees from MOE schools showed that they had found the NS Info Sharing Sessions to be useful in preparing them for NS.



Fig.2. ITE Colleges Alumni returned to their alma mater to share their NS Experiences with their juniors at the Joint-ITE NS Info Sharing Session 2023



Fig.3. Alumni from the polytechnics returned to share their military experience with their juniors during Joint-ITE NS Info Sharing Session 2023

b. Engaging Pre-Enlistees in FSS and PFIs. To prepare NS-eligible pre-enlistees in FSS and PFIs in addressing concerns from them and their families, United World College (South East Asia) (UWCSEA), with the support of Global Indian International School (GIIS), organised a Joint-NS Info Sharing session on 8 March 2023. **A total of 546 pre-enlistees and their families attended the session. 67% responded that that they had a better understanding of what to expect for NS after attending the session.**

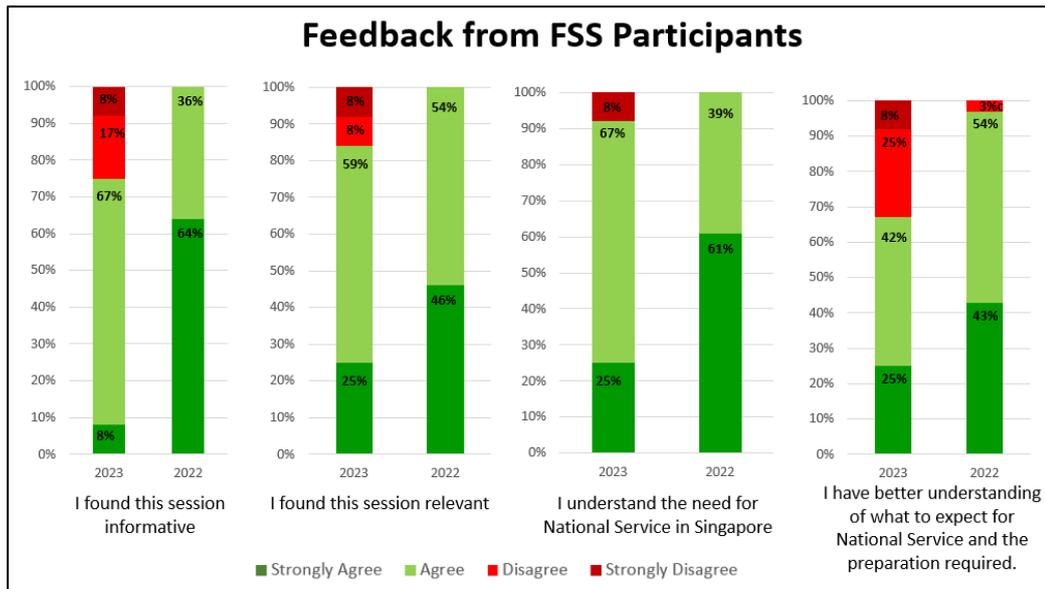


Fig. 4. Feedback from Foreign System schools' participants showed that most of them found the session to be relevant in preparing them/their sons for NS.



Fig.5. Panel of FSS Alumni and parents of NSMen sharing on their NS experiences at the Joint FSS NS Info Sharing Session organised by UWCSEA (East).

2. **NS Coordinator Network.** EI Workgroup 2 established a network of **50 NS coordinators in all 33 FSS/PFIs** across Singapore and formed a NS Coordinators-led Community. This platform aims to enhance support for NS coordinators by facilitating the exchange of best practices and working together to identify information gaps, and addressing the current needs of pre-enlistees.

a. **NS Coordination Engagement.** Tanglin Trust School, with the support of UWCSEA and GIIS, organised the NS Coordinators Engagement on 7 June 2023. The session aimed to provide the NS Coordinators with updates on pre-enlistment milestones, to facilitate the sharing of best practices on preparation for NS amongst the community, and to find out areas in which Nexus could better support them towards playing their part in enhancing preparedness for NS. 21 NS Coordinators attended the session, and all of them agreeing that the session had better prepare them for their roles as NS Coordinators.

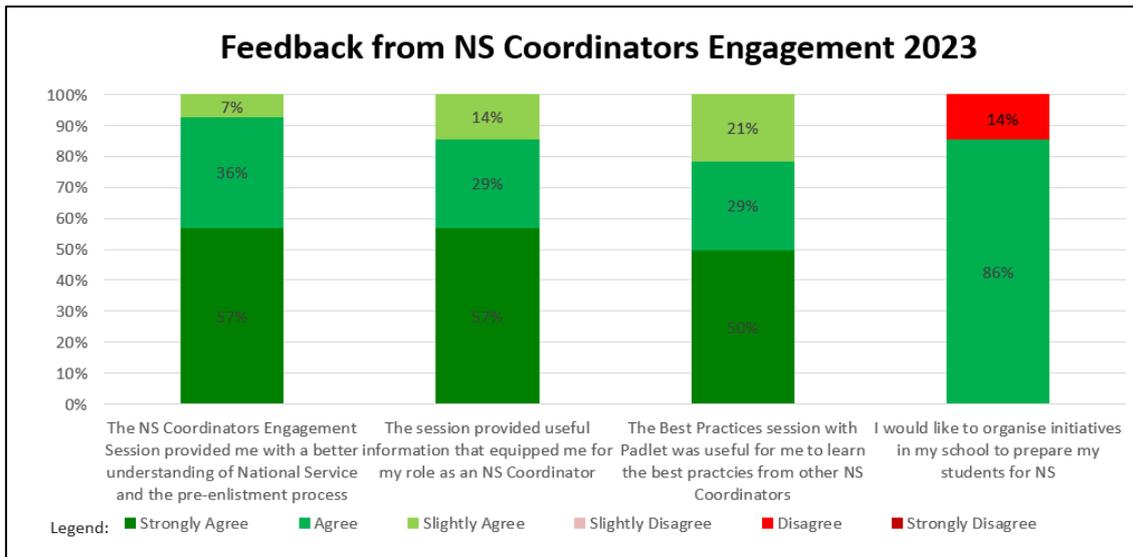


Fig 6. Feedback from the NS Coordinators showed that all of them agreed that the session was useful in equipping them as NS Coordinators.



Fig 7. NS Coordinators at the NS Coordinator Engagement 2023 to share best practices on preparation for NS physically and mentally.

a. Inaugural Overseas NS Info Sharing in Hong Kong. EI Workgroup 2 continued to tap on FSS in Singapore with sister schools based overseas which have significant population of Overseas Singaporeans (OS). Through the NS Coordinator Network, Singapore International School in Hong Kong (SISHK) organised an NS Info Sharing Session to engage Overseas Singaporean Pre-Enlistees and their parents on 17 Nov 2023. A total of 276 pre-enlistees and their families attended the session. 96% surveyed agreed that they had a better understanding of what to expect for NS after attending the session.

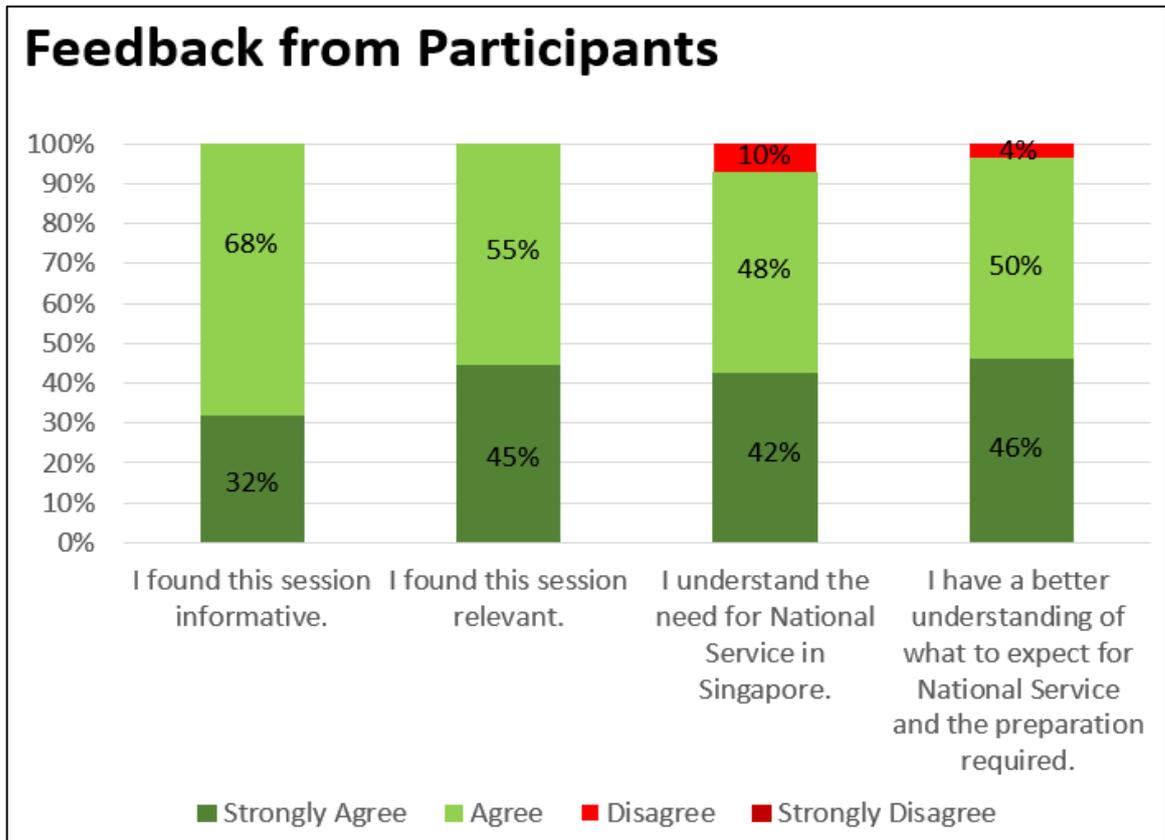


Fig 8. Feedback from participants showed that all of them found the session to be informative and relevant, with 96% agreeing that it had helped them understand how to prepare for NS.



Fig 9. NSMen of SISHK Alumni returned to SISHK to share their NS experiences with their juniors and the parents at the NS Info Sharing Session organised by SISHK.

3. **Engagement of Undergraduates.** EI Workgroup 3 had implemented various initiatives to better engage undergraduates on challenges and opportunities Singapore faces. These encouraged the undergraduates to imagine the kind of Singapore they would like to co-create for the future and deliberate on what it takes to achieve the visions they have for Singapore.

a. Singapore: Imagining the Next 50 Years Module. EI Workgroup 3 continued the ‘Singapore: Imagining the Next 50 Years’ module which was rolled out across all six universities as a common module in 2017. This term, **over 2,800 undergraduates across the six universities took the module with 98% agreeing that they have a good understanding of the impact that regional and world events could have on Singapore. A total of 97% undergraduates said that the module had inspired them to contribute towards the advancement of Singapore and they would do all they can to support Singapore in challenging times.** EI Workgroup 3 stood up the Content Review Standing Committee (CRSC) in June 2023, led by NUS, to review and revamp the videos materials used in teaching the module and include new contemporaneous topics. All universities had been participating in the module revamp efforts, and the efforts by the universities will continue in the next term.

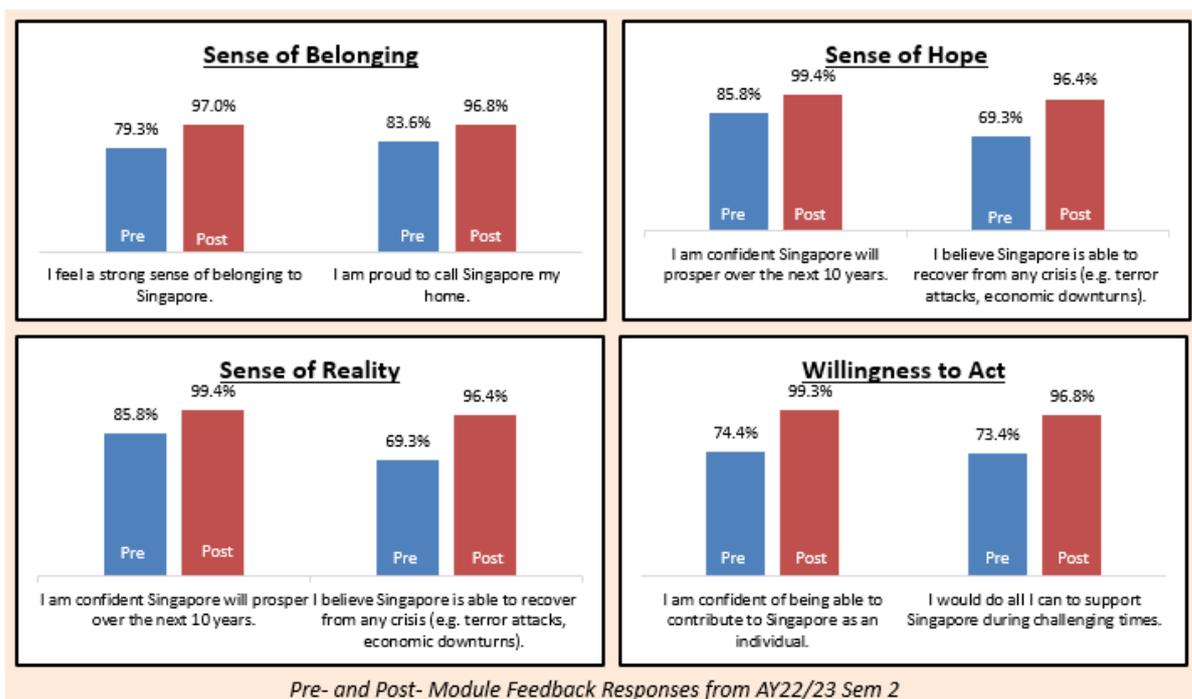


Fig 6. Feedback from undergraduates showed that there is an increase in sense of belonging, sense of hope, sense of reality and willingness of act after attending the module.

b. Joint University Webinar Series. To further engage undergraduates beyond the module, EI Workgroup 3 also organised **a series of student-led Joint-University Webinars to help undergraduates better understand the challenges and opportunities Singapore faces. The webinars also got the undergraduates thinking about trade-offs and the**

actions they can take as Singaporeans to strengthen resilience in the identified areas. The webinars were planned and conducted by student organising committees while the universities took turns to support and mentor the student committees.

This term, four Joint University webinars with topics range from energy security to supply chain security, had been organised. One of the Joint University webinars was supported by ACCORD E&B member, Mr Haslam Preston, who invited two colleagues to share the measures taken to ensure a robust and adaptable supply chain and how undergraduates can strengthen their resilience and contribute to food security as individuals.

In total, 4,220 undergraduates participated in the Joint University Webinars. A total of 97.6% undergraduates said they learnt more about the complexities of national and social issues in relation to the topics while 97.1% agreed that they would play a part in working towards a better Singapore.



Fig 7. Publicity artwork of the Joint University Webinars organised by the undergraduates from the six universities this term



Fig.8. Group photo taken by the Joint University Webinar organising student committee together with the invited speakers and ACCORD Secretariat at the recently webinar held in Feb 24.

4. **Engagement of Youths to co-deliver ground-up initiatives.** National University of Singapore (NUS), Singapore University of Social Sciences (SUSS) and Singapore Management University (SMU) each had modules to raise awareness of threats to Singapore and encourage undergraduates to develop ground-up proposals to engage communities on strengthening Total Defence. **Two of the SMU proposals, the Community Table-Top Exercise (TTX) and the Total Defence Trail 2.0, were launched at the Total Defence Commemoration Day 2023.** The TTX was implemented as part of the Total Defence Day Commemoration Event 2023 at Chua Chu Kang Community Club and had six NUS student volunteers as group facilitators for the exercise. One of the NUS proposals on strengthening digital resilience through creating a community via an online anti-scam Discord channel is currently in its pilot implementation phase. Since August 2022, ACCORD received 82 youth-proposed ground up projects and is supporting the undergraduates in co-delivering some of the shortlisted proposals for implementation.

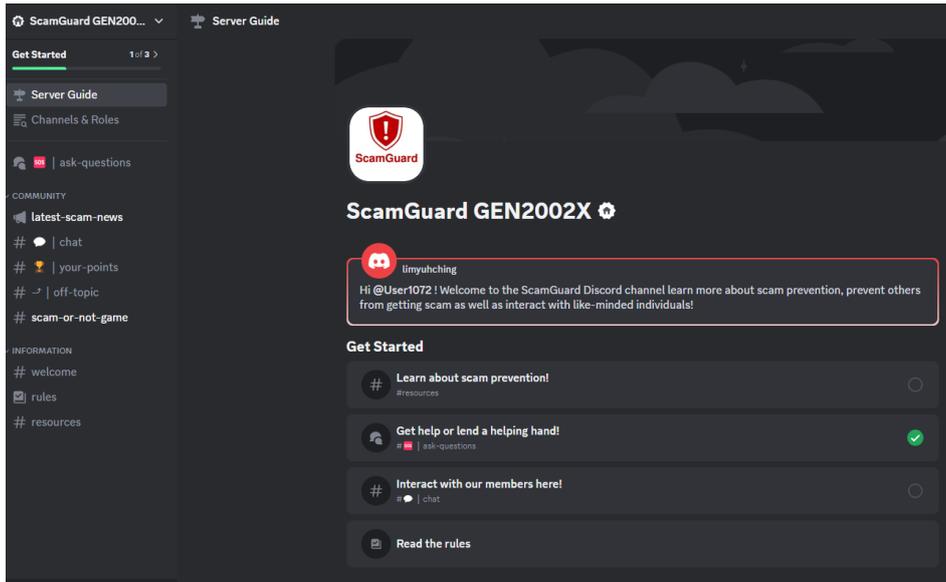


Fig.9. Screenshot of the online anti-scam Discord channel (in its pilot implementation phase) built by a group of NUS students

5. **Total Defence (TD) Advocacy Efforts.** EI members have also strongly supported ACCORD’s TD advocacy and engagement efforts.

a. **Total Defence Table-Top Exercises (TD TTX) held in Higher Learning Institutes.** All three ITE Colleges, Temasek Junior College, Ngee Ann Polytechnic, Nanyang Polytechnic and Temasek Polytechnic conducted the TTX to engage students to think about global issues and how it affects Singapore and its communities. The exercises also activated the students’ thinking and encouraged discussions on what needs to be done, how they can play a part to be ready, and prepare for crises and disruptions. **More than 13,000 students participated in the TD TTX with 98% agreeing that the discussions helped them understand that Singaporeans have to remain resilient and united in times of crisis or disruption.**



Fig 10. The conduct of Total Defence Table-Top Exercise in ITE

b. National Youth Council (NYC) Youth Leader Programmes. With the support of ACCORD member, Ms Samantha Ng, NYC incorporated National Education (NE) and Total Defence (TD) elements in their Youth Leader Programmes. Working with ACCORD they conducted engagement sessions for youth leaders to deepen their understanding of the current reality and challenges Singapore faces as well as the trade-offs involved in policy making. Through these engagement sessions, 309 youth leaders from NYC of varying ages from 16 to 34 were engaged on national defence perspectives in the MINDEF/SAF museums and took part in the community table-top exercises in 2023. **95% NYC youth leaders agreed that they will do what they can to support Singapore in times of national crisis. 137 NYC youth leaders also registered their interest to be TD volunteers. Two of them have recently supported Exercise SG Ready in February 2024.**



*Fig 11. NYC Youth Leader doing a sharing of his team's community drawer plan*

c. Total Defence Day Commemorative Event (TDDCE) 2023. Students from ITE College West meaningfully supported TDDCE by preparing healthy, delicious meals with a limited range of ingredients to simulate a time of crisis where food supplies and ingredients may be scarce. The students worked with the limited ingredients and cooked hearty meals for the guests at TDDCE held at Chua Chu Kang Community Club on 15 February 2023. The aim is to demonstrate being 'crisis-ready' involves cultivating a resilient mindset, which includes adjusting to available food choices to ensure sufficient supplies for all Singaporeans.



*Fig 12. ITE College West students who prepared the meals with limited ingredients for the guests at the Total Defence Day Commemorative Event 2023, demonstrating food resilience.*

d. Brickland Total Defence Food Security Exercise 2023. Mr Don Wee, ACCORD Main Council member, led the Brickland GRC to organise a “Brickland TD Food Security Exercise” in August 2023. The objective was to test the community’s community contingency plan and operational readiness in response to a food disruption. The exercise was held at ITE College West. ITE College West students from the School of Culinary prepared long shelf -life vegetable pies. They also supported the setup of the venue, participated in food distribution at the Residents’ Network Centres as well as conducted home visits for less mobile beneficiaries. NYC youths also stepped forward in the food distribution exercise. **A total of 286 volunteers, from grassroots leaders and community representatives to youth volunteers were involved in the exercise where they packed food supplies that were distributed to 600 beneficiaries via Residents’ Network Centres and home visits.**



Fig 13. SMS Zaqq and Mr Don Wee, together with some of the volunteers at the **Total Defence Food Security Exercise** on 27 August 2023



Fig 14. Media coverage of the **Total Defence Food Security Exercise**

e. **Total Defence Convention 2024.** 2024 marks 40 years of Total Defence (TD40). As part of TD40 commemorative efforts to bring the Total Defence community together, NUS pledged its support and advocated for TD by co-organising the Convention with Nexus. The TD Convention was held on 25 April 2024 at NUS's Shaw Foundation Alumni House (SFAH) with over 250 participants. As co-organisers, NUS' contributions were three-fold in to encourage collaboration and synergies among the 3P sectors, inspiring partners, and practitioners to lead engagement efforts for TD and developing capabilities among the TD Community.



Fig 15. Opening Remarks by NUS Faculty of Arts and Social Sciences' Assistant Dean, Dr Noorman Abdullah at the TD Convention held at NUS SFAH.



Fig 16. NUS student explaining his team's ground-up proposed on leverage on discord to fight online scams to SMS Zaqy at one of the booths at TD Convention.

6. **Ground up support for Exercise SG Ready.** EI Council members supported and participated the inaugural Exercise SG Ready to increase Singapore's readiness for crises and disruptions. Members tapped on their networks and resources to garner strong support within their networks and communities to participate in Exercise SG Ready. **More than 800 educational, community, commercial and government buildings participated across the two-week period and ran simulated disruptions of power, water or food supply.**

a. **Exercise SG Ready.** **Over 350 mainstream schools at the Primary, Secondary and Pre-University levels, together with 18 Special Education schools and 10 Institutes of Higher Learning took part in Exercise SG Ready** where disruptions of power, food supply, water, cyber as well as evacuation drills were simulated. **The students and teachers took part in the exercises** where they experienced the stoppage of the sale of meat at canteens, switching off water supply (from taps and water coolers) or switching off lights and/or fans during recess period. As part of the exercise, MOE also partnered Singapore Food Agency (SFA) and introduced ready-to-eat (RTE) meals which provide quick and convenient access to sustenance in the event of an emergency, to educate our youths on food security. Approximately **48,000 students and teachers across 40 secondary schools** tried the RTE meal as part of a simulated food disruption exercise. Feedback from schools showed that the exercise brought about greater awareness and confidence in overcoming disruptions. To get individuals and communities thinking about the question, "Are you ready for disruptions?", Institutes of Higher Learning also curated and implemented their own simulation exercise during the period (see below Table 1 for the list of activities conducted).

**Table 1: List of Exercise SG Ready Activities in IHLs**

Educational Institution	Simulated Disruption Exercise
ITE College East	<ul style="list-style-type: none"> <li>• Conducted Fire Drill</li> </ul>
ITE College Central	<ul style="list-style-type: none"> <li>• Conducted Fire Drill</li> </ul>
ITE College West	<ul style="list-style-type: none"> <li>• Conducted Fire Drill</li> </ul>
Temasek Polytechnic	<ul style="list-style-type: none"> <li>• Conducted Water Disruption Exercise by closing selected toilets</li> </ul>
Republic Polytechnic	<ul style="list-style-type: none"> <li>• Conducted Cyber Phishing Drill</li> </ul>
Nanyang Technological University	<ul style="list-style-type: none"> <li>• Conducted Fire Drill</li> </ul>
National University of Singapore	<ul style="list-style-type: none"> <li>• Conducted power disruption exercise by limiting passenger lifts in the hostel blocks</li> </ul>
Singapore Management University	<ul style="list-style-type: none"> <li>• Conducted water disruption exercise by reducing water pressure at selected toilet</li> <li>• Conducted power disruption by switching off façade lights for an hour</li> <li>• Conducted food supply disruption by harvesting locally grown vegetables and distributing it to those in need</li> <li>• Conducted Cyber Phishing Drill on staff email addresses</li> <li>• (Student-led) Organised a CPR/AED and Total Defence roadshow</li> </ul>
Singapore University of Social Sciences	<ul style="list-style-type: none"> <li>• (Student-led) Conducted Cyber Phishing Drill on staff email addresses</li> <li>• Organised a food donation drive and distribution to the needy</li> </ul>
Singapore University of Technology and Design	<ul style="list-style-type: none"> <li>• Conducted water and power disruption exercises</li> </ul>



Fig 17. Posters that were placed outside a few toilets at Temasek Polytechnic



Fig 18. Screenshot of an email sent to Republic Polytechnic Educators to simulate a Cyber Phishing Exercise



Fig 19. CPR/AED Booth at the SMU Total Defence roadshow

a. Rallying TD Volunteers to put TD into action. Besides Exercise SG Ready, **two NYC youth leaders have responded to the call-to-action and demonstrated their support for TD** by volunteering as ushers to manage flow and support commuters-in-need at Esplanade MRT during Exercise SG Ready. **Six NYC Youth Leaders also put Total Defence into action** and signed up with Red Cross to become certified Psychological First Aider who can be on call if required to help the community.

# Exercise SG Ready

The inaugural Exercise SG Ready was held between 15 Feb to 29 Feb 2024 at various locations across the island to increase Singaporeans' readiness for crises and disruptions. The exercise simulated disruptions of power, water, food supply, digital connectivity and a civil emergency arising from widespread cyberattacks, disinformation campaigns and drone attacks from an anonymous actor in the region.

The aim of the exercise was to get individuals, communities and businesses thinking about the question, "Are you ready for disruptions?", and to put Total Defence into action by putting in place their own contingency plans for disruptions. More than 800 education, community, commercial, and government organisations, participated in Exercise SG Ready.



Ex SG Ready leveraged on ACCORD networks and garnered support in the participation, such as:

- Polytechnics and Institute of Technical Education ran Total Defence Table-Top Exercise (TDTTX) within their school's curriculum;
- Universities and PA Integrated hubs carried out disruption activities;
- Businesses and SAFRA organisations reviewed their business contingency plans to be more ready for crises and disruptions; and

- Volunteers from Heartware Network and National Youth Council supported<sup>1</sup> Ex SG Ready.

Following the success of the Exercise SG Ready 2024, **MINDEF will continue to run Ex SG Ready 2025 with a co-led approach where participating organisations will have the flexibility to select their type of disruption activities and when to simulate the activities during the exercise period.** ACCORD networks will continue to play an important role in scaling Ex SG Ready 2025. More importantly through Ex SG Ready, ACCORD will play an important role in mobilising schools, community, and businesses to increase their capabilities and readiness for crises and disruptions.

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<sup>1</sup> Volunteers were deployed at the Esplanade MRT Station which was taking part in Exercise SG Ready by suspending escalator operations to simulate power disruptions. During this period, volunteers helped manage traffic flow and direct commuters in need to use the nearest lift.