

**List of Competencies for On-the-Job Training (OJT)
Work-Study Diploma in Community Care Integration & Management**

Note: LOC is subject to changes due to curriculum review/ development

| S/N | List of Competencies (Standard) | Company to indicate '✓' for OJT competencies it can provide |
|------------|--|--|
| | Conduct assessment and screening | |
| 1 | Perform measurements (baseline/ regular) Examples: subjective assessment, vital signs, blood glucose | |
| 2 | Monitor client's responses to treatment, report and escalate abnormal range | |
| 3 | Manage contraindications and precautions when conducting activities | |
| 4 | Conduct functional assessments Examples: MBI, FAST | |
| 5 | Conduct cognitive assessments Examples: MMSE, AMT | |
| 6 | Conduct client/ patient or caregiver reported outcome measures Examples: well-being profiling, EBAS, ZARIT caregiver burden scale | |
| | Supervise Activities of Daily Living (ADL) | |
| 7 | Assess ADL | |
| 8 | Plan ADL | |
| 9 | Implement ADL | |
| 10 | Evaluate ADL | |
| | Supervise basic therapeutic exercises | |
| 11 | Assess therapeutic exercises | |
| 12 | Plan suitable therapeutic exercises | |
| 13 | Implement therapeutic exercises | |
| 14 | Evaluate therapeutic exercises | |
| | Conduct community reintegration | |
| 15 | Carry out environmental risk assessment and mitigation | |
| 16 | Conduct community reintegration activities | |
| 17 | Evaluate community reintegration activities | |
| | Support client care management | |
| 18 | Assess client needs Examples: mobility, meals, medication assistance | |
| 19 | Ensure client continual care Examples: appointments, service referral | |
| 20 | Maintain up-to-date documentation/ e-documentation of client's condition | |

| S/N | List of Competencies (Standard) | Company to indicate '✓' for OJT competencies it can provide |
|--|--|--|
| 21 | Manage incident and emergency | |
| | Supervise care delivery | |
| 22 | Coordinate planned ICP delivery | |
| 23 | Implement ICP | |
| 24 | Evaluate and feedback ICP | |
| | Perform administrative and operational duties | |
| 25 | Liaise with stakeholders Examples: AIC, caregiver/ NOK, medical professional, volunteers | |
| 26 | Manage incoming referral Example: screening of cases | |
| 27 | Supervise orientation of new clients | |
| 28 | Supervise daily operation duties Examples: client well-being, meals, centre readiness, activities readiness, safety and hygiene compliance, quality audits, organise case discussions | |
| 29 | Discharge clients | |
| 30 | Conduct service recovery of non-complex cases | |
| 31 | Perform documentations and reporting | |
| | Manage care staff | |
| 32 | Coordinate scheduling of leave and coverage of duties of care staff | |
| 33 | Promote good working relationships and well-being of care staff Examples: communication, conflict management, team management) | |
| 34 | Provide supervision and development of care staff Examples: percept new staff, service excellence | |
| | Sub-total of Competencies (Standard) | |
| List of Competencies (Company-specific) | | |
| 1 | | |
| 2 | | |
| 3 | | |
| 4 | | |
| 5 | | |
| 6 | | |
| 7 | | |

| S/N | List of Competencies (Standard) | Company to indicate '✓' for OJT competencies it can provide |
|---|---------------------------------|---|
| 8 | | |
| Sub-total of Competencies (Company-specific) | | |

Note:

- a) Company must be able to provide OJT for at least **75%** of the List of Competencies (Standard).
- b) If company is unable to meet the 75%, please propose alternate **course-related** competencies which are unique to company operations. Alternate competencies are capped at 25%.
[i.e. 50% of the list of competencies (standard) + 25% alternate competencies (Company-specific)].
- c) All alternate competencies (Company-specific) must be reviewed and endorsed by ITE.
- d) Trainees must receive OJT and be assessed for **All** competencies selected in this List.

Total no. of competencies selected by company for OJT

Total no. of competencies listed (*standard & company specific*)

Percentage of selected competencies

Completed By:

Name

Company

MODULE SYNOPSIS – WSDip in Community Care Integration & Management

Course Objective

This course prepares trainees with the skills, knowledge, and professional attributes to effectively supervise and deliver quality person-centred care in community health settings through this Work-Study Diploma programme.

Modules Synopsis

Activities of Daily Living

On completion of this module, trainees should be able to conduct and supervise Activities of Daily Living (ADL) training and intervention.

Healthcare Administration & Operations

On completion of this module, trainees will be able to manage healthcare operations and administrative duties, including stakeholder relationships, client services, and documentation processes.

Therapeutic Interventions

On completion of this module, trainees should be able to conduct and supervise basic therapeutic exercises and treatment.

Care Management

On completion of this module, trainees should be able to explain the framework and processes of care management for assessing clients' needs and contribute to the care management.

Assessment & Screening

On completion of this module, trainees will be able to perform health assessments, monitor patient responses, manage contraindications, and conduct functional and cognitive evaluations using standardized assessment tools including the Modified Barthel Index and Mini-Mental State Examination.

Community Reintegration

On completion of this module, trainees should be able to assess preliminary environmental risks, conduct community reintegration activities, and evaluate outcomes using standardised assessment tools.

Leadership, Supervision & Engagement

On completion of this module, trainees should be able to lead and supervise a team of care workers and caregivers through effective communication and collaboration

Quality Care Delivery

MODULE SYNOPSIS – WSDip in Community Care Integration & Management

On completion of this module, trainees should be able to plan, conduct and supervise the delivery of quality care plan for various clients.

Company Project

On completion of this module, trainees should have applied their acquired competencies in an authentic project that would value-add to the company.

On-the-Job Training

On completion of this module, trainees should be able to apply the skills and knowledge acquired at ITE College and workplace to take on the full job scope, including supervisory function, where appropriate, at the company.

TRAINING PATTERN SCHEDULE

WSDip in Community Care Integration & Management

Day Release - Trainees attend 1 to 2 days of lessons per week at ITE, with the remaining work-week spent at the workplace for On-the-Job Training.

| | | | | | | | | |
|--|--------------------------|--------------------------------------|------------------------------|--------------------------------------|---|-------------------------------------|-----------------------------|---------------------------------------|
| April'26 Intake | April – June 2026 | ITE Vacation (June) 4 weeks | July – September 2026 | ITE Vacation (Sept) 2 weeks | October – December 2026 | ITE Vacation (Dec) 4 weeks | January – March 2027 | ITE Vacation (March) 2 weeks |
| 1st Year Off-JT @ ITE | 2 day/week | | 2 day/week | | 2 day/week | | 2 day/week | |
| April'26 Intake | April – June 2027 | ITE Vacation (June) 4 weeks | July – September 2027 | ITE Vacation (Sept) 2 weeks | October – December 2027 | ITE Vacation (Dec) 4 weeks | January – March 2028 | ITE Vacation (March) 2 weeks |
| 2nd Year Off-JT @ ITE | 2 day/week | | 2 day/week | | 2 day/week | | 2 day/week | |
| April'26 Intake | April – June 2028 | ITE Vacation (June) 4 weeks | July – September 2028 | ITE Vacation (Sept) 2 weeks | WSDip Programme 2026 Start: 1 April 2026 End: 30 September 2028 Duration: 2.5 years  Final results release may be later than programme end date | | | |
| 3rd Year OJT @ WorkPlace | OJT | | OJT | | | | | |