



**MEDICAL REPORT FOR TECHNICAL DIPLOMA IN
HEALTH & EXERCISE COACHING COURSE**

TO BE COMPLETED BY EXAMINING DOCTOR

Name of student : _____		Date : _____
NRIC/Passport No : _____		* Gender : Male / Female
		Age : _____
Please indicate whether student is found to be suffering from epilepsy		
This student has a history of epilepsy * YES / NO		
Height : _____ Weight : _____		
BMI : _____		
Urine Analysis : Glucose _____ Protein _____ Blood _____		
Blood Pressure : _____		
Heart (based on ECG results) : _____		
Past / Current Injury, Operations or Illness : _____		
Remarks : (a) General Physique : _____		
(b) Mental Disposition : _____		
I have hereby completed a medical examination of this student. I find him/her to be * fit / unfit to pursue the Technical Diploma in Health & Exercise Coaching course at ITE.		
Remarks, if any _____ _____		
Name of doctor :	Signature of Doctor :	
Name and Address of Practice:	Date of Medical Examination :	

* Delete where appropriate



ITE STUDENT MEDICAL EXAMINATION

HOW TO BOOK YOUR APPOINTMENT VIA PINNACLESG+ APP

KINDLY NOTE OF THE FOLLOWING:

- Bookings are to be made at least 2 days in advance.
- You may reschedule at least 24 hours before appointment.
- Please enable your in-app notification to allow appointment reminders.

1

Download PinnacleSG+ app through App Store or Play Store. Alternatively, you may scan the QR code at the side.

Download link: pinnaclefamilyclinic.page.link/pinnaclesgplus



2

[For New Users] Create your account for yourself.
(Kindly ensure all data is accurate)

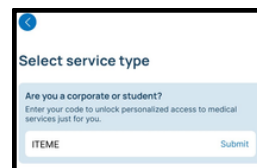
3

Click on 'Book Appointment'.
Then 'Select Service'.



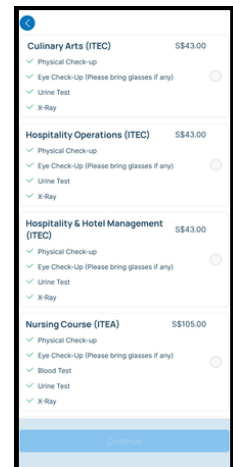
4

Input 'ITEME' in the corporate code.
(Kindly book your relevant vaccination(s) with this code for ITE vaccination rates.)



5

Kindly select your course as per the options.
Image for reference on the right.

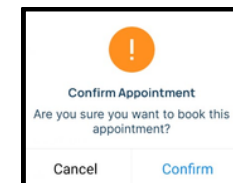


6

Select your preferred location, appointment date and time.

7

Upon confirmation, your appointment has been booked.



If you have any app-related issues, please call our 24/7 hotline at [62351852](tel:62351852).

ON THE DAY OF THE APPOINTMENT:

- Students should bring along a **printed copy** of their medical examination form, their health booklet and access Healthhub records during the visit.
- Students will undergo a physical examination, blood test (if applicable) and urine test. Please note that students undergoing menstruation during their appointment will be asked to return 5 days after the end of their period to perform their urine test.

Medical examination check-up are only by appointment-basis via PinnacleSG+ app.

SN	Name of Clinic	Contact Details	Address
1	Pinnacle Family Clinic (River Valley)	Tel ¹ : 68366986 WA ² : 88692116	240 River Valley Rd, Singapore 238297
2	Pinnacle Family Clinic (Compassvale)	Tel: 63861089 WA: 98372654	289C Compassvale Crescent #01-04 Singapore 543289
3	Pinnacle Family Clinic (Woodlands)	Tel: 67601623 WA: 88694905	Blk 573 Woodlands Drive 16 #01-06 Woodlands Glen Singapore 730573
4	Pinnacle Family Clinic (Buangkok Square)	Tel: 69099203 WA: 98318254	991 Buangkok Link, #02-05 Buangkok Square Singapore 530991
5	Pinnacle Family Clinic (Serangoon North)	Tel: 62193910 WA: 98373235	Blk 518 Serangoon North Ave 4 #B1-208 Singapore 550518
6	Pinnacle Family Clinic (Pasir Ris)	Tel: 62437338 WA: 98208463	Blk 571 Pasir Ris St 53 #01-50 Singapore 510571
7	Pinnacle Family Clinic (Yew Tee)	Tel: 62357893 WA: 98294376	Blk 790 Choa Chu Kang North 6 #01-238 Singapore 680790
8	Pinnacle Family Clinic (Northshore Plaza I)	Tel: 65189586 WA: 98637045	407 Northshore Drive #02-18 Singapore 820407
9	Pinnacle Family Clinic (Sembawang)	Tel: 65703768 WA: 98382718	604 Sembawang Road, Sembawang Shopping Centre, #B1-03 Singapore 758459
10	Pinnacle Family Clinic (Dakota)	Tel: 65399712 WA: 80283182	Blk 91 Jalan Satu #01-05 Singapore 390091
11	Pinnacle Family Clinic (Hougang)	Tel: 65189981 WA: 82996316	Blk 356 Hougang Ave 7 #01-791 Singapore 530356
12	Pinnacle Family Clinic (Changi North)	Tel: 63203938 WA: 97202389	963C Upper Changi Road North #02-09 Singapore 506790
13	Pinnacle Family Clinic (DUO Galleria)	Tel: 63223488 WA: 88690813	7 Fraser Street DUO Galleria #B3-12 Singapore 189356
14	Pinnacle Family Clinic (Dairy Farm)	Tel: 65135087 WA: 97122952	4 Dairy Farm Lane #B1-07 Singapore 677622
15	Pinnacle Family Clinic (Clementi)	Tel: 65138718 WA: 80286916	209A Clementi Avenue 6 #01-06 Singapore 121209
16	Pinnacle Family Clinic (Sengkang)	Tel: 69700587 WA: 97862189	Blk 170A Sengkang East Drive #01-06 Singapore 541170
17	Pinnacle Family Clinic (Tampines North)	Tel: 65137189 WA: 81259323	633 Tampines North Drive 2 #02-06 Singapore 520633
18	Pinnacle Family Clinic (Pioneer MRT)	Tel: 65142313 WA: 89637381	31 Jurong West Street 63 #02-01 Singapore 648310
19	Pinnacle Family Clinic (Tengah)	Tel: 65143038 WA: 97829031	Blk 235B Tengah Garden Walk #01-334 Singapore 692235
20	Pinnacle Medical Centre (Raffles Place)	Tel: 65146889 WA: 96548832	22 Malacca Street #13-03 RB Capital Building Singapore 048980

Please note Student medical examination check-up is by appointment-basis via PinnacleSG+ app only.

For updated list of clinics and their operating hours, you may scan the visit our website at <https://pinnaclefamilyclinic.com.sg/our-locations>. Alternatively, you may scan the QR code on the right.



¹ Tel is an abbreviation for Telephone.

² WA is an abbreviation for WhatsApp.

Contact us on WhatsApp at +65 96408713

HEALTHWAY MEDICAL GROUP - BRANCHES & CONSULTATION HOURS
GENERAL PRACTITIONER CLINICS

No.	Location	Branch/ Clinic	Doctor	Mon to Fri	Sat, Sun & PH	X-ray Facilities (subject to changes)
01	Ang Mo Kio Ave 10 VPPC Code: PAMK	Healthway Medical 452 Ang Mo Kio Avenue 10 #01-1787 Singapore 560452 Tel: 6451 6558 Fax: 6451 6559	Dr Hing Siong Chen Dr Cheng Yu Ching	Mon – Thurs 8:00am – 1:00pm 2:00pm – 5:00pm 6:00pm–9:00pm Fri 8:00am – 1:00pm 2:00pm – 5:00pm	Sat 8:00am – 1:00pm 2:00pm – 5:00pm Sun & Public Holiday 8:00am – 1:00pm	Radlink lite @ AMK 422 Ang Mo Kio Ave 3 #01-2516 Singapore 560422
02	Bedok North VPPC Code: BDK	Healthway Medical Blk 218 Bedok North Street 1 (Near Bedok MRT station) #01-17 Singapore 460218 Tel: 6441 0236 Fax: 6441 0276	Dr Queenie Lim Dr Shawn Tan Si Hong	Mon – Fri*** 8:00am – 1:00pm 2:00pm – 5:00pm 6:00pm–10:00pm	Sat, Sun & Public Holidays 8:00am – 1:00pm 2:00pm – 5:00pm	Asia Diagnostic Group Blk 214 Bedok North Street 1 #01-165 Singapore 460214
03	Jurong East** Code: JMCO	Medico Clinic & Surgery Blk 249 Jurong East Street 24 #01-88 Singapore 600249 Tel: 6561 0934	Dr Chen Jimou*	Mon to Thu*** 9:00am - 1:00pm 2:00pm - 4:30pm Fri*** 9:00am - 1:00pm	Sat*** 9.00am - 1:00pm Sun & Public Holidays*** Closed.	Radlink Lite @ Jurong 1 Jurong West Central 2, #B1A-19C, Jurong Point Shopping Centre Singapore 648886
04	Novena VPPC Code: NSQ	Healthway Medical 10 Sinaran Drive #09-36 Novena Medical Centre Singapore 307506 Tel: 6352 8696 Fax: 6352 8695	Dr John Cheng Ping Chang	Mon 8.30am – 1.00pm 2.00pm – 6.00pm Tue – Fri 8.30am – 1.00pm 2.00pm – 5.30pm	Sat 9.00am – 1.00pm Sun & Public Holidays Closed	Life Scan 10 Sinaran Dr, #08-02 Novena Medical Centre, Singapore 307506 DX Imaging
05	Shenton Way VPPC Code: S&A	Healthway Medical 6A Shenton Way #02-15 Downtown Gallery Singapore 0688815 Tel: 6220 2383 Fax: 6220 2160	Dr Chia Mei Fen	Mon – Fri 8.30am – 1.00pm 2.00pm – 5.30pm	Sat, Sun & Public Holidays Closed	Healthway Screening @ Downtown 6A Shenton Way, #03-11 Downtown Gallery, Singapore, 068815

No.	Location	Branch/ Clinic	Doctor	Mon to Fri	Sat, Sun & PH	X-ray Facilities (subject to changes)
06	Towner Road VPPC Code: HBK	Healthway Medical Blk 101 Towner Road, #01-236 Singapore 322101 Tel: 6297 7592 Fax: 6297 6934	Dr Wee Tien Hsu Jeremy	Mon & Thurs 8:30am – 1:00pm 2:00pm – 5:00pm 6:00pm – 9:00pm Tue, Wed & Fri*** 8:30am – 1:00pm 2:00pm – 5:00pm	Sat, Sun & Public Holiday 8:30am – 1:00pm	Boston Imaging Radiology & Diagnostic Pte Ltd Blk 101 Towner Road #01-200 Singapore 322101
07	Tampines St 11 VPPC Code: UMTP	Healthway Medical Blk 139 Tampines St 11 #01-16 Singapore 521139 Tel: 6781 2281	Dr Choong Sheau Peng Dr Ho Tet Khiun	Mon – Fri 8:30am – 1:00pm 2:00pm – 4:30pm 6:45pm – 8:45pm	Sat & Sun 8:30am – 12:30pm Public Holiday Closed	Tampines Street 11 X-Ray Clinic (Medical Imaging) 138 Tampines St. 11, #01-130, Singapore 521138