SAFE SPORT
COMMISSION SINGAPORE



## One-on-one interactions

- One-on-one interactions between a person in authority and a Minor must always be in an **observable** and **interruptible** environment
- If privacy is required (e.g., healthcare), ensure that **written consent** is obtained from the Minor's parent or guardian
- If a meeting needs to take place in an enclosed space, choose rooms with **high visbility** (e.g., glass windows) and ensure the **door is unlocked**




## Changing room

- **One-on-one interactions** between a person in authority and a Minor in a changing room is **strictly prohibited**, unless another adult is present
- **No person should be in a state of undress** in the presence of a Minor or a person of the opposite gender
- Use of **photographic or recording device** is prohibited unless for a specific purpose (e.g., team achievement) and prior approval is sought



## Massage & Rubdowns

- Any massage or rubdown on a Minor must be performed by an **authorised personnel** and with **another adult present**
- **Written consent** should be obtained from the Minor's parent or guardian
- **Consent must be sought** before any massage or rubdown is performed, including **how and where** it is performed



## Intimate Relationships

- Any intimate relationship **between an adult and a Minor** is considered exploitative and is **strictly prohibited**
- Intimate relationships between adults where a **Power Imbalance** exists (e.g., coach-athlete) should be avoided
- If such a relationship exist, it must be **declared** and arrangements made to **reduce conflict of interest**