



All talks are approximately 45 minutes in duration.

Day 1 - Saturday, 3 Aug 2024

| Time | Programme |
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| 1pm | <p>Some beautiful Singapore Dipterocarps Dr S K Ganesan National Parks Board</p> <p>About the talk: The dipterocarps are a group of vast and beautiful trees that dominate the pristine forests of South-East Asia. These trees are better known by the names of the woods that they produce, e.g. balau, cengal, keruing and meranti. The diversity documented presently for Singapore may be regarded as impressive, with 10 genera and 36 species of dipterocarps recorded as occurring in the wild. These trees are found mainly in the Bukit Timah and Central Catchment Nature Reserves. Photographic documentation of these trees is presented in this talk. In recent years, dipterocarps have also been increasingly planted in the urban environment in Singapore, including roadsides and parks. The talk also highlights characteristics that are important in species identification and developments in dipterocarp taxonomy and discusses arboriculture and urban forestry implications.</p> <p>About the speaker: Dr S K Ganesan is a taxonomic botanist at the Singapore Botanic Gardens specialising in a number of big-tree families, including the dipterocarps. He had early training as a forester and later served in urban forestry with the National Parks Board, Singapore. He is also a certified arborist with the International Society for Arboriculture for many years.</p> |
| 2pm | <p>From Paris to Singapore: the fantastic adventure of edible plants Mr Pascal Garbe</p> <p>About the talk: Renowned gardener and cooking enthusiast Pascal Garbe will share insights on cultivating and cooking with unique plants, including those native to Singapore. He will also provide simple recipes using familiar plants that can be grown at home, offering a unique opportunity to cultivate exceptional plants in gardens or on terraces.</p> <p>About the speaker: Pascal Garbe, Europe's top edible plant specialist, collaborates with renowned chefs and has authored several books on the subject, including an encyclopaedia of beautiful and edible plants. He is also the head judge for the Singapore Garden Festival.</p> |





Day 2 - Sunday, 4 Aug 2024

| Time | Programme |
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| 1pm | <p>Plant Styling Mr Leo Tay The 3 Keys</p> <p>About the talk: Learn to arrange and care for plants to create visually appealing and harmonious spaces by selecting complementary textures, colours, and shapes. Gain insights into plant styling tips and care and witness live demonstrations of plant styling scenarios.</p> <p>About the speaker: As a plant enthusiast and stylist, Leo crafts living tapestries from leaves, petals, and branches, creating a symphony of texture, colour, and light.</p> |
| 2 pm | <p>Blossoms Unbound: Ikebana's Artistry with Unique Botanicals Ms Gwen Yong Ikebana International Singapore Chapter 135</p> <p>About the talk: Explore the reimagined Japanese floral art of modern ikebana, blending traditional elegance with contemporary flair using unique botanical materials. Each breathtaking arrangement combines striking textures and vibrant colours, telling a story of innovation and timeless artistry.</p> <p>About the speaker: Gwen, a distinguished Ikebana artist with over 15 years of experience, is deeply dedicated to the traditional Japanese floral art form. Her commitment to excellence is evident through her achievements, including holding the 1st-grade Jonin Somu status and a certified teacher's diploma from Sogetsu-Ryu HQ in Tokyo, Japan. She remains updated on the latest trends and techniques through workshops at Sogetsu HQ and engagements within the Japanese Sogetsu community.</p> |
| 4pm | <p>Ikenobo Ikebana: "Bridging Tradition and Modernity" Dr Leonard Lim Ikenobo Ikebana Society</p> <p>About the talk: Ikenobo Ikebana, with a history dating back to 1462, has evolved to incorporate modern expressions while maintaining traditional forms. Dr Lim</p> |





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| | <p>will showcase all three styles of arrangement, from traditional to modern, in this demonstration.</p> <p>About the speaker: Dr Lim has been teaching Ikenobo ikebana locally since 1991 and is the Founding President of the Ikenobo Ikebana Society, Singapore Chapter. He has conducted workshops and demonstrations and is a dental surgeon by training.</p> |
| 5pm | <p>Paper Petals: Sustainable Floral Artistry Mr Anson Low, AIFD Nobleman School of Floral Design</p> <p>About the talk: Anson will explore an innovative approach to floral design that combines sustainability with artistic creativity by repurposing recycled office paper and eco-friendly floral structures, complemented by vibrant fresh flowers to create floral art.</p> <p>About the speaker: With over 30 years of experience in Floral Design, Anson Low is an Affiliated Member of the World Flower Council and the American Institute of Floral Design. He has collaborated with international personalities, won awards, and served as the Principal of Nobleman School of Floral Design and the Creative Director of Nobleman Institute of Floral Design.</p> |
| 6pm | <p>Workshop: The Magical World of Mushrooms Mr Ryan Ong Fogo Fungi Pte Ltd</p> <p>About the workshop: Join us for 'The Magical World of Mushrooms', an engaging and educational workshop designed for children aged 5 to 12 and their families.</p> <p>During the session, participants will explore the fascinating anatomy and life cycle of mushrooms. The highlight of the workshop is a hands-on activity where children and their families will learn to grow their own mushroom mycelium using household waste like cardboard. This interactive experience not only educates but also inspires creativity and an appreciation for sustainable practices. Don't miss this unique opportunity to delve into the magical world of mushrooms!</p> <p><i>Interested to participate in this workshop? You may register at this link. Fees apply.</i></p> |





About the speaker:

Fogo Fungi is a Singapore agrifood tech startup focused on growing gourmet mushrooms using fungi to upcycle food waste. Ryan, the founder, advocates for youth entrepreneurship and holds a business management degree from Singapore Management University.





Day 3 - Monday, 5 Aug 2024

| Time | Programme |
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| 10am | <p>Exploring Fruits and Seeds of Heritage Trees Ms Pauline Tay & Ms Low Wei Teng National Parks Board</p> <p>About the talk: This talk on heritage trees highlights the importance of these trees and encourages individuals to play a part in preserving Singapore's natural history by protecting these special mature trees.</p> <p>About the speakers: Wei Teng and Pauline are part of the Horticulture Outreach team at the National Parks Board. They organise and lead exploration tours and workshops on the Heritage Trees, plants and horticulture of Singapore's natural biodiversity.</p> |
| 1pm | <p>Floral Artistry: Embracing Sustainability and Nature's Essence Ms Zoe Kuek & Ms Berlinda Tan Nobleman School of Floral Design</p> <p>About the talk: Berlinda Tan: Promoting sustainable floral design by avoiding floral foam and using locally grown tropical blooms and recycled materials promoting sustainability.</p> <p>Zoe Kuek: Showcasing vibrant blooms transformed into visual masterpieces, paying tribute to nature's artistry. It captures the essence of the wild and the refined, evoking a deeper connection to our environment.</p> <p>About the speakers: Berlinda is a floral artist and owner of an online floral business. She completed her floral education at Nobleman Institute of Floral Design with a Diploma in Floristry Management.</p> <p>Zoe is a certified Floral Designer (CFD) who founded an e-commerce floral shop in Singapore since November 2021. Her journey from passion to incorporation has created a place where beauty blooms and emotions are expressed through flowers.</p> |
| 2pm | <p>Understanding and Managing Plant Diseases: Insights from the Phytopathology Laboratory Mr Muhd Azhari & Dr Jia Yih Wong</p> |





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| | <p>National Parks Board</p> <p>About the talk: Explore plant diseases with Muhd Azhari & Dr Wong from the Plant Science & Health branch as they share how to identify common plant diseases and simple strategies to manage them for healthy landscapes and gardens.</p> <p>About the speaker: Both Senior Scientists represent the Phytopathology Laboratory of Plant Science & Health, which specialises in identifying various fungal, bacterial, and viral plant diseases, and offering management solutions for them.</p> |
| 3pm | <p>Floral Stories: Embracing Imperfection and Urban Resilience Ms Denmy Lam & Ms Jessica Tan Nobleman School of Floral Design</p> <p>About the talk: Drawing inspiration from a 30-day pilgrimage walk in Spain, Denmy crafts unique floral centrepieces using foraged materials and everyday objects, each telling its own story. These creations capture the essence of fleeting moments and reflect the beauty of life's journey, symbolizing meaningful encounters with strangers.</p> <p>Jessica's floral display illustrates how plants growing from cracks, vines wrapping around buildings, and wildflowers blooming in sidewalk crevices reveal the beauty in imperfection, demonstrating the thriving life and beauty in unlikely urban spaces as nature reclaims its place among steel and stone.</p> <p>About the speakers: Denmy Lam is an accomplished artist and floral designer with diverse educational background and numerous accolades in floral design. Denmy has garnered accolades such as being a top 5 finalist at the Singapore Garden Festival 2024 Prelude Floral Fiesta Competition, winning the first prize at the Floral Fiesta: A Floral Creation Challenge 2022, and receiving a Silver Award at the World Flower Council Summit 2023 in Vietnam.</p> <p>As a sculptor with a fine arts background, Jessica is captivated by the tactile and expressive qualities of three-dimensional form. She combines urban materials like wood, stone, metal, and glass with found objects and organic matter, aiming to explore and celebrate the dynamic relationship between urban and natural elements through her sculptures.</p> |





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| 5pm | <p>How to not kill your plants Dr Wilson Wong National Parks Board</p> <p>About the talk: Are you concerned about keeping your plants alive? Join this beginner's gardening talk to gain a fundamental understanding of successfully growing plants in your garden. Learn how to choose the right plant for the right location and select species that best suit your lifestyle.</p> <p>About the speaker: Dr Wilson Wong is a specialist in edible horticulture and serves as the Curator of Horticulture Curation & Outreach and Deputy Director of Jurong Lake Gardens Operations at the National Parks Board. He is also a resident columnist for The Straits Times Root Awakening gardening Q&A column and an adjunct Assistant Professor at the National University of Singapore, where he teaches undergraduate students on post-harvest food processing. Dr Wong is actively involved in educating the public and landscaping industry on gardening and horticulture.</p> |
| 6pm | <p>Workshop: Threaded Tranquility: Kokedama Mr Leo Tay The 3 Keys</p> <p>About the workshop: Kokedama is a Japanese term that translates into moss ball. It replaces the use of pots as it is made of soil, covered with moss sheet, stings or coconut fibre sheets.</p> <p><i>Interested to participate in this workshop? You may register at this link. Fees apply.</i></p> <p>About the speaker: As a plant enthusiast and stylist, Leo crafts living tapestries from leaves, petals, and branches, creating a symphony of texture, colour, and light.</p> |





Day 4 - Tuesday, 6 Aug 2024

| Time | Programme |
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| 10am | <p>Lessons Learnt Growing in an Urban Farm Ms Rebecca Neo Edible Garden City</p> <p>About the talk: In this session, we explore the lessons learned from urban farming in Singapore, drawing on personal experiences to inspire reflection and draw parallels between plant growth and personal growth. We share stories of how cultivating edibles has influenced our mindsets, aiming to inspire urban dwellers to engage in deeper reflection as they immerse themselves in nature and gardening.</p> <p>About the speaker: Rebecca brings years of experience in biodiversity and conservation, having worked in the S.E.A. Aquarium's Edu-Ops team, guided children in a Tuition with Love program, and worked in Edible Garden City's Farm Ops team. She is passionate about connecting with people and being part of their journey to understand and appreciate nature.</p> |
| 11am | <p>Companion Planting for a Sustainable Organic Garden Mr Nagib Elimad City Sprouts</p> <p>About the talk: "Companion Planting for a Sustainable Organic Garden" is a talk that delves into the benefits of growing plants together for mutual support and natural pest control. It covers the concept and history of companion planting, specific plant pairings for pest deterrence, enhanced pollination, improved soil health, and increased crop yields, offering practical advice for different climates and soil types.</p> <p>About the speaker: Meet Nagib, a passionate advocate for environmental stewardship and the importance of growing one's own food. After a career in product management, he made a bold move into urban farming, driven by the urgent need to shift lifestyles for environmental preservation. He advocates for eco-friendly farming methods and aims to inspire others to follow suit, embodying resilience, courage, and a commitment to making a positive impact on the world.</p> |





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| 1pm | <p>Entomology and Nematology: Simple Sylla-buzz to Common Garden Pests. Learn the Right Ant-sers to Your Problems! Mr Derrick Nguyen & Mr Jaren Wong National Parks Board</p> <p>About the talk: Your gardens are swamped with bugs? Join Derrick and Jaren from the Plant Science & Health branch at the National Parks Board to learn how to distinguish between beneficial and harmful garden bugs, and sustainably manage common garden pests using household ingredients.</p> <p>About the speaker: Derrick and Jaren are trained entomologists who specialise in integrated management of arthropod pests including subterranean termites, tree borers, Lepidopteran defoliator moths, stored product and ornamental plant pests.</p> |
| 2pm | <p>An Orchid's Journey-From Seedpod to Flower pot Ms Kee Kai Ying National Parks Board</p> <p>About the talk: Curious about the process of creating new orchid hybrids? Kai Ying from the National Orchid Garden will discuss orchid breeding, considerations and steps for naming new orchid hybrids, some of which are named after dignitaries, and how the diverse orchid hybrids are displayed in the National Orchid Garden.</p> <p>About the speaker: Kai Ying is a senior horticulture officer who has been managing landscapes in the National Orchid Garden, Singapore Botanic Gardens for 9 years. She enjoys working outdoors and has the unique opportunity to breed new orchid hybrids, contributing to Singapore's orchid diplomacy and fostering bilateral ties with other countries.</p> |
| 3pm | <p>Floral Delights: The Artistry of 3D Jelly Creations Ms Janet Su Vanilla Bean SG</p> <p>About the talk: Discover the popular 3D Jelly Art, an edible art sensation in Singapore for the past 9 years, now a beloved dessert. The Vanilla Bean SG will demonstrate creating this food art using floral injections and fillers made from jelly powder and coconut. This Halal Certified and vegetarian-friendly jelly cake is both visually appealing and delicious.</p> |





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| | <p>About the speaker: Janet, with over 15 years of retail management experience, transitioned to 3D Jelly Art in 2015, becoming a pioneer in the craft. She has taught this culinary art to numerous students in Singapore and abroad, conducted workshops, and served as a guest instructor at various culinary studios. Additionally, Janet has led jelly art workshops for multinational corporations and achieved a record-breaking corporate class size of 100 participants in 2019.</p> |
| <p>4pm</p> | <p>Reaching New Heights: Elevating Your Orchid Cultivation in High-Rise Spaces Mr Nicholas Chua Orchid Society of South East Asia</p> <p>About the talk: This presentation provides valuable insights into caring for orchids in a high-rise urban environment, covering topics such as Singapore's unique climate, selecting orchid species, watering techniques, growing mediums, and pest management. Attendees will gain practical knowledge to help their orchids thrive in Singapore.</p> <p>About the speaker: Nicholas is an accomplished orchid grower with over a decade of experience. Through years of hands-on experimentation and dedicated cultivation, Nicholas has honed his skills in orchid care, developing a keen understanding of their unique requirements and behaviours.</p> |
| <p>5pm</p> | <p>Urban Oasis: Exploring High-Rise and Indoor Gardening Dr Wilson Wong National Parks Board</p> <p>About the talk: Discover the world of high-rise gardening, where Singaporeans in urban apartments seek to bring greenery indoors and cultivate edible plants. Join us to explore the unique high-rise growing environment and learn about a variety of suitable plant types that thrive in home gardens.</p> <p>About the speaker: Dr Wilson Wong is a specialist in edible horticulture and serves as the Curator of Horticulture Curation & Outreach and Deputy Director of Jurong Lake Gardens Operations at the National Parks Board. He is also a resident columnist for The Straits Times Root Awakening gardening Q&A column and an adjunct Assistant Professor at the National University of Singapore, where he teaches undergraduate students on post-harvest food processing. Dr Wong is actively involved in educating the public and landscaping industry on gardening and horticulture.</p> |





6pm

Workshop: Semi- Hydroponics for your Houseplants

Mr Mohammed Effendi Bin Mohammed Sani

Little Botany

About the workshop:

Join us for a hands-on workshop on Semi-Hydroponics for Houseplants. Learn the basics of this low maintenance growing method, perfect for urban dwellers. Discover how to set up and care for your houseplants using semi-hydroponic techniques and bring the benefits of this innovative approach to your indoor greenery.

Interested to participate in this workshop? You may register at this [link](#). Fees apply.

About the speaker:

Little botany began as an Instagram hobbyist account, showcasing the owner's ornamental plant collection and attracting a diverse following. What started as token sales of cuttings evolved into a business championing urban gardening, eco-friendly living, social inclusivity, and positive community impact. Little botany aims to share the joy of beautifying homes with plants, promoting happiness in small pots.





Day 5 - Wednesday, 7 Aug 2024

| Time | Programme |
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| 10am | <p>Biophilic Design for Home & Office Mr David Wu Biophilic Private Limited</p> <p>About the talk: Mr David Wu, Founder of Biophilic Consultants, will discuss the transformative impact of biophilic design on living and working spaces. Learn about the proven benefits of biophilic design in reducing stress, enhancing mood, and boosting creativity and productivity, and how embracing nature's elements can improve our quality of life.</p> <p>About the speaker: David Wu, the founder of Biophilic in 2019, brings over 15 years of experience in Garden Design & Landscape Construction, specialising in ABC waterway and Biotopes Bio-Engineering. He is a leading advocate for Biophilia and Biophilic design principles in Singapore and beyond.</p> |
| 11am | <p>My Rewards as a Lifelong Gardener and Paying Forward Ms Shelley Siu</p> <p>About the talk: Shelley, whose name means "girl from the meadows" in Irish, has always been connected to nature, enjoying outdoor activities and bringing plants indoors. Before the Community in Bloom (CIB) initiative, she took pride in her private gardens, sharing her love for beautifying spaces with neighbours and friends. Shelley's passion for greening spaces is not only beautiful but also fulfilling, and she invites others to be inspired by her love for nature.</p> <p>About the speaker: Professional: HRD Consultant Branding Consultant Social Entrepreneur CIB Gardener</p> |
| 1pm | <p>Essential Growing Orchids in Highrise Apartments Mr Muhammad Ridhwan Bin Ibrahim Wan Orchids</p> <p>About the talk: Join our speaker as Ridwan delves into the fundamental requirements for</p> |





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| | <p>cultivating and selecting orchids in the limited spaces of high-rise apartments in Singapore. Gain valuable tips on sustaining the beautiful blooms of orchids for leisure and enjoyment.</p> <p>About the speaker: Ridhwan has been a member of the Orchid Society of South East Asia OSSEA for more than 10 years. He is also the Orchid Seller from W.O. Wan Orchids and Garden Ambassador for Woodlands Zone 8 Residents' Network. He has given past talks at the Public Libraries, Residents' Network and recently at the Gardeners' Day Out at HortPark. Since 2019, he has joined orchid competitions and won several awards competing with various entries by professional growers to hobbyists.</p> |
| 2pm | <p>Semi Hydroponic Gardening Mr Mohammed Effendi Bin Mohammed Sani Little Botany</p> <p>About the talk: As the eco-friendly plant community continues to evolve, gardening has become an essential part of daily life. Exploring semi-hydroponics gardening not only conserves water but also repurposes old jars and glasses into semi-permanent plant homes, reducing soil usage, water consumption, and plastic use. Join Fendi from Little botany as we explore this innovative gardening concept.</p> <p>About the speaker: Little botany began as an Instagram hobbyist account, showcasing the owner's ornamental plant collection and attracting a diverse following. What started as token sales of cuttings evolved into a business championing urban gardening, eco-friendly living, social inclusivity, and positive community impact. Little botany aims to share the joy of beautifying homes with plants, promoting happiness in small pots.</p> |
| 3pm | <p>Floral Delights: The Artistry of 3D Jelly Creations Ms Janet Su Vanilla Bean SG</p> <p>About the talk: Discover the popular 3D Jelly Art, an edible art sensation in Singapore for the past 9 years, now a beloved dessert. The Vanilla Bean SG will demonstrate creating this food art using floral injections and fillers made from jelly powder and coconut. This Halal Certified and vegetarian-friendly jelly cake is both visually appealing and delicious.</p> <p>About the speaker: Janet, with over 15 years of retail management experience, transitioned to</p> |





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| | <p>3D Jelly Art in 2015, becoming a pioneer in the craft. She has taught this culinary art to numerous students in Singapore and abroad, conducted workshops, and served as a guest instructor at various culinary studios. Additionally, Janet has led jelly art workshops for multinational corporations and achieved a record-breaking corporate class size of 100 participants in 2019.</p> |
| 4pm | <p>Botanical Tapestry: Exploring Unusual Natural Materials Mr Keith Lin</p> <p>About the talk: Welcome to the captivating world of botanical tapestry, where nature's abundant beauty intertwines with artistic ingenuity. You are invited to join Keith on an immersive journey through the realm of floral artistry, where the ordinary becomes extraordinary using unusual natural materials.</p> <p>About the speaker: Keith Lin, a Master of Floral Artistry and Garden Design, seamlessly blends horticultural expertise with a deep passion for floral artistry. With a remarkable record of international accolades, including a Gold medal at the Chelsea Flower Show, Silver Medal at the International Flower Garden Show, and the People's Choice Award at the Gardening World Cup, Keith brings a visionary approach to his consultancy and design projects. Prepare to be captivated by Keith's transformative designs and his exceptional ability to create beauty that transcends boundaries.</p> |





Day 6 - Thursday, 8 Aug 2024

| Time | Programme |
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| 10am | <p>Exploring Fruits and Seeds of Heritage Trees Ms Pauline Tay & Ms Low Wei Teng National Parks Board</p> <p>About the talk: Learn about the stories behind 5 grand ole Heritage Trees of Singapore and explore their unique fruits and seeds. Find out how Heritage trees are cared for and how you can play a part in protecting Singapore's natural history through these special mature trees on our little red dot!</p> <p>About the speakers: Wei Teng and Pauline are part of the Horticulture Outreach team at the National Parks Board. They organise and lead exploration tours and workshops on the Heritage Trees, plants and horticulture of Singapore's natural biodiversity.</p> |
| 1pm | <p>Soil Management Laboratory: Magic Beneath our feet Mr Edgar Raeben George National Parks Board</p> <p>About the talk: Join us at the Singapore Garden Festival to explore the significance of soil and its impact on global ecosystems. Soil, as a fundamental natural body alongside air and water, plays a crucial role in mitigating climate change and nurturing plant growth. Discover how soil amendments like compost and biochar can rejuvenate soil quality, fostering greener and healthier landscapes. Let's embark on a journey to unlock the mysteries of soil and harness its magic for a more sustainable tomorrow.</p> <p>About the speaker: Edgar Raeben George is a Scientist at the Soil Management Laboratory, specialising in soil analysis and providing recommendations to enhance soil quality for plant growth. His research focuses on soil function, regeneration, quality, services, and management.</p> |
| 2pm | <p>Growing Xeric Orchids in an Apartment Mr Mark Choo National Parks Board</p> <p>About the talk: Mark will discuss the cultivation of some Eulophia and Oeceoclades</p> |





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| | <p>species, terrestrial orchids found in Madagascar and tropical Africa. These xeric orchids require reduced irrigation and are relatively easy to grow with the right conditions, suitable for balcony or corridor environments.</p> <p>About the speaker: Mark is the Assistant Curator of the National Orchid Garden, Singapore Botanic Gardens and has been growing all kinds of orchids for more than 20 years. He oversees the operations and curative aspects of the National Orchid Garden.</p> |
| <p>3pm</p> | <p>An Orchid's Journey-From Seedpod to Flower pot Ms Kee Kai Ying National Parks Board</p> <p>About the talk: Curious about the process of creating new orchid hybrids? Kai Ying from the National Orchid Garden will discuss orchid breeding, considerations and steps for naming new orchid hybrids, some of which are named after dignitaries, and how the diverse orchid hybrids are displayed in the National Orchid Garden.</p> <p>About the speaker: Kai Ying is a senior horticulture officer who has been managing landscapes in the National Orchid Garden, Singapore Botanic Gardens for 9 years. She enjoys working outdoors and has the unique opportunity to breed new orchid hybrids, contributing to Singapore's orchid diplomacy and fostering bilateral ties with other countries.</p> |
| <p>4pm</p> | <p>Chromatic Crescendo: Ikebana's Colourful Artistry Unveiled Ms Yuki Chong Ikebana International Singapore Chapter 135</p> <p>About the talk: Discover the captivating artistry of ikebana, where a vibrant palette comes together in perfect harmony. Every flower is carefully positioned, resulting in a beautiful array of colours that exude serenity and equilibrium. This graceful blend of nature and creativity beckons you to delve into the delicate allure and emotive impact of floral compositions.</p> <p>About the speaker: Yuki began learning Ikebana in 2011 under Ms. Hiroko Prado in Singapore. She found her passion for the art form and now holds a Sogetsu School certified 2nd grade instructor certification. Yuki's modern approach to Ikebana emphasises the movement of materials, and she has been involved in exhibitions and demos in Singapore, Tokyo, and Boston.</p> |





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| 5pm | <p>Fleurbulous 59: Celebrating Singapore's 59th National Day with Sustainable Elegance Mr Philip Foo Floral Designers Society (Singapore)</p> <p>About the talk: Join us for "Fleurbulous 59," a sustainable floral design presentation commemorating Singapore's 59th National Day. The focus is on the 3Rs of reduce, reuse, and recycle to promote sustainability and environmental consciousness in floristry. Using natural materials, red and white flowers, and National Day motifs, the floral designs celebrate the community and reflect the tropical island garden city state.</p> <p>About the speaker: Philip Foo is a veteran Couture Florist, Event Stylist, Designer, Artist, and Educator. His passion for floral design began in 1992 when he started creating flower arrangements for church. This passion led to the establishment of Floraphil – Couture Flowers For Your Special Moment. With a keen eye for aesthetics, Philip transforms venues and creates ambience with floral décor. He also shares his skills through workshops and private classes, and currently serves as the President of the Floral Designers Society (Singapore).</p> |





Day 7 - Friday, 9 Aug 2024

| Time | Programme |
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| 10am | <p>Biophilic Skyrise Greenery Mr David Wu Biophilic Private Limited</p> <p>About the talk: Explore how Biophilic Skyrise Greenery integrates natural elements into buildings, offering benefits like improved air quality, natural temperature control, ample natural lighting, and support for urban ecology. Join Mr David Wu, Founder of Biophilic Consultants, to discover how this approach transforms environments, inspiring communities and supporting Singapore's City in Nature vision.</p> <p>About the speaker: David Wu, the founder of Biophilic in 2019, brings over 15 years of experience in Garden Design & Landscape Construction, specialising in ABC waterway and Biotopes Bio-Engineering. He is a leading advocate for Biophilia and Biophilic design principles in Singapore and beyond.</p> |
| 11am | <p>Cultural guides for Commonly Grown Orchids in Singapore Mr K Gopalan Orchid Society of South East Asia</p> <p>About the talk: Discover the world of orchids in this presentation tailored to Singapore's climate. Learn about caring for various orchid species, from Phalaenopsis to Vanda, and their specific cultural requirements such as light, temperature, humidity, and watering schedules. Gain practical tips for promoting healthy growth, encouraging blooming, and preventing common issues.</p> <p>About the speaker: Mr K Gopalan, President of the Orchid Society of South East Asia, is a distinguished figure with decades of experience in orchid cultivation. His passion for orchids has led him to advocate for their preservation and promote their beauty and diversity across the region. Under his leadership, the society has flourished, fostering a community dedicated to advancing the appreciation and understanding of these exquisite flowers.</p> |





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| 12.30pm | <p>Efforts to Restore Natural Areas to Sites Left Behind by Large-Scale Earth and Sand Mining Mr Tatsuya Koyama General Manager of Awaji Flower Festival Committee Director of General Affairs, Hyogo Prefectural Government</p> <p>About the talk: In the latter half of the 20th century, Japan reclaimed land for development, leaving steep rock slopes near the coast. Hyogo Prefecture has since initiated rapid reforestation efforts to restore the original forest, aiming to create a scenic forest and promote the "idea of coexistence between human and nature". This presentation will focus on the current status 30 years after the tree-planting project and ongoing efforts to uphold this concept.</p> |
| 2pm | <p>Composting in Singapore Ms Ang Ee Peng Soil Social</p> <p>About the talk: Join us for a talk on how composting tackles climate change and soil infertility. Learn how it transforms organic waste into valuable nutrients, reducing landfill use and greenhouse gas emissions. Discover its benefits for soil health and sustainable agriculture and get practical tips for home composting. Explore global food waste solutions and be inspired by Singapore's initiatives. This talk will equip you to contribute to a greener, more sustainable future.</p> <p>About the speaker: Ee Peng is the founder of Soil Social, a local composting startup dedicated to transforming organic waste into premium-quality compost. Their flagship products, the Magic Compost and Magic Composter, revolutionised apartment composting, offering a hassle-free experience without foul smell and pests. Their mission is to divert organic waste from landfills and elevate soil quality in Singapore and neighbouring regions for greater food resilience.</p> |
| 3pm | <p>Floral Delights: The Artistry of 3D Jelly Creations Ms Janet Su Vanilla Bean SG</p> <p>About the talk: Discover the popular 3D Jelly Art, an edible art sensation in Singapore for the past 9 years, now a beloved dessert. The Vanilla Bean SG will demonstrate creating this food art using floral injections and fillers made from jelly powder and coconut. This Halal Certified and</p> |





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| | <p>vegetarian-friendly jelly cake is both visually appealing and delicious.</p> <p>About the speaker: Janet, with over 15 years of retail management experience, transitioned to 3D Jelly Art in 2015, becoming a pioneer in the craft. She has taught this culinary art to numerous students in Singapore and abroad, conducted workshops, and served as a guest instructor at various culinary studios. Additionally, Janet has led jelly art workshops for multinational corporations and achieved a record-breaking corporate class size of 100 participants in 2019.</p> |
| 4pm | <p>Wabi-Sabi - Beauty in Imperfection Ms Siet and Ms Janice Singapore Flower Club</p> <p>About the talk: Flower arrangements don't have to be perfect. What matters is enjoying and appreciating each flower, leaf, and stem coming together as one.</p> |
| 5pm | <p>Edible gardens in Jurong Lake Gardens Dr Wilson Wong National Parks Board</p> <p>About the talk: Come and explore the Edible Gardens at Jurong Lake Gardens. This unique attraction serves as a platform to evaluate crop performance in our local environment and also as a space for community engagement, where we gather to share knowledge with garden volunteers on cultivating your own food. Join us for this session to gain insights into the garden's design process and the various community involvement initiatives conducted by the Gardens.</p> <p>About the speaker: Dr Wilson Wong is a specialist in edible horticulture and serves as the Curator of Horticulture Curation & Outreach and Deputy Director of Jurong Lake Gardens Operations at the National Parks Board. He is also a resident columnist for Straits Times Root Awakening gardening Q&A column and an adjunct Assistant Professor at the National University of Singapore, where he teaches undergraduate students on post-harvest food processing. Dr Wong is actively involved in educating the public and landscaping industry on gardening and horticulture.</p> |





Day 8 - Saturday, 10 Aug 2024

| Time | Programme |
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| 10am | <p>Growing High Nutrition Microgreens at Home Ms Faith Foo The Living Centre</p> <p>About the talk: Join us for an insightful presentation on the incredible benefits of microgreens and how anyone, from city residents to rural farmers, can grow these nutrient-rich plants. We will explore the simplicity of cultivating microgreens at home, their extensive nutritional benefits, and ways to incorporate them into daily meals.</p> <p>About the speaker: Faith Foo, Founder of The Living Centre, has trained over 8,100 growers from 27 countries. Her focus on holistic living encompasses Nutritional Health and Emotional Health, leading to the development of a comprehensive curriculum for those interested in holistic living.</p> |
| 11am | <p>How to be a Highrise Gardener Mr Ben Chong Plant Entrepreneur</p> <p>About the talk: Gardening in Singapore's tropical climate can be both rewarding and challenging. This session offers practical tips for successful high-rise gardening, covering plant selection, light and humidity management, watering, soil and fertilizer choice, personal gardening habits, natural pest control, container selection, and repotting. Join us to learn how to create and maintain a lush, green sanctuary that enhances your living space and well-being.</p> <p>About the speaker: Ben, an avid plant enthusiast, started his gardening journey 18 years ago with a focus on succulents grown along the corridor. Over time, his casual interest evolved into a deep passion, prompting him to expand his collection to include a variety of foliage plants. He established Derelor's Playground to connect with fellow hobbyists and has been selling locally propagated plants online and at NParks' Gardeners' Day Out events.</p> |
| 1pm | <p>Pots for Bonsai Mr Lim Keow Hua Singapore Penjing and Stone Appreciation Society</p> |





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| | <p>About the talk: Bonsai pots are vital for miniaturised tree cultivation, providing essential support for the roots and soil. They must have good drainage and aeration, the right size to accommodate the root system, and a shape that complements the tree for a harmonious presentation. The session will showcase examples of tree and pot matching, including Zhisha antique pots.</p> <p>About the speaker: Retired Master mariner. President of Singapore Penjing and Stone Appreciation Society. Vice Secretary of International Zhen He Society. Antique & old pots collector.</p> |
| <p>2pm</p> | <p>Plenteous Joy - Floral Demo Ms Evelyn Lee Floral Designers Society (Singapore)</p> <p>About the talk: Celebrating the exuberance of joy in the beauty of flowers. This demonstration showcases the versatility of floral beauty, through intricate designs and vibrant colour palettes. From table centrepieces to modern decor, these floral works are creative ways of incorporating florals to the idea of celebration, fostering a spirit of joy and warmth in the air.</p> <p>About the speaker: Evelyn Lee, a versatile professional, merges her expertise in EPS foam manufacturing with a passion for floral design. As the Floral Designer for SG Orchids and Vice President of the Floral Designers Society (Singapore), she actively contributes to the floral design community. Notable achievements include winning silver at the SGF Landscape Competition in 2018 and bronze at the First Sanya International Flower Tourism Festival Floral Design Competition in 2019.</p> |
| <p>3pm</p> | <p>The Magic of Mushrooms (Fungi): An Artistic & Fascinating Journey from Anywhere to Everywhere Mr Remus Chua Mushroom Academy</p> <p>About the talk: This presentation delves into the fascinating realm of mushroom cultivation, spanning traditional farms, garden setups, and home-based environments. Mushrooms (Fungi) can serve as art pieces, be seamlessly integrated into daily life, and even utilised as sustainable building materials.</p> |





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| | <p>About the speaker: Remus is an experienced professional in the renewable sector, passionate about sustainable development. With a strong background in energy and water industries, he has a proven track record of executing environmentally conscious projects, establishing himself as a subject matter expert. His commitment to sustainability goes beyond his professional endeavours.</p> |
| <p>4pm</p> | <p>Floral Concerto Dr Seemeen Mueen Uddeen, Ms Mariko Tudor & Mr Lakhbir Kaur a.k.a Lucky Singapore Flower Club</p> <p>About the talk: Giving expression to the idea of movement, the arrangement will employ a mixture of static and dynamic lines to create flow with colour contrast.</p> <p>About the speakers: Singapore Flower Club members</p> |
| <p>5pm</p> | <p>Growing Together: A Kampung Garden Mr Roc Koh Chit Song Corridor Farming</p> <p>About the talk: This presentation explores the transformative power of a community garden in fostering unity and connection among diverse groups through edibles. It delves into the personal story of a HDB dweller Roc Koh who took up an allotment plot in a community garden and eventually led to the venture of an agri-food startup called Corridor Farmers.</p> <p>The sharing highlights how Roc Koh came about joining the community garden and did not just learn how to grow edible plants but also forge relationships and create a shared sense of purpose in his journey as a community gardener.</p> <p>About the speaker: This presentation explores how a community garden fosters unity and connection through edibles, sharing the journey of HDB resident Roc Koh, who not only learned to grow edible plants but also built relationships and a shared sense of purpose as a community gardener.</p> |





6pm

Workshop: The Magical World of Mushrooms

Mr Ryan Ong
Fogo Fungi Pte Ltd

About the workshop:

Join us for 'The Magical World of Mushrooms', an engaging and educational workshop designed for children aged 5 to 12 and their families.

During the session, participants will explore the fascinating anatomy and life cycle of mushrooms. The highlight of the workshop is a hands-on activity where children and their families will learn to grow their own mushroom mycelium using household waste like cardboard. This interactive experience not only educates but also inspires creativity and an appreciation for sustainable practices. Don't miss this unique opportunity to delve into the magical world of mushrooms!

Interested to participate in this workshop? You may register at [this link](#). Fees apply.

About the speaker:

Fogo Fungi is a Singapore agrifood tech startup focused on growing gourmet mushrooms using fungi to upcycle food waste. Ryan, the founder, advocates for youth entrepreneurship and holds a business management degree from Singapore Management University.





Day 9 - Sunday, 11 Aug 2024

| Time | Programme |
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| 10am | <p>Tillandsia Tales: Unlocking the Secrets of Airplants Growth Mr Kevin Cheong PickAPlant</p> <p>About the talk: Discover from Kevin Cheong the art of cultivating stunning airplants at home. Gain insights into the varieties that flourish in Singapore and receive valuable tips on creating the ideal environment for their growth, ensuring the continuous happiness and health of each airplant.</p> <p>About the speaker: Kevin Cheong has been growing Tillandsia for more than 20 years and he often travels all around the world to bring in as many varieties of Tillandsia as possible to Singapore. He enjoys sharing with people on how to grow Tillandsia easily in the comfort of their homes.</p> |
| 11 am | <p>Innovative Ikebana: Mastering Creativity with Unique Materials Ms Esther Law Ikebana International Singapore Chapter 135</p> <p>About the talk: Explore the innovative side of ikebana, the Japanese floral art, by integrating unique materials to unleash your creativity. Picture driftwood entwined with vibrant orchids, or delicate blooms juxtaposed with metallic accents. This avant-garde approach turns ikebana into a dynamic, living sculpture, pushing the limits of traditional floral design and crafting captivating, unexpected masterpieces that inspire and captivate.</p> <p>About the speaker: A dedicated freelance florist who is passionate about her craft. She has been practicing Ikebana Sogetsu since 2018 and is an active member of Ikebana International Singapore. Continuously improving herself, she has participated in numerous exhibitions and has been honing her skills through learning from her teacher, Peggy Loh, and fellow enthusiasts. She has successfully achieved her Jonin Sanyo certification.</p> |
| 1pm | <p>Explore Biophilic Natural Pool Design Mr David Wu Biophilic Private Limited</p> <p>About the talk:</p> |





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| | <p>Explore Biophilic Natural Pool Design with Mr David Wu, Founder of Biophilic Consultants. Uncover how this design approach integrates nature into modern pool design, promoting relaxation and peace while transforming environments. Gain insights into its significance, implementation, and impact on well-being.</p> <p>About the speaker: David Wu, the founder of Biophilic in 2019, brings over 15 years of experience in Garden Design & Landscape Construction, specialising in ABC waterway and Biotopes Bio-Engineering. He is a leading advocate for Biophilia and Biophilic design principles in Singapore and beyond.</p> |
| 2pm | <p>Nature's Essence - Flora Demo Ms Chua Lee Hong Floral Designers Society (Singapore)</p> <p>About the talk: Experience the diverse celebrations of nature in the tropics through "Elements of Nature." Explore the resilience and longevity of bamboo, the enduring innovation of paper, and the radiant canvas provided by palm leaf sheaths in floral design. Join Lee Hong on a captivating journey through the beauty of nature and artistry, showcasing the use of bamboo, paper, and palm sheaths.</p> <p>About the speaker: With over a decade of experience in ikebana, Chua Lee Hong is a skilled Sogetsu ikebana practitioner and floral artist. Her work has been showcased at prestigious events such as the charity exhibition in memory of the Great East Japan Earthquake, Japan HQ Sogetsu exhibitions, Gardens by the Bay, Asia Pacific Orchid Conference, and more. Lee Hong's dedication to ikebana is underscored by her accreditation as a Sogetsu Japan Teaching Grade Diploma "Komon."</p> |
| 3pm | <p>Ikebana Mastery: Design principles Ms Viola Yong Ikebana International Singapore Chapter135</p> <p>About the talk: Discover the art of Ikebana in this floral arrangement demonstration. Learn how balance, proportion, and texture create harmony and elegance in every design. Unveil the secrets to crafting stunning, nature-inspired masterpieces that reflect the beauty and simplicity of this ancient Japanese tradition.</p> <p>About the speaker: Viola, a certified 1st grade instructor from the Sogetsu school in Tokyo,</p> |





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| | <p>has been practicing Ikebana for over twenty years. She has showcased her work in exhibitions across Asia and served as the President of the Ikebana International School Chapter from 2014-2015. Viola continues to conduct classes in Singapore and maintains a lifelong learning approach to the art by attending annual classes in Japan.</p> |
| <p>4pm</p> | <p>Daily Blooms: Finding Beauty in the Everyday Ms Lynda Suryadi, Ms Sumi Madayya & Ms Sujata Cowlagi Singapore Flower Club</p> <p>About the talk: "Daily Blooms: Finding Beauty in the Everyday" is a floral demonstration that celebrates the art of transforming everyday items into exquisite floral arrangements. This theme encourages the audience to explore the artistic potential of materials commonly found in their homes, gardens, and local supermarkets, promoting sustainability and creativity.</p> <p>About the speakers: Lynda Suryadi began her floral journey in 2016 in Bangkok, deepening her involvement in Jakarta and Singapore. She particularly enjoys the artistic manipulation of leaves in her designs. She became a member of the Singapore Flower Club, actively engaging in numerous floral events both locally and internationally.</p> <p>Sumi Madayya's interest in floristry began in the U.S. and continued in Singapore, focusing on bespoke bouquets and sustainable designs. She completed a floristry course at RIFA and joined the Singapore Flower Club. Sujata Cowlagi, President of the Singapore Flower Club, studied floral art in Japan and holds a UK certification in floral design. She enjoys creating floral arrangements inspired by various cultures.</p> |
| <p>5 pm</p> | <p>Modern Elegance: Transform Your Home with Ikebana Ms Anna Kwan Ikebana International Singapore Chapter 135</p> <p>About the talk: Elevate your home with modern ikebana, the Japanese floral art that reinvents elegance. Bold, asymmetrical designs and innovative botanical materials form striking visual contrasts. Each arrangement is a dramatic blend of nature and contemporary artistry, turning your space into a refined sanctuary of beauty and tranquillity, where tradition meets modern sophistication.</p> <p>About the speaker: Anna Kwan is a passionate leader in floral art, community service, and entrepreneurship. Her dedication to Ikebana led her to serve as</p> |





President of the Ikebana International Singapore Chapter 135 where she introduced innovative initiatives and nurtured a vibrant community of floral artists. Her role as Exhibition Chair for the Ikebana International Annual Floral Exhibition at Paragon highlighted her organisational skills and commitment to promoting Ikebana. As Vice President, Anna remains dedicated to contributing her expertise and vision to ensure the chapter's ongoing success and expansion.

Information is correct at the time of publish and is subject to change without prior notice.

