



## **HSA UPDATES ON PRODUCTS FOUND OVERSEAS THAT CONTAIN POTENT INGREDIENTS (JANUARY 2020)**

The Health Sciences Authority (HSA) would like to update the public on products that have been found and reported by overseas regulators in January 2020 to contain potent ingredients which are not allowed in these products and may cause side effects. This information is provided to increase awareness on safety issues of such products found overseas, which may impact the local population. Please refer to Annex A and Annex B for the list of products and the possible side effects of the potent ingredients.

### **HSA's Advisory**

- 2 Members of the public are advised to:
  - Consult a doctor if you have consumed any of the products and are feeling unwell.
  - Avoid buying any of the products when abroad.
  - Exercise caution when purchasing health products online or from sources (either local or overseas) which you may not be familiar with, even if well-meaning friends or relatives have recommended them. You cannot be certain where and how these products were made. They may be illegal, counterfeit or substandard, and may contain potent ingredients which can harm your health. If buying health products online, we encourage you to buy them from websites with an established retail presence in Singapore.
  - Be wary of products that promise quick and miraculous results or carry exaggerated claims like “100% safe”, “no side effects” or “scientifically proven”. Consumers should also be cautious of products that produce unexpected quick recovery of medical conditions.
  - Consult your doctor or pharmacist if you need help for the management of your acute and chronic medical symptoms and conditions (e.g. diabetes, hypertension, eczema).
  
- 3 Additionally, members of the public are encouraged to visit <https://www.hsa.gov.sg/consumer-safety> to learn more about the dangers of buying health products from dubious sources.
  
- 4 Members of the public who come across the sale and supply of these products in Singapore may contact HSA's Enforcement Branch at Tel: 6866 3485 during office hours (Monday to Friday) or email: [hsa\\_is@hsa.gov.sg](mailto:hsa_is@hsa.gov.sg).

## Annex A



### List of Products

*Note: There may be different versions or variants of the products listed below. You are advised to consult your doctor or pharmacist if you are unsure of any health product you intend to use, or if you need help for your acute and chronic medical symptoms and conditions*

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Alien Power Platinum 11000		Tadalafil (PDE-5 inhibitor)	Health Canada
Black Mamba		Yohimbine	Health Canada
Black Panther #1		Yohimbine	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Black Panther 200k		Yohimbine	Health Canada
Black Stallion Platinum 30k		Yohimbine	Health Canada
Bl4ck 4K		Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Boss Lion 9000		Sildenafil (PDE-5 inhibitor)	Health Canada
Ginseng Red 2000		Sildenafil (PDE-5 inhibitor)	Health Canada
Gold Lion Gold Label 3000mg		Hydroxy-thiohomosildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Green Mamba		Yohimbine	Health Canada
Jaguar 30000		Tadalafil (PDE-5 inhibitor)	Health Canada
Jungle Juice Platinum		Alkyl nitrites	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Jungle Juice Platinum Black		Alkyl nitrites	Health Canada
Lollipop		Sildenafil, Tadalafil (PDE-5 inhibitors) and Yohimbine	Health Canada
Magnum Male Sexual enhancement XXL		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Master Zone 1500</p>	<p>Gold caps</p>  <p>Blue caps</p> 	<p>Sildenafil and Tadalafil (PDE-5 inhibitors)</p>	<p>Health Canada</p>
<p>MV7 Days Power Gummy</p>		<p>Tadalafil (PDE-5 inhibitor)</p>	<p>Health Canada</p>




Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Poseidon Platinum 3500		Sildenafil (PDE-5 inhibitor)	Health Canada
Premium Pro Power 3500		Yohimbine	Health Canada
ResERECTI ON!	 <p data-bbox="768 1528 841 1556">Bottle</p> <p data-bbox="768 1856 850 1883">Blister</p>	Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rhino		Aminotadalafil (PDE-5 inhibitor)	Health Canada
Rhino 25 Platinum 25000		Yohimbine	Health Canada
Rhino 7 Platinum 5000		Sildenafil (PDE-5 inhibitor) and Yohimbine	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rodeo Fantasy Triple Maximum		Yohimbine	Health Canada
Rush Poppers		Alkyl nitrites	Health Canada
Spanish Fly Sex Liquid Wild Strawberry		Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Stiff Rox		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Super Panther 7k		Yohimbine	Health Canada
Super Rush Poppers		Alkyl nitrites	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Titanium 4000		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Triple Green		Yohimbine	Health Canada
Ultimate 3500		Thiodimethylsildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Vigour 800		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
VIP GO Rhino Gold 69K		Yohimbine	Health Canada
XXLANT 3000		Yohimbine	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Zhen Gongfu		Sildenafil (PDE-5 inhibitor)	Health Canada
7k		Yohimbine	Health Canada
3800 Hard Rock		Yohimbine	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
777K		Yohimbine	Health Canada
三體牛鞭勃動力膠囊		Sildenafil (PDE-5 inhibitor)	Taiwan Food and Drug Administration
日本騰素 (JAPAN TENGUSU)		Sildenafil (PDE-5 inhibitor)	Taiwan Food and Drug Administration
纤姿瘦综合果蔬减肥糖片		Sibutramine	Taiwan Food and Drug Administration

## **Annex B**

### **The possible side effects of the potent ingredients**

#### **Alkyl nitrites**

"Poppers" is a slang term for products that contain alkyl nitrites. Despite being labelled for various uses such as leather cleaners, room odourizers or liquid incense, these products are inhaled or ingested by consumers for recreational purposes. Alkyl nitrites, such as amyl nitrite, butyl nitrite and isobutyl nitrite, are prescription medicines and should be used only under medical supervision. Products containing alkyl nitrites may pose serious risks, including death, depending on the amount used, how frequently they are used and how long they are used for, as well as the person's health and the other medications they may be taking. Since it is difficult to control how much is inhaled, people can accidentally overdose. Swallowing these products can lead to serious medical complications and may be fatal.

#### **Phosphodiesterase Type 5 (PDE-5) inhibitors**

This class of medicine includes aminotadalafil, sildenafil, tadalafil, homosildenafil, thiodimethylsildenafil and hydroxythiohomosildenafil. These medicines can cause serious adverse effects such as strokes, heart attacks, decreased or loss of vision and hearing and priapism (painful and exceedingly long erections). If priapism is not treated immediately, it may lead to permanent impotence. PDE-5 inhibitors are also not suitable for patients with medical conditions such as certain heart-related problems or who are on heart medications such as nitrates. Deaths of patients found to be using Sildenafil (PDE-5 inhibitor) while on nitrates have been reported overseas.

#### **Sibutramine**

Sibutramine, previously a prescription weight loss medicine used in the treatment of obesity, has been disallowed for sale in Singapore since 2010 due to increased risk of heart attacks and strokes. The use of sibutramine has been associated with serious side effects, including high blood pressure, irregular heartbeats, hallucinations and mood swings. Desmethyl sibutramine is a substance similar to sibutramine which may have similar side effects.

#### **Yohimbe/Yohimbine**

Yohimbine is a potent medicinal ingredient. Adverse effects associated with yohimbine include insomnia, anxiety, palpitations (sensation of heart pounding, racing or skipped beats), sweating and blurred vision. Overdosage can cause low blood pressure, rapid heartbeats, seizures, paralysis and coma. Deaths from overdose have also been reported.