



HSA UPDATES ON PRODUCTS FOUND OVERSEAS THAT CONTAIN POTENT INGREDIENTS (JULY - AUGUST 2019)

The Health Sciences Authority (HSA) would like to update the public on products that have been found and reported by overseas regulators between July and August 2019 to contain potent ingredients which are not allowed in these products and may cause side effects. This information is provided to increase awareness on safety issues of such products found overseas, which may impact the local population. Please refer to Annex A and Annex B for the list of products and the possible side effects of potent ingredients.

HSA's Advisory

- 2 Members of the public are advised to:
 - Consult a doctor if you have consumed any of the products and are feeling unwell.
 - Avoid buying any of the products when abroad.
 - Exercise caution when purchasing health products online or from sources (either local or overseas) which you may not be familiar with, even if well-meaning friends or relatives have recommended them. You cannot be certain where and how these products were made. They may be illegal, counterfeit or substandard, and may contain potent ingredients which can harm your health. If buying health products online, we encourage you to buy them from websites with an established retail presence in Singapore.
 - Be wary of products that promise quick and miraculous results or carry exaggerated claims like “100% safe”, “no side effects” or “scientifically proven”. Consumers should also be cautious of products that produce unexpected quick recovery of medical conditions.
 - Consult your doctor or pharmacist if you need help for the management of your acute and chronic medical symptoms and conditions (e.g. diabetes, hypertension, eczema).

- 3 Additionally, members of the public are encouraged to visit <https://www.hsa.gov.sg/consumer-safety> to learn more about the dangers of buying health products from dubious sources.


- 4 Members of the public who come across the sale and supply of these products in Singapore may contact HSA's Enforcement Branch at Tel: 6866 3485 during office hours (Monday to Friday) or email: hsa_is@hsa.gov.sg.

Annex A

List of Products

Note: There may be different versions or variants of the products listed below. You are advised to consult your doctor or pharmacist if you are unsure of any health product you intend to use, or if you need help for your acute and chronic medical symptoms and conditions.

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Alien Power Platinum 11000		Tadalafil (PDE-5 inhibitor)	Health Canada
All Nite Long		Mucuna pruriens seed extract (10% L-dopa)	Health Canada
Alpha Man Extreme 3000		Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Bali Mojo capsules		Tadalafil (PDE-5 inhibitor)	Australia Therapeutic Goods Administration
Bed Overload Tablet 6800mg		Sildenafil (PDE-5 inhibitor)	Brunei Darussalam, Ministry of Health
Big Penis		Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration
Black Ant		Sildenafil (PDE-5 inhibitor) and Diclofenac	Health Canada
Black Dragon Extreme 15K		Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Black Gorilla Pills 6800mg		Sildenafil (PDE-5 inhibitor)	Brunei Darussalam, Ministry of Health
Black Mamba Premium		Yohimbe	Health Canada
Black Panther		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Black Panther		Yohimbe	Health Canada



Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Black Panther Platinum 30K		Yohimbe	Health Canada
Black Panther 200K		Yohimbe	Health Canada
Black Stallion Platinum 30K		Yohimbe	Health Canada
Black Stallion 5000		Sildenafil, Tadalafil and Homosildenafil (PDE-5 inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Black Storm	 <p>The best salable product of the world EASY TO BE A MAN Take effect in 10 minutes and last for 72 hours Makes it big, long-lasting, increasing sperms Black Storm Powerful lasting 8000mg x 6 pills</p>	Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration
Blue Diamond	 <p>Blue Diamond</p>	Sildenafil (PDE-5 inhibitor)	Health Canada
Boss Lion 9000	 <p>1 Capsule for 7 Days BOSS LION 9000</p>	Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration
Brand B7	 <p>DIETARY SUPPLEMENT PRODUCT B7</p>	Orlistat	Taiwan Food and Drug Administration
CANDY B+ COMPLEX	 <p>California Pure BY SCIENCE BY SCIENCE CANDY B+ COMPLEX SCIENCE AT YOUR SERVICE SUPERFOOD - FOUNTAIN OF YOUTH</p>	Tadalafil (PDE-5 inhibitor)	Taiwan Food and Drug Administration
CATUABA	 <p>BRAZILIAN CATUABA NATURE FINEST</p>	Tadalafil (PDE-5 inhibitor)	Taiwan Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
De Guo Heijin Gang		Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration
Dnars Golden Cream		Mercury	Malaysia National Pharmaceutical Regulatory Agency
DRWSKINCARE E Sliming Diet Tablet (SDT)		Metformin	Taiwan Food and Drug Administration
Fire Ant		Sildenafil (PDE-5 inhibitor)	Health Canada
Fjura Face Polish Treatment		Mercury	Malaysia National Pharmaceutical Regulatory Agency

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Front End Lifter		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
GERMANY MUST STATE		Sildenafil (PDE-5 inhibitor)	Taiwan Food and Drug Administration
Germany Renal Treasure Tablet 6800mg		Sildenafil (PDE-5 inhibitor)	Brunei Darussalam, Ministry of Health
Ginseng Red 2000		Sildenafil (PDE-5 inhibitor)	Health Canada
Glow Glowing Beauty Skin Night Glowing		Mercury	Malaysia National Pharmaceutical Regulatory Agency

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
<p>Glowingexpert Cosmetics Apple Diamond Day Loose</p>		<p>Mercury</p>	<p>Malaysia National Pharmaceutical Regulatory Agency</p>
<p>Hard Rock 3800</p>		<p>Yohimbe</p>	<p>Health Canada</p>
<p>Herb Viagra</p>		<p>Sildenafil (PDE-5 inhibitor)</p>	<p>United States Food and Drug Administration</p>
<p>Hong Kong Tianli Biological – power tablet</p>		<p>Sildenafil (PDE-5 inhibitor)</p>	<p>Australia Therapeutic Goods Administration</p>
<p>Hypon Viagra Tablet 6800mg</p>		<p>Sildenafil, Tadalafil (PDE-5 inhibitors), and Acetaminophen</p>	<p>Brunei Darussalam, Ministry of Health</p>

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Jack it Up		Sildenafil (PDE-5 inhibitor)	Health Canada
Jaguar 25000		Tadalafil (PDE-5 inhibitor)	Health Canada
Jaguar 30000		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Japan Tengsu		Sildenafil (PDE-5 inhibitor)	Taiwan Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Jungle Juice Platinum		Alkyl nitrites	Health Canada
Kangaroo Ultra 3000		Flibanserin	Health Canada
LAMI		Caffeine and Fenofibrate	Taiwan Food and Drug Administration
La Pepa Negra		Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration
Libigrow XXXtreme 200K		Yohimbe	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Libipro		Sildenafil (PDE-5 inhibitor)	Health Canada
Lucky Lady		Tadalafil (PDE-5 inhibitor)	Health Canada
Madu Panggung 234		Sildenafil (PDE-5 inhibitor)	Taiwan Food and Drug Administration
Magic Power Tissue		Lidocaine	Taiwan Food and Drug Administration
Man Power		Tadalafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Master Zone 1500		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
MATXI S.G® Go lean DETOX		Phenolphthalein and Sibutramine	Taiwan Food and Drug Administration
Men's King 6800mg Pills (Green Tablet)		Sildenafil (PDE-5 inhibitor)	Brunei Darussalam, Ministry of Health
MMC Maxman IV Capsule 3000mg (White Capsule)		Sildenafil (PDE-5 inhibitor)	Brunei Darussalam, Ministry of Health
MMC Maxman IV Capsule 3000mg (Black Round Pill)		Sildenafil and Tadalafil (PDE-5 inhibitors)	Brunei Darussalam, Ministry of Health
Natural Herbs Coffee		Desmethyl carbodenafil (PDE-5 inhibitor)	Taiwan Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Natural Herbs Coffee		Desmethyl carbodenafil and Sildenafil (PDE-5 inhibitor)	Taiwan Food and Drug Administration
Odimafo Powerful Tablet 200 mg		Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration
Orange & Fiber		Sibutramine	Taiwan Food and Drug Administration
Papaya & Fiber		Sibutramine	Taiwan Food and Drug Administration
Pineapple & Fiber		Sibutramine	Taiwan Food and Drug Administration
Poseidon Platinum 3500		Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Premium Pro Power 3500		Sildenafil (PDE-5 inhibitor) and Yohimbe	Health Canada
Premium X Pulse 2000		Yohimbe	Health Canada
Plant Vigra		Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration
Plz Her		Sildenafil (PDE-5 inhibitor)	Health Canada
Reduktis Max		Sibutramine	United States Food and Drug Administration

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
resERECTION!		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Rhino Ultimate 3500		Thiodimethylsildenafil (PDE-5 inhibitor)	Health Canada
Rhino 7 Platinum 5000		Sildenafil (PDE-5 inhibitor) and Yohimbe	Health Canada
Rhino 25 Platinum 25000		Sildenafil (PDE-5 inhibitor)	Health Canada
Rhino 88 Platinum		Sildenafil (PDE-5 inhibitor)	Health Canada
Rush		Alkyl nitrites	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Rush Hour 72		Sildenafil, Tadalafil, Desmethyl Carbodenafil, and Dithiodesmethyl Carbodenafil (PDE-5 inhibitors)	Health Canada
Shengjingpian		Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration
Slam		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada
Spanish Fly 20,000		Tadalafil (PDE-5 inhibitor)	Health Canada
Spanish Fly 22,000		Tadalafil (PDE-5 inhibitor)	Health Canada
Stiff Rox		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Super Load		Sildenafil (PDE-5 inhibitor)	Health Canada
Super Panther 7k		Yohimbe	Health Canada
Super Rush		Alkyl nitrites	Health Canada
Tiger Extreme 15K		Yohimbe	Health Canada
Titan Capsules		Tadalafil (PDE-5 inhibitor)	Brunei Darussalam, Ministry of Health
Titanium 4000		Sildenafil and Tadalafil (PDE-5 inhibitors)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
Tung Yuen Tong Pai Feng Pill		Mercury	Hong Kong DOH
Tyrannosaurus Tablet 3800mg		Sildenafil (PDE-5 inhibitor)	Brunei Darussalam, Ministry of Health
Ultra Hurricane X 2000		Sildenafil (PDE-5 inhibitor) and Yohimbe	Health Canada
U.S.A. BLACK GOLD		Sildenafil (PDE-5 inhibitor)	Taiwan Food and Drug Administration
Viagra America Long Effect Tablet 2800mg		Sildenafil (PDE-5 inhibitor)	Brunei Darussalam, Ministry of Health
Vigour 800mg		Sildenafil (PDE-5 inhibitor)	United States Food and Drug Administration
VITA-X Revitalizing Capsules		Sildenafil (PDE-5 inhibitor)	Health Canada

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
VITA-X Revitalizing Capsules Extra Strength		Sildenafil (PDE-5 inhibitor)	Health Canada
V9 Male Sexual Stimulant Pills 6800mg (Blue Tablet)		Sibutramine and Lidocaine	Brunei Darussalam, Ministry of Health
White Panther		Yohimbe	Health Canada
Yanko Fade Out Day Cream 3 rd Series		Mercury	Malaysia National Pharmaceutical Regulatory Agency
Yanko Fade Out Day Cream 5th Series		Mercury	Malaysia National Pharmaceutical Regulatory Agency
Yanko Whitening Day Cream 7th Series		Mercury	Malaysia National Pharmaceutical Regulatory Agency
Yuxiang Pai Feng Pill		Mercury	Hong Kong DOH

Name of product	Picture of product	Potent ingredient(s)	Source (Regulatory Agency)
5K		Sildenafil (PDE-5 inhibitor)	Health Canada
7K		Yohimbe	Health Canada
26LAnt 3000		Yohimbe	Health Canada
生精片		Sildenafil (PDE-5 inhibitor)	Taiwan Food and Drug Administration
黑蚁王		Acetaminophen and Sildenafil (PDE-5 inhibitor)	Taiwan Food and Drug Administration

Annex B

The possible side effects of the undeclared potent ingredients

Acetaminophen / Paracetamol

Acetaminophen or paracetamol is used for relieving pain, headache and fever. Products which contain acetaminophen or paracetamol, but do not have this declared on the label, pose a danger to consumers as accidental overdose can result in liver damage.

Alkyl nitrites

"Poppers" is a slang term for products that contain alkyl nitrites. Despite being labelled for various uses such as leather cleaners, room odourizers or liquid incense, these products are inhaled or ingested by consumers for recreational purposes. Alkyl nitrites, such as amyl nitrite, butyl nitrite and isobutyl nitrite, are prescription medicines and should be used only under medical supervision. Products containing alkyl nitrites may pose serious risks, including death, depending on the amount used, how frequently they are used and how long they are used for, as well as the person's health and the other medications they may be taking. Since it is difficult to control how much is inhaled, people can accidentally overdose. Swallowing these products can lead to serious medical complications and may be fatal.

Caffeine

The inappropriate use of caffeine may lead to insomnia, agitation, restlessness, palpitations and increased heart rate.

Diclofenac

Diclofenac is a potent painkiller and may potentially cause cardiovascular events such as heart attacks and strokes, as well as serious gastric bleeding, when used for a prolonged period. It should be used under close medical supervision, especially in patients with underlying heart conditions, stomach bleeding and ulceration.

Fenofibrate

Fenofibrate is a prescription medicine used to treat abnormal blood lipid levels and should be used under medical supervision. Common side effects include liver problems, shortness of breath, muscle pain or weakness, abdominal pain and nausea. Serious side effects may include gallstones, blood clots and pancreatitis.

Flibanserin

Flibanserin was originally developed as an antidepressant. Side effects include dizziness, nausea, sense of tiredness, sleepiness and difficulty in falling asleep.

Lidocaine

Lidocaine is a medicine used to decrease or eliminate the feeling of pain. The inappropriate use of products with high concentrations of lidocaine can cause low blood pressure and dizziness.

L-Dopa

Levodopa is a prescription medicine used in the treatment of Parkinson's Disease and should be used under medical supervision. Levodopa may potentially interact with medicines used to treat high blood pressure. Side effects of levodopa may include low blood pressure, irregular heart rate and breathing abnormalities.

Mercury

Mercury is a toxic substance and is prohibited for use as an ingredient in cosmetic products. Regular application of creams containing mercury could lead to rash, skin discolouration and blotching. Chronic exposure to very high levels of mercury in cosmetic products may also cause toxic effects to the kidneys, digestive and nervous system, as it can be absorbed through the skin. This could lead to organ damage.

Metformin

Metformin is a prescription medicine for the treatment of diabetes and should be used under medical supervision. Common side effects include diarrhea, nausea and abdominal pain. An overdose can cause severe hypoglycemia or lactic acidosis, which can be fatal.

Orlistat

Orlistat is a medicine used in the management of obesity. This medicine should be used under the supervision of a healthcare professional. The inappropriate use of orlistat can cause headaches, abdominal pain, oily discharge from rectum, liquid stools, flatulence and fatigue.

Phenolphthalein

Phenolphthalein may cause kidney disorders and has been found in animal studies to be associated with cancer. It may also cause breathing difficulties, rashes and abdominal cramps.

Phosphodiesterase Type 5 (PDE-5) inhibitors

This class of medicine includes sildenafil, tadalafil and 5-dimethylpiperazinyl dithio-desmethylcarbodenafil. These medicines can cause serious side effects such as strokes, heart attacks, decreased or loss of vision and hearing and priapism (painful and exceedingly long erections). If priapism is not treated immediately, it may lead to permanent impotence. PDE-5 inhibitors are also not suitable for patients with medical conditions such as certain heart-related problems or who are on heart medications such as nitrates. Deaths of patients found to be using Sildenafil (PDE-5 inhibitor) while on nitrates have been reported overseas.

Sibutramine/Desmethyl sibutramine

Sibutramine, previously a prescription weight loss medicine used in the treatment of obesity, has been disallowed for sale in Singapore since 2010 due to increased risk of heart attacks and strokes. The use of sibutramine has been associated with serious side effects, including high blood pressure, irregular heartbeats, hallucinations and mood swings. Desmethyl sibutramine is a substance similar to sibutramine which may have similar side effects.

Yohimbe / Yohimbine

Yohimbine is a potent medicinal ingredient. Side effects associated with yohimbine include insomnia, anxiety, palpitations (sensation of heart pounding, racing or skipped beats), sweating and blurred vision. Overdosage can cause low blood pressure, rapid heartbeats, seizures, paralysis and coma. Deaths from overdose have also been reported.