

Health conditions that will affect your fitness for Haj



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In accordance with the Ministry of Hajj and Umrah (MOHU), Kingdom of Saudi Arabia



Failure of any major organs

Such as heart, lung, liver & kidney.



Neurological or psychiatric disorders

Conditions that may impair judgement, behaviour or ability to perform Haj safely.



Elderly

Very frail elderly persons who are at high risk of health complications.



Pregnancy

Pregnant women, especially in high-risk pregnancies.



Active cancer receiving treatment

Pilgrims undergoing active cancer treatment may be at risk of serious health complications.



Active infectious diseases affecting public health

Such conditions may pose a risk to other pilgrims and the wider community.



Mobility difficulties (inability to perform Haj independently)

Conditions that prevent the pilgrim from performing the rites of Haj safely and independently.

MOHU has stated that pilgrims found with disqualifying medical conditions in Saudi Arabia will be liable for medical costs not covered by insurance.

Information updated as of 4 September 2026

INFOGRAPHICS

Enhanced Medical Assessment Components and Timeline of Haj Registration 2027

 For Letter of Intent (LOI) recipients



What does the assessment cover?

Everything is completed in a single visit.



Blood tests



Standard clinical
examination



Chest X-ray



Mobility assessment



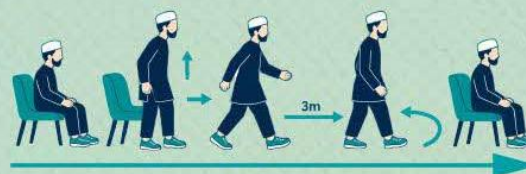
ECG (Electrocardiogram)

Your mobility assessment consists of two tests:

- 1 6-Minute Walk Test**
Walk as much as you can
in 6 minutes to assess
your aerobic capacity
and walking endurance.



- 2 Timed Up and Go (TUG) Test**
Rise from a chair, walk a
short distance, turn around,
and return to your seat —
timed to assess your
balance and mobility.



Information updated as of 4 September 2026

 For Letter of Intent (LOI) recipients



Timeline of Haj registration 2027

- 1 Issuance of Letter of Intent from 14 September 2026**
Issued to applicants registered before 7 March 2014.
- 2 Complete Haj Medical Assessment before 13 October 2026**
Book early at a MUIS-appointed medical centre. Fees are self-funded. If you've had a medical screening in the past 6 months or prefer your family doctor, submit a request at: go.gov.sg/hmarequest
- 3 Indicate your decision by 18 October 2026**
 - If assessed as medically FIT → Select "I Accept"
 - If assessed as medically UNFIT → Select "I Wish to Defer" or "I Wish to Cancel"

! Do not cancel your Haj registration if you intend to perform Haj Badal in future.
- 4 Issuance of Letter of Offer from 20 October 2026 onwards**
Successful applicants must purchase Haj packages from MUIS-appointed travel agents by 2 November 2026.

! Fitness to perform Haj does not guarantee selection. Offers depend on the quota and your registration queue position.

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More information available at
<https://www.instagram.com/muis.sg/>