

HEALTHIER FOOD AND BEVERAGE DECLARATION FORM

TO BE FILLED IN BY SUPPLIER/ VENDOR/ TENANT

Note: Please refer to the Health Promotion Board’s website for the most updated Healthier Food and Beverage requirements and declaration form (<https://hpb.gov.sg/healthy-living/food-beverage/wog-healthier-food-and-beverage-policy>) and (b) Healthier Choice Symbol (HCS) guidelines (<https://www.hpb.gov.sg/food-beverage/healthier-choice-symbol>).

Under the Healthier Food and Beverage policy, beverages sold or provided within government premises must be comply with the Healthier Food and Beverage requirements.. **This declaration form serves to ensure that all food and beverages offered by the supplier/vendor/tenant will comply with the requirements.**

Please tick appropriate check box wherever applicable. If the respective guideline is not applicable, please tick “N/A” (e.g. no freshly prepared hot coffee/tea/malted beverages).

	Requirements	Yes	N/A
Healthier beverages	1. (With effect from (“W.E.F”) 1 June 2024) Please confirm if all pre-packaged beverages meet the nutrient thresholds for Grades A or B under the Nutri-Grade grading system, which are: ≤5 grams of free sugar and ≤1.2 grams of saturated fat per 100 ml of beverage. <ul style="list-style-type: none"> Operators may, however, continue to provide plain full-cream milk 		
	2. Please confirm if hot coffees, teas and malted beverages are prepared and served with no added sugar ¹ (i.e. ‘ko-song’). <ul style="list-style-type: none"> Sugar may be provided at the side for consumers to take/ add on their own. Operators may continue to add creamer, evaporated milk and condensed milk, but the final beverage must comply with requirement 4. 		
	3. (W.E.F 1 June 2024) Please confirm if all creamers, condensed milk and evaporated milk that are served on the side are lower in saturated fat. ²		

¹ ‘Sugar’ refers to table sugar, and excludes the sugar content in creamers, evaporated milk and condensed milk.

² Lower saturated fat creamers, evaporated milk and condensed milk include those that carry the Healthier Choice Symbol (HCS), and those that meet the saturated fat criteria under the HCS (i.e. ≤4g of saturated fat/100g of fat, as of July 2023).

	<p>4. (W.E.F 1 June 2024) Please confirm if all freshly prepared beverages meet the nutrient thresholds for Grades A or B under the Nutri-Grade grading system, which are: ≤ 5 grams of free sugar and ≤ 1.2 grams of saturated fat per 100 ml of beverage.</p>		
<p>Healthier ingredients (healthier oils, lower-sodium ingredients)</p>	<p>5. (W.E.F 1 June 2024) Please confirm if healthier cooking oil³ is/are used for all cooking and food preparation.</p>		
	<p>6. (W.E.F 1 June 2024) Please confirm if lower-sodium ingredients are used for all cooking, food preparation or provided.</p> <p><u>Please confirm the mode of compliance that applies (a, b or c – please tick one):</u></p> <p>If salt is used, there are two options:</p> <ul style="list-style-type: none"> <input type="checkbox"/> (a) Only lower-sodium salt⁴ is used <input type="checkbox"/> (b) Lower-sodium salt, light and dark soy sauces, oyster sauce and seasonings⁵ are used <p>If salt is not used, there is only one option:</p> <ul style="list-style-type: none"> <input type="checkbox"/> (c) All of the sauces and seasonings used are lower in sodium (i.e. lower-sodium light and dark soy sauces, oyster sauce and seasonings) 		

³ Healthier oils include oils that carry the HCS and other plant-based oils (e.g. olive, canola, peanut, soybean and sunflower oil) that meet the saturated fat criteria under the HCS (i.e. ≤ 35 g/100g of saturated fat, as of Nov 2023).

⁴ Lower-sodium salt include those that carry the HCS, and those that meet the sodium criteria under the HCS (i.e. ≤ 300 mg/g of sodium, as of Nov 2023).

⁵ Lower-sodium soy sauce, oyster sauce and seasoning include those that carry the HCS, and those that meet the sodium criteria under the HCS.

UNDERTAKING TO COMPLY WITH HEALTHIER FOOD AND BEVERAGE POLICY

This Undertaking is made on [date], for and on behalf of:

Name of Organisation: _____

Registration No.⁶ of the Organisation: _____

2 I understand that, under the Health Promotion Board’s Healthier Food and Beverage Policy, all food and beverages sold or supplied at or on government premises must comply with the prevailing Healthier Food and Beverage requirements (“the Requirements”). A copy of the Requirements has been provided to me, and I have read and fully understood the Requirements.

3 On behalf of [insert name of Organisation], I hereby undertake to:

- (a) fully comply with the Requirements, in relation to any food and beverages sold or supplied at [insert description of the relevant premises] (“Premises”); and
- (b) allow [insert name of the government agency], and any party authorized by it, to conduct such checks (including unscheduled checks at and on the Premises) and obtain such information as may be necessary to verify my Organisation’s compliance with the Requirements.

4 I further agree that any breach of the Requirements will render my Organisation legally liable to [insert name of the government agency] for breach of this Undertaking.

Executed as a deed for and on behalf of [insert name of Organisation]

Signature:
Name of Organisation:
Name of Authorised Representative:
Designation:

⁶ Company, Business, Society or Co-operative registration number as applicable

In the presence of:

Signature:
Name:

Government agencies are to retain completed forms for the entire contract period.