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SINGAPORE HEALTH AWARD RECOGNISES 223 RECIPIENTS FOR POSITIVELY IMPACTING WORKERS' HEALTH AND WELLBEING

Companies' customising of workplace health programmes to meet employees' needs lauded

Singapore, 10 October 2017 – Individuals and companies were recognised at the Singapore HEALTH Award (SHA) Ceremony 2017 for their exemplary workplace health promotion practices.

2. Since its inception in 1999, the Health Promotion Board's (HPB) SHA has benefitted over 1,300 companies, reaching out to more than 1.3 million workers. This year, there were 223 recipients of the award across five categories – Corporate Award, Individual Award (Health Leader), Individual Award (Health Champion), Healthy Workplace Ecosystem Award and Special Mention Award. These awards not only recognise organisations with a strong commitment to promote workplace health, but also individuals who have demonstrated commendable achievements in this area. (The list of winners can be found in Annex A.)

3. Under the Corporate Award category, four Achievement Awards were also presented to organisations that have sustained efforts in the promotion of workplace health for at least 10 years, and displayed all-roundedness in the planning and execution of workplace health programmes. The four recipients of the Achievement Award who have demonstrated top-in-class efforts are: CityCab, GlaxoSmithKline (Pioneer Sector 1), Housing & Development Board and Institute of Technical Education.

4. The awards were presented by the Health Promotion Board, who has been collaborating with various partners to bring workplace health programmes to the doorstep of workers. With 70% of Singapore's population in the workforce, the workplace has naturally become an important setting to engage Singaporeans in achieving greater health and wellbeing. To reflect the evolving context of workplace health in Singapore, specifically the increased focus on the outcomes and impact on the workforce, HPB had enhanced the SHA qualifying criteria and reintroduced the awards programme this year.

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5. The enhanced SHA places a higher weightage on the monitoring and evaluation of workplace health programmes to better analyse the outcomes and impact to the employees. The SHA now also recognises the efforts of both Small and Medium Enterprises (SMEs) and non-SMEs in tailoring the programmes to meet the unique needs of their employees. Two new categories – Healthy Workplace Ecosystem and Special Mention – have also been introduced, to recognise partners for their commitment in building a health promoting environment and for their efforts in reaching out to their mature workers.

6. Reflecting the commitment of organisations across Singapore to workplace health, more than 25% of the SHA applications this year came from the SMEs. We also saw a good mix of organisations from both the public and private sectors. The efforts of these companies have contributed to over 300,000 workers in Singapore gaining direct access to customised health and wellness programmes at their workplaces.

7. Mr Zee Yoong Kang, Chief Executive Officer, Health Promotion Board, who presented the highest honours for the Corporate Award category, said: “With the amount of time spent at work, companies are in an ideal position to positively impact their employees’ health and wellbeing. It is encouraging to see how companies have progressed beyond setting up workplace health infrastructures to focusing on tangible impact and outcomes for their employees. With more and more companies adopting a worker-centric approach and customising programmes to meet their workers’ needs, we can reap the benefits of increased productivity and performance from a healthier and engaged workforce”.

8. “A focus on workplace health promotion practices is of utmost importance. From a HPB study we have done, we have seen that the average Singaporean tends to put on weight as he enters the workforce due to sedentary lifestyles and unhealthy diets. With obesity being a contributing factor to health problems such as diabetes, companies have an important and meaningful role to play in encouraging their employees to lead healthier and more active lifestyles,” Mr Zee added.

9. The SHA 2017 ceremony was attended by more than 500 senior executives from Singapore’s public sector, large multinational companies as well as SMEs.



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About the Health Promotion Board

The Health Promotion Board was established as a statutory board under the Ministry of Health, Singapore, in 2001 with the vision of building “A Nation of Healthy People”. The Health Promotion Board aims to empower the people of Singapore to attain optimal health, increase the quality and years of healthy life and prevent illness, disability and premature death. As the key agency overseeing national health promotion and disease prevention programmes, HPB spearheads health education, promotion and prevention programmes as well as creates a health-supportive environment in Singapore. It develops and organises relevant health promotion and disease prevention programmes, reaching out to the healthy, the at-risk and the unhealthy at all stages of life – children, youths, adults and older Singapore residents. Its health promotion programmes include nutrition, mental health, physical activity, smoking control and communicable disease education. HPB also promotes healthy ageing, integrated health screening, and chronic disease education and management.

More information can be found at www.hpb.gov.sg.

About the Singapore HEALTH Awards

Introduced in 1999, the Singapore HEALTH Awards is a biennial national platform to recognise organisations with strong commitment to promote workplace health and who have demonstrated commendable achievements in this area. Aside from the awards presentation, this year’s ceremony also had the top-in-class companies share their best practices with the guests, to help other companies learn from their experience and journey in workplace health promotion. The complete list of winners for 2017 by category is available at <https://www.hpb.gov.sg/workplace/singapore-health-award>.

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Annex A

Corporate Award (Achievement Award)			
<p>CityCab Pte Ltd Workplace Health Promotion (WHP) forms an integral part of ComfortDelGro Taxi comprising both Comfort and CityCab, and complements the work-life strategy that it advocates. The Company subscribes to the view that a happy and resilient workforce will ultimately translate into satisfied customers. To drive WHP within the Company, WHP participation is included as a key performance management tool in the Company's balanced scorecard, and regular senior management updates are scheduled. The importance of WHP is also clearly communicated to and encouraged amongst staff. To further encourage staff participation, the Company leverages popular trends when organising team challenge-based activities, including Pokemon Go Hunt Walk and Amazing Race, which were well-received. The Company's WHP's efforts have paid off – with smoking and hypertension rates decreasing between 2014 and 2016.</p>			
<p>GlaxoSmithKline (Pioneer Sector 1) In their WHP programmes, GlaxoSmithKline (GSK) empowered a medical case coordinator to manage follow-up rates of targeted interventions, using relevant platforms to reach out to and remind participants of their health check appointment. The aim was to reduce employees' risk of falling prey to disabling chronic diseases. With no predecessor in the manufacturing industry to benchmark against, GSK ventured to assess the Returns-On-Investment (ROI) of workplace chronic disease management programmes through evidence-based studies and evaluated the sustainability for their own chronic disease management efforts. The team was able to project a ROI of above 1. Separately, understanding the importance of medical confidentiality to employees, GSK established clear processes and responsibilities on management of employees' health data by engaging in-house medical professionals that functioned independently from the management.</p>			
<p>Housing & Development Board Housing & Development Board (HDB) reviews the activity preferences of staff and introduces creative activities such as archery and kettle-bell team races to encourage greater employee participation in Workplace Health Promotion (WHP) activities. To build a sense of pride and promote active living, HDB holds mass WHP activities at iconic HDB projects such as Punggol Waterway and Pinnacle@Duxton. HDB works around operational needs of their employees by implementing a one-hour time-off for exercise during office hours. Health talks, workshops and fitness workouts are typically organised during lunch time or the last hour of the work day. HDB ensures that their employees based in the branches are equally well taken care of by dedicating resources to set up health and wellness facilities at the branches. Leveraging technology, HDB has introduced its own mobile health app, and launched the inaugural HDB Steps Challenge. The mobile health app aims to bridge the physical distance with staff at the branches and encourage mass participation in WHP activities. With a comprehensive and consistent slew of WHP activities in place, HDB has seen improvement in their organisation's sick leave rates and healthcare costs.</p>			
<p>Institute of Technical Education Institute of Technical Education (ITE) leverages its Staff Club, <i>Club ITE</i>, to promote workplace health and well-being. Using the 'Different Strokes for Different Folks' approach, ITE has adopted a holistic framework to engage and enrich our staff through a wide array of health and enrichment programmes. We also provide a complete suite of comprehensive sports and recreational facilities for staff to recharge and rejuvenate. Benefitting from the workplace health promotion activities, Mr Xu Yongxing, the Head of Procurement of ITE, had picked up many useful healthy living tips in the Nutrition Series workshops that ITE conducted. The knowledge acquired helped him to be more aware of his food intakes and types of unhealthy food that he should avoid. Now he consciously chooses multi-grain bread and goes to the staff gym regularly.</p>			
Corporate Award (Excellence Award)			
1.	3M Singapore Tuas Plant	5.	DLE M&E Pte Ltd
2.	Changi Airport Group (Singapore) Pte Ltd	6.	DSO National Laboratories
3.	Comfort Transportation Pte Ltd	7.	Excel Marco Singapore Pte Ltd
4.	CTES Consulting Pte Ltd	8.	ETLA Limited

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9.	GE Aviation, Engine Services – Singapore Pte Ltd	19.	NatSteel Holdings Pte Ltd
10.	IBM Manufacturing Solutions Pte Ltd	20.	Raffles Hotel Singapore
11.	Keppel Offshore & Marine Technology Centre Pte Ltd	21.	Republic of Singapore Air Force
12.	Yishun Health Campus (Khoo Teck Puat Hospital & Yishun Community Hospital)	22.	Republic of Singapore Navy
13.	Lam Soon Singapore Pte Ltd	23.	Royal Plaza on Scotts
14.	Ministry of Social and Family Development	24.	ST Healthcare Pte Ltd
15.	Ministry of Defence	25.	Tan Tock Seng Hospital
16.	Nanyang Academy of Fine Arts	26.	TMC Education Corporation Ltd
17.	National Environment Agency	27.	Trans Equatorial Engineering Pte Ltd
18.	National Heart Centre Singapore		
Corporate Award (Merit Award)			
1.	Agency for Science, Technology and Research	25.	Ministry of Education
2.	Agri-Food & Veterinary Authority of Singapore	26.	Ministry of the Environment and Water Resources
3.	Asia Pacific Breweries (Singapore) Pte Ltd	27.	MMI Holdings Limited
4.	Auditor-General's Office	28.	National Healthcare Group HQ Corporate Office
5.	Cartus Corporation Pte Ltd	29.	National Healthcare Group Polyclinics
6.	Cheng Xin ShipManagement Pte Ltd	30.	Nexia TS Pte Ltd
7.	Cogent Holdings Limited	31.	Ngee Ann Polytechnic
8.	Cycle & Carriage Singapore, Jardine Cycle & Carriage Limited	32.	The National Kidney Foundation
9.	Cyient Singapore Private Limited	33.	Novartis Asia Pacific Pharmaceuticals Pte Ltd
10.	Danone Dumex Singapore	34.	On Cheong Jewellery
11.	Davis Langdon KPK (Singapore) Pte Ltd	35.	Pan-Malayan Pharmaceuticals Pte Ltd
12.	Dimension Data Asia Pacific Pte Ltd	36.	PEC LTD
13.	Dou Yee Enterprises (S) Pte Ltd	37.	Rajah & Tann Singapore LLP
14.	Dou Yee International Pte Ltd	38.	Recycle Point Pte Ltd
15.	Dow Chemical Pacific (Singapore) Pte Ltd	39.	SIA Engineering Company Limited
16.	Fitness and Health International Pte Ltd	40.	Singapore Health Services Pte Ltd
17.	Frasers Centrepoint Limited	41.	Singapore Management University
18.	General Filter Pte Ltd	42.	Singapore Press Holdings Ltd
19.	IBM Singapore Pte Ltd	43.	Singapore Technologies Electronics Limited
20.	Infineon Technologies Asia Pacific Pte Ltd	44.	Singapore University of Technology and Design
21.	Keppel FELS Ltd	45.	ST Logistics Pte Ltd
22.	Land Transport Authority	46.	Titansoft Pte Ltd
23.	LHN Group Pte Ltd	47.	T-Systems Singapore Pte Ltd
24.	Management Development Institute of Singapore Pte Ltd		

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Corporate Award (Certificate of Recognition)			
1.	Abbott Manufacturing Singapore Private Limited	41.	GES (Singapore) Pte Ltd
2.	Accountant-General's Department	42.	GLOBALFOUNDRIES Singapore Pte Ltd
3.	Accounting and Corporate Regulatory Authority	43.	HSL Constructor Pte Ltd
4.	Advanex (Singapore) Pte Ltd	44.	Ikari Services Pte Ltd
5.	Adventus Singapore Pte Ltd	45.	Immigration & Checkpoints Authority
6.	AECOM Singapore Pte Ltd	46.	Internal Security Department
7.	Affinity Property Consultants Pte Ltd	47.	Jabil Circuit (Singapore) Pte Ltd
8.	Agency for Integrated Care	48.	Julia Gabriel Centre Pte Ltd
9.	AIA Singapore	49.	Jurong Port Pte Ltd
10.	Arcadis Singapore Pte Ltd	50.	Keng Soon Auto Pte Ltd
11.	Aztech Group Ltd	51.	Keppel Housing Pte Ltd
12.	Bensyl Consultancy Services Pte Ltd	52.	Keppel Shipyard Limited
13.	Bok Seng Logistics Pte Ltd	53.	KPMG
14.	Building and Construction Authority	54.	LYJ International Pte Ltd
15.	Carlson Wagonlit Singapore Pte Ltd	55.	Majlis Ugama Islam Singapura
16.	CGG Singapore	56.	Mandarin Oriental, Singapore
17.	Changi General Hospital	57.	Marina Bay Sands Pte Ltd
18.	Chiltern House Pte Ltd	58.	Mewah Oils & Fats Pte Ltd
19.	CIBA VISION Asian Manufacturing & Logistics Pte Ltd	59.	Ministry Medical Group Pte Ltd
20.	City Gas Pte Ltd (As Trustee)	60.	Ministry of Communications and Information
21.	Civil Service College	61.	Ministry of Culture, Community and Youth
22.	Clouet Trading Pte Ltd	62.	Ministry of Health
23.	Continental Automotive Singapore Pte Ltd	63.	Ministry of Law
24.	COURTS (Singapore) Pte Ltd	64.	Ministry of Manpower
25.	C-Pak Pte Ltd	65.	Ministry of National Development
26.	Cubic Technologies Singapore Pte Ltd	66.	MOH Holdings Pte Ltd
27.	Daikin Airconditioning (Singapore) Pte Ltd	67.	Maritime and Port Authority of Singapore
28.	Denis Asia Pacific Pte Ltd	68.	Musim Mas Holdings Pte Ltd
29.	Dimension Data Singapore Pte Ltd	69.	National Cancer Centre Singapore Pte Ltd
30.	Defence Science and Technology Agency	70.	National Dental Centre Singapore
31.	Edwards Lifesciences (Singapore) Pte Ltd	71.	National Healthcare Group Diagnostics Pte Ltd
32.	Elitez Pte Ltd	72.	National Parks Board
33.	Equiptest Engineering Pte Ltd	73.	NCI Golf Pte Ltd
34.	Fei Yue Community Services	74.	Novartis Singapore Pharmaceutical Manufacturing Pte Ltd BioProduction Operations Singapore
35.	Fluidigm Singapore Pte Ltd	75.	NTUC Fairprice Co-operative Limited
36.	Force-One Security Pte Ltd	76.	Oracle Corporation Singapore Pte Ltd
37.	Fuji Xerox Singapore Pte Ltd	77.	Orchid Country Club
38.	Fuji Xerox Asia Pacific Pte Ltd	78.	Oriental Motor Asia Pacific Pte Ltd
39.	Fuji SMBE Technology Pte Ltd	79.	Pacific Arena Private Limited
40.	Fuji SMBE Pte Ltd	80.	Panasonic AVC Networks Singapore

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Corporate Award (Certificate of Recognition)			
81.	Panasonic Factory Solutions Asia Pacific	104.	Singapore Airlines Limited
82.	Panduit Singapore Pte Ltd	105.	Singapore Customs
83.	PAP Community Foundation	106.	Singapore Examinations and Assessment Board
84.	Philips Singapore	107.	Singapore Institute of Management
85.	Plant Werx Pte Ltd	108.	Singapore Land Authority
86.	Pon Asia Holding Pte Ltd	109.	Singapore National Eye Centre
87.	PUB	110.	Singapore Turf Club
88.	QuintilesIMS	111.	SMRT Corporation Ltd
89.	Red Element Health International Pte Ltd	112.	SPRING Singapore
90.	Rotary Electrical & Instrumentation Pte Ltd	113.	ST Aerospace Supplies Pte Ltd
91.	Republic Polytechnic	114.	St Luke's Hospital
92.	Roche Singapore Technical Operations Pte Ltd	115.	Stamford Press Pte Ltd
93.	Rockwell Automation Asia Pacific Business Center Pte Ltd	116.	Suntec Singapore Convention & Exhibition Centre
94.	SAP Asia Pte Ltd	117.	People's Association
95.	Satair Pte Ltd	118.	Thome Group
96.	Seagate Singapore International Headquarters Pte Ltd	119.	Toll Offshore Petroleum Services
97.	Sealed Air (S) Pte Ltd	120.	Transit Link Pte Ltd
98.	Sengkang Health Pte Ltd	121.	United Microelectronic Corporation (Singapore Branch)
99.	SH Cogent Logistics Pte Ltd	122.	UTAC Manufacturing Services Singapore Pte Ltd
100.	Shell Eastern Petroleum (Pte) Ltd	123.	Wallem Shipping (S) Pte Ltd
101.	Sheraton Towers Singapore Hotel	124.	YTL PowerSeraya Pte. Limited
102.	Sim Lian Construction Co Pte Ltd	125.	YTL Starhill Global Property Management Pte Ltd
103.	Sime Darby Insurance Brokers (S) Pte Ltd		
Healthy Workplace Ecosystem Award			
1.	7 & 9 Tampines Grande and 11 Tampines Concourse	6.	one-north
2.	Aperia	7.	OUE Bayfront
3.	International Business Park	8.	OUE Downtown
4.	City House	9.	Paya Lebar Precinct
5.	Millenia Singapore		
Special Mention Award			
1.	ComfortDelGro Taxi	5.	SMRT Buses Ltd
2.	Go-Ahead Singapore	6.	SMRT Taxis Pte Ltd
3.	SBS Transit Ltd	7.	Tower Transit Singapore Pte Ltd
4.	Sheng Siong Group Ltd		
Individual Award (Health Leader)			
1.	Mr Lim Hock Heng, GlaxoSmithKline (Pioneer Sector 1)	2.	Ms Lim Yee Juan, National Healthcare Group HQ Corporate Office
Individual Award (Health Champion)			
1.	Mr Alex Quah Poh Hock, Ministry of Defence	2.	Mr Yu Tor Ann Edmund, Seagate Singapore International Headquarters Pte Ltd