



DOVER PARK HOSPICE  
Every Moment Matters

# Project Lim Kopi

Theme: Workplaces, Neighbourhoods

## WHAT IS THIS INITIATIVE ABOUT?

Project Lim Kopi was started by our Social Work and Psychosocial department (but subsequently handed over to Volunteer Programme Department to coordinate while working closely with the Palliative Rehabilitation Unit). The aim is to create a traditional kopitiam-like atmosphere for inpatients and day care service users, with a multi-sensory design:

- Sight – patients get together with others in a common space and get to witness the hustle and bustle of a kopitiam
- Hearing – patients chat with others, hear oldies being played and at times some may like to sing along to golden oldies
- Touch – the use of porcelain cups/ceramic bowls gives a sense of normalcy, something important in a palliative setting
- Taste – toasts, dim sum, and traditional beverages are offered to those who would like to have them
- Smell – the aroma of toasts being prepared and that of traditional coffee powder fills the room whenever Project Lim Kopi is in operation

Providing patients with a sense of normalcy is also another aim of this project. It is also beneficial, from a rehabilitation point of view, to engage patients in a way that encourages them to sit up while doing something that is enjoyable.

Project Lim Kopi runs every Friday morning, with a team of staff and volunteers working hand in hand to bring positive experience for the patients.

## INITIATIVE'S IMPACT

- Inpatients are more willing to sit up for 30 minutes or more as this experience is something they enjoy being a part of
- Staff and volunteers involved in project find their respective roles meaningful when patients share that they love the beverages/food/experience etc
- Colleagues on the DPH Experience are able to join in and know more about the activities we offer patients and find meaning in their respective roles working at Dover Park Hospice



## PLANS AHEAD

- As feedback from patients has been encouraging, the organisation would like to continue with this project internally



## OUR OFFER

Could something similar work in your organisation? If there is a way to create a multi-sensory, welcoming environment in your organisation, why not try something similar?