



PSG Kit

Full Home - Based Learning (HBL)



Ministry of Education
SINGAPORE

➤ WHAT CAN YOU DO AS PSGs?

On 8 Apr, our children started home-based learning (HBL). As PSGs, you can play a role in supporting other parents as they adjust to Working From Home (WFH) and HBL.

- Share with your network of parents about the **MOE Parent Kit series** and how you used the tips
- Share good practices that you hear about HBL across your networks. Here are some we heard: Set aside 1hr a day for bonding activities; Involve the children in helping with household chores; Pick fun activities to do at the end of the day
- Share any concerns and suggestions you hear from parents with the school e.g. too much screen time, good experience on Student Learning Space (SLS)

SUPPORT

Share quick tips and good practices.





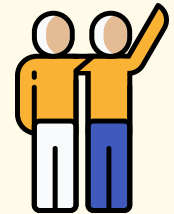
REMIND

Reinforce the message of Staying Home and Keeping Safe.

- Share ideas with parents on how they can stay home with their families and still contribute in the fight against COVID-19 through the [SGUnited](#) website
 - Create a "Day in the Life of..." activity to get parents to share what they have been doing at home when their children are working on HBL
 - Encourage parents to engage their children on issues like social responsibility and resilience through the sharing of positive stories such as those about the frontline heroes
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- Check-in with parents on how they are supporting their children on HBL and coping with WFH at the same time (You can include some memes and [cute stickers by MOE](#) !)
 - Agree on a time to chat if they need an 'outlet' to discuss issues they are facing having their children around 24/7 or just for moral support
 - Refer parents who may need support in professional/personal issues during this time to the National Care Hotline (6202 6868), coordinated by the Ministry of Social and Family

ENCOURAGE

**Form a community.
Do regular check-ins.**



Want more PSG Kits? Click [here](#) to tell us what you'd like to know – about HBL and beyond!