



Connects

Dear Parents,

Welcome to our 1st volume of PATH Connects for 2025! We hope you have enjoyed the 2024 **PATH Connects** so far! For parents who are new to us, this quarterly digital newsletter is brought to you by Mee Toh School's Parent Support Group – **PATH (Parents As Teacher Helpers)**. We want to foster a relationship with you and help you to get to know our vibrant community even better. Through this newsletter, we share more of what goes behind the scenes of school life, and the meaningful purpose we find in partnering with Mee Toh School to support all of our children's journey.

We are thrilled to introduce two new sections in our first volume of 2025:

Reflections & Sharing – Insights and stories from our PATH EXCO and members
Fun Facts About PATH – Discover more about the PATH family!

Term 1 had been an exciting start to 2025, with enthusiastic PATH volunteers joining us for multiple events. Your energy and dedication make all the difference, and we truly appreciate your support!

Let us keep the momentum going! More exciting activities are lined up for Term 2, and we can't wait to see you there. Stay tuned and stay connected!

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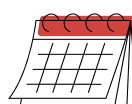
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Dharmaratna Festival (16 Jan 2025)

PATH kicked off 2025 with parent volunteers supporting our school's commemoration of the Dharmaratna Festival, commonly known as the Laba Festival. This festival commemorates the attainment of Enlightenment by Lord Buddha. On 16 January, Fo Guang Shan (Singapore) prepared nutritious Laba porridge with various types of grains and vegetables. During recess, PATH volunteers distributed the porridge to the students, and also guided them in washing their bowls and utensils after consuming the porridge. What a meaningful event it was for PATH to play a part in motivating our students to strive towards their goals so that they can harvest the fruits of their labour and build resilience throughout the year!



Total Defence Day (12 Feb 2025)



Our school celebrated Total Defence Day on 12 February with a series of engaging activities. One of the highlights was the highly anticipated police car display, where our students had the chance to explore the inside of a real police car, sparking excitement and curiosity in them. This year, we also focused on the 6th pillar of Defence in Singapore, "Digital Defence", which is increasingly important as Singapore moves towards becoming a Smart Nation. We were honoured to have a team of energetic and passionate volunteers from Google who led our students in learning essential cybersecurity practices. Through interactive mini-games and quizzes, our students had fun while gaining valuable insights into creating strong passwords and staying safe online.



Clean Plate Campaign (12 - 14 Feb 2025)

The Clean Plate Campaign highlights the importance of reducing food wastage by creating an awareness of the environmental and societal impact of food waste while instilling the habit of mindful eating. Every year, Mee Toh School organises the Clean Plate Campaign in school, with support by PATH and the Environmental Champions to teach students the importance of reducing food waste and providing food support to communities in need.



PATH CNY Gathering (15 Feb 2025)



What a delightful celebration it was! Over 60 PATH members and their families came together to celebrate the annual PATH Chinese New Year gathering. Alongside school leaders and teachers, the PATH family enjoyed a wonderful time filled with delicious food, laughter and meaningful connections within PATH, with the teachers and MTS community at large. The festive spirit was truly in the air, especially with the joyous *Lo Hei* and cheers echoing throughout the venue. It was an occasion to remember, and we are excited for the great year ahead!



P3 Swimsafer Programme (Jan - Mar 2025)

Our Primary 3 students participated in the SwimSafer programme this year, consisting of eight engaging sessions. PATH volunteers played a vital role in ensuring the students' safety and well-being throughout the programme, from chaperoning them on the bus trips, ensuring their safety at the pool areas and providing assistance at the changing areas. With the support of our dedicated PATH parents, the programme has been a tremendous success! Our heartfelt thanks to all the dedicated and supportive PATH parents, who had generously contributed their time and effort in ensuring the smooth-running of this programme.



P4 Traffic Games (3, 4 & 6 Mar 2025)

Our P4 students went on an adventurous journey around the Road Safety Community Park. This learning journey allowed them to role play as pedestrians, cyclists and drivers (on Go-Kart) to learn about road traffic rules and build awareness in road safety precautions. The students embarked the journey by exploring the park in different modes of transport to reach their respective checkpoints in a safe manner.



PATH members assisted to ensure the safety of our students and served as a guiding star for them as they find their way around the parks. This allowed our students to have fun while learning the importance of road safety.



The most important takeaway from this journey is **"Kerb Drill"**.

<<Kerb Drill – Stop at the kerb, look right, look left and look right again. Raise your hand when crossing.>>

Math Week (11 - 13 Mar 2025)



Math Week 2025 was a fantastic three-day event where our students had the opportunity to exercise their creative problem-solving and analytical skills through engaging in mathematical challenges. The event featured six exciting stations, each designed to encourage hands-on learning and critical thinking.



Throughout the event, our students demonstrated great enthusiasm and proactiveness, eagerly participating in the activities at each station. Their smiles and excitement reflected their enjoyment as they tackled various math challenges with curiosity and determination.



Thank you, parent volunteers, for supporting the event and playing a crucial role in making Math Week a fun and enriching experience for everyone involved!



REFLECTIONS & SHARING

by

PATH

In this new section of PATH Connects, we invite PATH EXCO and members to share about their experiences in PATH or provide some parenting tips!

Ang Yen Leng

**PATH
CHAIRPERSON**

11 years in PATH



What has been your most meaningful contribution to PATH?

My most meaningful contribution to PATH has been the creation of a more dynamic and engaging learning environment for the children. Helping out in activities like the recycling station, the "Clean Plate Campaign" and "Math Week" has been deeply fulfilling.

It's been rewarding to witness the students' increased enthusiasm for learning and their development of practical skills that will serve them throughout their lives.

This experience has raised my commitment to innovative and holistic education.

Maggie Lim

**PATH
VICE CHAIRPERSON**

12 years in PATH



What do you appreciate most about being in PATH?

What I appreciate most about being in PATH is the incredible support from the PATH family. Their dedication, hard work, and passion for enhancing our Mee Toh community are truly inspiring. Our PATH volunteers consistently go above and beyond their duty, and without them, we would not be able to carry out the initiatives and programs that positively impact our Mee Tohians. I am deeply grateful for the energy, effort, and enthusiasm they bring to everything we do together.

What advice would you give to a parent who is new to MTS?

Join PATH to connect with other parents, get useful parenting tips from parents with older children, get to know the school, teachers and your child's friends better.

Claire Li

**PATH
VICE CHAIRPERSON**

3 years in PATH



Fun Facts about PATH

In this new segment of PATH Connects, we share some fun facts about PATH! Discover more about the PATH family!

Have you ever wondered about the meaning behind the PATH logo?

“PATH” stands for “**P**arents **A**s **T**eacher **H**elpers.” Founded in 2006, PATH’s mission is to provide strong support to Mee Toh School and collaborate with teachers for the benefit of the children.

Why three footsteps?

- The footsteps symbolise walking on the right PATH.
- The two larger footsteps represent *Teachers* and *Parents*, while the smaller footstep represents *Children* – illustrating the partnership between teachers and parents in guiding and nurturing children.
- The three colours for the footsteps are selected to align with the school logo, reinforcing the connection to the shared vision.



Why red heart shape?

- The red heart shape represents PATH serving from the heart.

Do you know who is the longest serving PATH member?

It is Mr **Loo Bee Seng**! Being in PATH for **18** years (since 2006), Mr Loo served as Chairperson from 2007 to 2022 and became Advisor in 2023. All three of his children graduated from Mee Toh—his eldest daughter was in the first batch of students when Mee Toh moved to Punggol in 2005, followed by his second daughter who graduated in 2017, and his youngest son graduated in 2020.



Being the longest serving PATH member, here's what Mr Loo would like to share with PATH members:

“It takes a whole village to raise a child. PATH serves as a vital link between the school, teachers, parents and community. PATH members serve from the heart, and are living and role-modelling Mee Toh’s core values through their acts of contribution to Mee Tohians. They are an inspiration to Mee Tohians, whom we hope will likewise grow up embracing the school values and contribute meaningfully to society.”

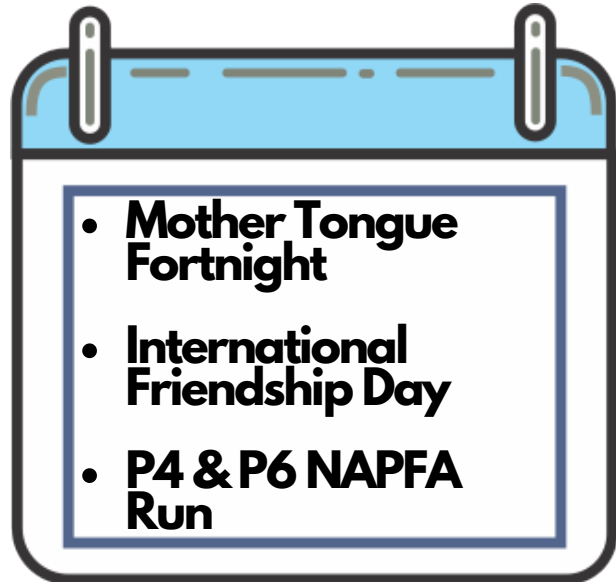


UPCOMING PATH ACTIVITIES

Check out the upcoming activities as Term 2 of 2025!

Keep a lookout for registration details which will be shared in the “MTS PATH Broadcast” Telegram channel.

APRIL



MAY



Daily Recess Activities

PATH EXCO 2025 SAYS HELLO!



Back row (L to R): **Velary Koh** (Treasurer); **Helen Ho** (Member); **Nicole Tan** (Vice-Secretary); **Soh Jian Da** (Member); **Joe Lee** (Member); **Maggie Lim** (Vice-Chairperson); **Cindy Tan** (Mentor).

Front row (L to R): **Yvonne Ng** (Secretary); **Mandy Pang** (Member); **Loo Bee Seng** (Advisor); **Ang Yen Leng** (Chairperson); **Chong Yi Mei** (Vice-Treasurer); **Catherine Low** (Mentor); **Claire Li** (Vice-Chairperson).



If you would like to sign up as a PATH member, you may access this link, <https://tinyurl.com/PATH-registration>, or scan the QR code. We look forward to your registration.



Check out past issues of PATH Connects!

<https://www.meetoh.moe.edu.sg/past-path-connects-volumes/>

To order PATH T-shirt: click here:

<http://tinyurl.com/2024MTSPATHPurchase>.

Brought to you by PATH EXCO 2025
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